



Map courtesy of GOHSEP

## APA to Meet in San Diego

A group of Louisiana psychologists and professors will present their work and knowledge at the 118<sup>th</sup> Annual Convention of the American Psychological Association.

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## LSBME to Review MP Rules August 16-17

A final draft of the rules for medical psychologists will be presented to the Louisiana State Board of Medical Examiners at their August 16-17<sup>th</sup> meeting, according to Dr. Robert Maria, executive director of the medical board.

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## 13 LA Psychologists Graduate from CSPP

Thirteen Louisiana psychologists received the post-doctoral masters from California School of Professional Psychology (CSPP) in clinical psychopharmacology, at the graduation ceremony held this year in Baton Rouge. According to program director, Steven Tulkin, Ph.D., 15 other states were

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## LA DHH Secretary Requests Aid for Mental Health

In a July 29<sup>th</sup> letter, Alan Levine, outgoing Secretary for LA's Department of Health and Hospitals (DHH), again requested aid from BP for present and expected mental health issues resulting from the oil spill.

Psychologist Dr. Anthony Speier, Deputy Assistant Secretary at DHH, told the *Times*, "We have had 11,000 contacts and

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## Psych Bd Responds To Times' Questions

In a follow-up attempt to gain information about the psychology board's review of Act 251, the *Times* submitted a written inquiry to the board at their meeting on June 25<sup>th</sup> this year.

Act 251 is the law passed in the '09 legislative session transferring the regulation of medical psychologists from the psychology board to the medical board, and

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## "Impact will be enormous"

## LA Higher Education Faces "Shattering" Budget Cuts

State colleges and universities will be hit with more and deeper budget cuts in 2011-2012 unless conditions change in the state's financial crisis.

Dr. Charles Zewe, communications VP for Louisiana State University System called the cuts "shattering." He noted, "Louisiana colleges and universities could face more than \$600 million in budget cuts in two years if nothing is done to spare higher education..." The LSU System includes LSU (Baton Rouge, Alexandria, Shreveport, Eunice), UNO, Pennington, and LSU Health Sciences Centers and hospital programs.

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Above: Dr. Tony Young and Dr. Darla Burnett at the LPA Spring meeting. They represent psychology in SCR100 task team.

## Psychologists and LPCs Meet July 28th

The "Behavioral Health Professional Working Group," a team composed of psychologists and counselors, met on July 28<sup>th</sup> in Baton Rouge to begin to

fulfill goals requested of them by a Senate Concurrent Resolution (SCR 100) that was passed in June by the Louisiana legislature.

Dr. Darla Burnett, recent

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# Editorial Page

## “Churn” and Our Universities

by Julie Nelson

I'm all for recessions in human systems, as a way of forcing realignments. Living systems realign by creating and destroying. We usually try and avoid the destroying part, even though it's necessary. But what I'm not for is cutting through to the bone marrow.

Inside unemployment figures is “churn,” the movement of people from obsolete jobs to new ones. In 2008-09, 57 million people quit or were fired and 51 million were hired. That is 108 million people churning. Multiple variables fuel churn but it is an indicator of a society trying to right itself, to adjust, a living system creating and destroying in order to realign.

Jobs are mostly created by small businesses and especially new ones. While new businesses mostly fail, those that succeed enter a life cycle and go on to grow and provide new goods and services and jobs. Our universities facilitate this churn by developing people and creating new technologies. It is the last place we should be cutting to the bone. Looks like we're heading toward the stem cells.

Scientists and practitioners should hold hands when going out into traffic. I hope the state association for psychology will take a stand on these cuts, not just for our colleagues in the universities, but for Louisiana.

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We welcome ideas for news, features, Letters to the Editor, photos, and other material related to psychological community of Louisiana. Editorials and commentary reflect the opinions of this newspaper. Columns and Letters to the Editor express the opinions of the writers and not necessarily those of  
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### Use Your Navigation Panels! Click on Pages! Find Your Thumbnails!

Naturalistic observations indicate that some *Psychology Times* readers are still not using the thumbnails in Adobe PDF to navigate. There appears to be a strong correlation to age. Below is a visual of what thumbnails should look like. Finding them might require your grandchild.



## Psychologists and LPCs Meet...

past-president of LPA, told the *Times*, "It was an organizational meeting. We established the co-chairs, Tony Young and Michael Gootee, decided on the next meeting time, and, we discussed what information each group should bring to the next meeting to help educate each other." She said, "I think a lot of good was accomplished."

The working group includes Drs. Joe Comaty and Tony Young, chair and vice chair of the Psychology Board, and Drs. Jessica Brown and Darla Burnett who represent the Louisiana Psychological Association.

Representing the Louisiana Professional Counselors Board of Examiners are Drs. Gloria Bockrath and June Williams. Michael Gootee and Cindy Nardini represent the Louisiana Counselors Association.

Also invited were Jacqueline Shellington from the state board for social work and Dr. Robert Marier from the medical board.

SCR 100 asked the groups to work together in a collaborative manner to "Develop language for legislation to clarify the licensed professional counselor scope of practice ..." And to "Identify the common and distinct practice activities of the two professions and develop new collaborative practice methods ..." And also to "Discuss and outline additional recommendations which may expand public access to presently absent behavioral health services ..."

The next meeting is scheduled for August 10<sup>th</sup> in Baton Rouge.



Dr. Lee Matthews is newest member of the psychology board.

## MP Rules...

The meeting will take place at 1515 Poydras Street, Suite 2700, in New Orleans. The Suite is on the 5th floor in the auditorium.

The meeting is being held at the temporary office of the board. The regular offices, located at 630 Camp Street, are closed for renovations.

### Medical Psych Advisory Committee To Meet in Sept

The Medical Psychology Advisory Committee (MPAC) is scheduled to meet on September 13<sup>th</sup> in Baton Rouge, according to officials at the Medical Board. The exact location has yet to be determined. The MPAC falls under the open meetings law and is open to the public, except for certain executive sessions that may be needed.

### Wording Changed in Rules for Supervising Unlicensed Assistants

In January the Psychology Board approved a change proposed by Dr. Courtney to the rules governing psychologists and assistants. The word "direct" supervision was changed to "general" supervision. According to the board's minutes, this was a result of objections to the current rule by the Louisiana Academy of Medical Psychologists and the Louisiana Psychological Association.

The previous wording was "Unlicensed assistants providing psychological services must be under the direct and continuing professional supervision of a licensed psychologist."

The change was published in the June 20<sup>th</sup> edition of the Louisiana Register and further definition was given. "General supervision means the procedure is furnished under the psychologist's overall direction and control, but the psychologist's presence is not required during the performance of the procedure."

## DHH and Mental Health...

23,000 crisis counseling interventions.” He said that the kinds of issues seen are the increased frustrations and weariness among people “who have a tradition of living off the land.” And he noted, “There is an increased worry and anxiety among those who can’t find jobs, and concern over the security of their future, and loss of a way of life.” He explained the agency is seeing more stress, anxiety, more drinking, and is concerned about the potential for more domestic violence.

Secretary Levine had also written to U.S. Health and Human Services Secretary Kathleen Sebelius in July to highlight “an unprecedented behavioral health crisis” due to the oil release. He asked for her help because BP had ignored his requests for aid. He cited studies from the Valdez spill that showed “the long-lasting psychological impact of this type of technological disaster, particularly on those who rely on the ecosystem for their livelihoods...” He wrote that mental health impacts could persist 10 years after the spill, based on the Valdez experience.

Dr. Speier told the *Times*, “People along the coast are feeling that they haven’t fully recovered from Katrina,” and this contributes to difficulties coping.

Secretary Levine had written in one request that Louisiana’s citizens are suffering from “the compounding effects of the disasters they have faced.” And he warned of the “insidious” effect on the mental health of children, from the stress faced by parents.

A July 19 review by Moody’s Analytics estimates that the job loss across the coast will be 17,000 jobs. Louisiana will likely be one of the hardest hit, due to its fishing and aquaculture, as well as offshore drilling that is seeing a decline.

Dr. Speier was a contributing author to *Lifespan Perspectives on Natural Disasters, Coping with Katrina, Rita, and Other Storms*, edited by Dr. Katie Cherry.

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## Psychologists Graduate from CSPP...

represented in this year’s class with a total of 56 graduates nationwide. The celebration was held at Juban’s restaurant on June 19<sup>th</sup>. Dr. Glenn Jones, psychologist from Baton Rouge, spoke at the event. Glenn is affiliated with Earl K. Long Medical System in Baton Rouge, part of the LSU Health System.

CSPP is a program of Alliant International University. Dr. John Bolter, program director at the Louisiana site, wrote the first prescription ever by a state licensed psychologist. John is with the NeuroMedical Center in Baton Rouge.

CSPP program instructors from Louisiana also include Dr. Claire Advokat, LSU psychology professor and author, and Dr. Joseph Comaty, LA State Office of Mental Health and Chair of the psychology board.

Dr. Pat DeLeon, in his July column for APA Div.18 wrote “The Pelican State & ‘You Are My Sunshine.’ ” He noted, “ During the Summer of 1999, I had the honor of addressing the first Louisiana CSPP graduating class as they received their Master of Science degree in Clinical Psychopharmacology. At that time, Brenda (Bolter) Dawson was the President of LPA. This Summer, on Brenda’s and John’s anniversary, I was again invited to participate.” ... “The graduation was again very special.”

Dr. Tulkin told the *Times* that CSPP has over 400 graduates from the program and a new class will begin in September. For information go to <http://psychopharm.alliant.edu>.



## Neuropsych Center Applies for Grant Needs Your Vote

Dr. Darlyne Nemeth has submitted the Neuropsychology Center’s Wellness Workshops to the Pepsi Refresh Project. Pepsi gives away \$1.3 million each month to projects that improve communities and environments. Pepsi’s website indicates that they are funding an additional \$1.3 million of grant money for projects to help the Gulf communities, called “Do Good For the Gulf.”

The Neuropsychology Center’s Wellness Workshops are listed as “Refresh Community Spirit.” Grants are awarded based on voting. To help fund these workshops please vote at: [http://www.refresheverything.com/refreshcommunityspirit?utm\\_source=email&utm\\_medium=email&utm\\_campaign=GoodLuck\\_Gulf](http://www.refresheverything.com/refreshcommunityspirit?utm_source=email&utm_medium=email&utm_campaign=GoodLuck_Gulf)

## Budget Cuts to Higher Ed...

According to University of Louisiana System President Randy Moffett, campuses are continuing to plan for worst-case scenarios while hoping for revenue relief from the Legislature. The UL website reports UL campuses have laid off almost 500 employees and eliminated hundreds of positions. They have eliminated over 300 courses and terminated 33 degree programs. The University of Louisiana System includes Grambling, LaTech, McNeese, Nicholls, Northwestern, Southeastern, and University of La at Lafayette and Monroe.

The Southern University System has been dealing with reductions for several years, according to internal sources.

LSU System President, John Lombardi, said the projection "... leaves no doubt that Louisiana's higher education system will become a fundamentally different enterprise by the end of the three year cycle covered by our revenue model if nothing changes. The new system will be smaller, it will serve fewer students, it will have a much narrower range of opportunities for students..."

Louisiana Tech's President Dan Reneau led a forum with Chancellor Martin, "Future of Louisiana Research Universities," in April, as reported by Times-Picayune. Reneau said research universities are failing to make the case for themselves for funding priorities.

Edward Ashworth, director of the Louisiana Budget Project, a watchdog organization for middle income citizens, was critical in his May 13<sup>th</sup> article of cuts only approach. He wrote, "Louisiana is not alone. Thirty-three other states are facing similar declines, but have responded with revenue increases in combination with spending cuts. Louisiana is distinctive in its decision



LSU professors Dr. Mary Lou Kelly, (Child-Clinical), Dr. Frank Gresham (center) (School Area Head), and Dr. Jeffrey Tiger (School) watch as graduate student Mindy Scheithauer presents her thesis. Students from LSU's doctoral programs attained a 96.8% (clinical) and 100% (school) pass rate on the national licensing exam.

*Photos by Hazel Augustin*

## ASPPB Reports on Licensing Exam Scores

The Association of State and Provincial Psychology Boards (ASPPB) published its 19<sup>th</sup> edition of "Psychology Licensing Exam Scores by Doctoral Program." The report lists doctoral programs in the U.S. and Canada, and the average pass rate of candidates for licensure taking the exam, Examination for Professional Practice in Psychology (EPPP). The data has been collected over a five-year period. The report also provides a breakdown of scores from those individuals, by their graduate program, for each of the eight content areas of the test.

The overall passing rate was 76.6% for accredited programs.

The ASPPB recently updated the exam through a practice analysis, similar to a job analysis. Dr. Greg Gormanous, a Louisiana psychologist and past president of ASPPB, assisted in this study.

For a copy of this report go to the ASPPB website at: <http://www.asppb.net/i4a/pages/index.cfm?pageid=1>

to respond to the crisis solely with spending cuts."

LSU Chancellor Michael Martin wrote to Lombardi in July saying, "... we can state unequivocally that the overall impact will be enormous." And he said, "... LSU and the state it serves will have to live with the consequences of these decisions for decades to come."

LSU System info: <http://www.lsusystem.edu/media/budget/>

## Board Responds...

repealing the '04 law giving psychologists prescriptive authority. Senate testimony and other sources have indicated that Act 251 was negotiated by Louisiana Academy of Medical Psychology (LAMP). At the time of passage of 251, most members of the psychology board were medical psychologists and believed to be members of LAMP.

In a review of the psychology board's minutes from '09, the *Times* found that on May 8, '09, the board's minutes noted, "...Concerns over the effects of this Bill [Act 251] on the financial and regulatory operations of the Board, the practice of psychology, and the practice of medical psychology were discussed by all present. The LSBEP elected to request a legal opinion from Attorney Lloyd Lunceford concerning the impact on the LSBEP for future consideration by the Board."

The minutes of June 11, '09, noted "Dr. Ally reported that SB 294 [which became Act 251] had been sent to Governor Jindal for signature. The Board discussed Lloyd Lunceford's memo regarding the Bill. No action was recommended."

The *Times* requested a copy of Mr. Lunceford's memo. The *Times* also inquired if board members, who were also members of LAMP, discussed whether they should recuse themselves from deliberation because of potential financial benefits to LAMP from passage of 251. And if not, what was the reasoning?

The *Times* further inquired if it was discussed that shared regulatory control over the profession of psychology could confuse the public, and if so, what were the findings?

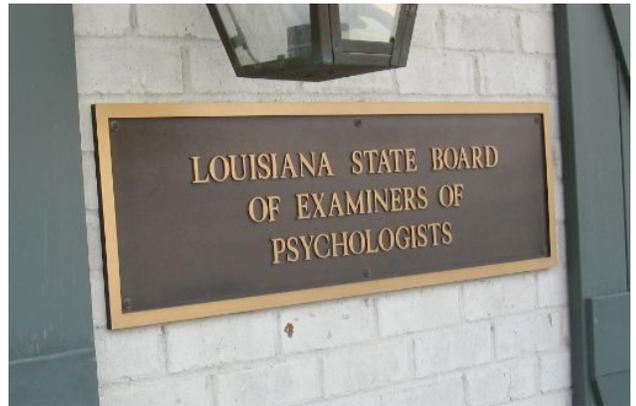
And also, was it discussed that having a non-psychology board regulate psychology would lower the quality of psychological service delivered to the public, and if so, what were the findings?

Finally, the *Times* asked about which board members met with Dr. Maria (Executive Director of the medical board) and if these meetings were authorized activities by the psychology board. And if so, did any members recuse themselves from these meetings?

A response from the Chair, Dr. Joe Comaty was given to the *Times'* publisher, Julie Nelson, at the July board meeting, where she attended the public hour. It was as follows:

"Dear Dr. Nelson,

Thank you for your letter, received on June 25, 2010, concerning Act 251 of the 2010 Regular Session.



## FROM THE MINUTES: A potpourri of things from LSBEP

Feb 12, 2010

Medical Psychology Practice Act  
R.S.27:1360.61-

The Board reviewed the information regarding proposed revisions to the Medical Psychology Practice Act, Dr. Comaty moved to respond to Dr. Robert Marier, Executive Director of LSBME, to thank him for the opportunity to review the revisions and to let him know that the LSBEP would have no objections to the proposed revisions. The motion passed unanimously.

Your several questions all pertain to governmental transparency. The Louisiana State Board of Examiners of Psychologists takes its responsibilities under the Open Meetings Law (R.S. 42:4:4.1, et seq.) and the Public Records Law (R.S. 44:1, et seq.) seriously. All LSBEP meetings are properly noticed and held in open session unless an executive session is specifically authorized by law. The Board maintains written minutes of all of its meetings, in accordance with R.S. 42:7.1. A review of those minutes will answer any questions, for example, concerning recusal.

All of the Board's records are public and open for inspection or copying, unless confidentiality is authorized by statutory or constitutional exceptions. Please be advised that the memorandum by Mr. Lunceford, the LSBEP's

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## DDS Recruiting Psychologists

Disability Determinations Services (DDS) is currently recruiting psychologists to conduct Consultative Examinations, Ms. Lashonda O'Conner, Professional Relations Officer for DDS, told the *Times*.

Ms. O'Conner said, "We are currently recruiting licensed psychologists statewide to perform consultative examinations for our agency. The psychologists who participate in our program are providing a great service to our agency and to our claimants by providing us with information which helps in the adjudication process."

She noted that psychologists who provide this service give needed additional assistance to claimants in their geographical area. This is because some claimants have to travel long distances to get to an exam. If they have the opportunity to be evaluated by a psychologist nearby, it is of great help to them.

Some of the advantages to the psychologist for providing this service, noted Ms. O'Conner, are the competitive fee, minimal record keeping and the flexibility to perform as many or as few evaluations as desired. In addition,



Dr. Jim Van Hook listens to Ms. Lashonda O'Conner (center) and Ms. Ta Sha Alford discuss DDS at LPA convention.

she pointed out that psychologists are not required to provide treatment nor are they required to make the decision as to whether the claimant is disabled. Reports can be conveniently faxed or sent electronically to a secure website.

Interested psychologists can contact Professional Relations Officers at one of the three Disability Determinations Offices in Louisiana:

Baton Rouge - Lashonda O'Conner, 1-800-256-2288 x 4454 or [lashonda.oconner@ssa.gov](mailto:lashonda.oconner@ssa.gov); Ta Sha Alford, 1-800-256-2288 x 3529 or [tasha.alford@ssa.gov](mailto:tasha.alford@ssa.gov);

New Orleans - Earl Lennie, 1-800-256-2299 x 5500 or [earl.lennie@ssa.gov](mailto:earl.lennie@ssa.gov);

Shreveport - Geraldine Clemons, 1-800-256-2266 x 6573 or [geraldine.clemons@ssa.gov](mailto:geraldine.clemons@ssa.gov); Christina Ware, 1-800-256-2266 x 6454 or [christina.ware@ssa.gov](mailto:christina.ware@ssa.gov).

## Board Responds...

attorney, is specifically exempt from disclosure by R.S. 44:4.1C and/or by the general attorney/client privilege. See, State ex. rel. Toledo Blade Company v. Lucas County Port Authority, 121 Ohio S.t. 3<sup>rd</sup> 537, 905 N.E.2d 1221 (OH 2009), citing Swidler & Berlin v. United States (1998), 524 U.S. 399; Upjohn Co. v. U.S. (1981), 499 U.S. 383, and; Dunn v. State Farm Fire and Casualty Company (Ca. 5, 1991), 927 F.2d 869.

The answers to your questions would have been known to those attending the Board's noticed meetings. Currently, the best records that exist that may answer your questions, or at least some of them, are the Board's minutes. Should you wish to inspect them please call the Board's office during regular business hours to arrange a convenient time. If you would like copies of the Board's minutes, upon receipt of a public records request the Board's staff will let you know the copying costs. (Pursuant to the fee schedule adopted by the Division of Administration, the Board charges \$1 for the first page and 25¢ for each page thereafter.)

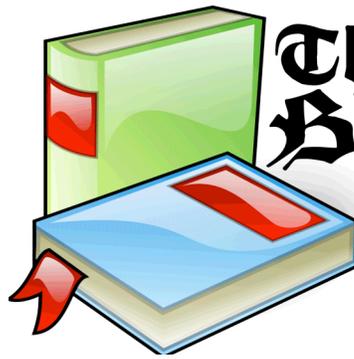
With kind regards, I remain, Very truly yours, Joseph E. Comaty, Ph.D, M.P., ABMP, Chair, LSBEP."

The *Times* had previously reviewed all minutes of the Board for dates surrounding the passage of Act 251 and found no references to the inquires above.

## *The Mental Status Examination in Neurology, 4<sup>th</sup> Edition*

by Richard Strub, M.D. &  
F. William Black, Ph.D.

F. A. Davis Publishers, 2000



# The Bookshelf

**Who's Writing  
What?**

*From the Publisher: "This time-honored classic will prepare you to use a standardized mental status exam to diagnose organic brain disease and describe relative levels of functioning; and assess your patient's mental status quickly and compare test scores with age-related norms to eliminate the need for more expensive tests."*

*The Mental Status Examination in Neurology* is an immensely useful, elegant little book of only 208 pages, expertly written and organized, for psychologists, physicians, and other health-care providers who assist individuals by neurological screening and referral.

"We did that book for one purpose," Dr. Bill Black explained, "and that was to help us teach neurology residents how to evaluate patients behaviorally. There was no such thing back in 1977 when F.A. Davis first published it. It apparently hit a cord, residents are still buying it."

Chapters are arranged methodically, as authors suggest that the exam "... be performed in a hierarchic manner, beginning with the most basic function—level of consciousness—and proceeding through the basic cognitive functions ... to the more complex areas of verbal reasoning and calculating ability."

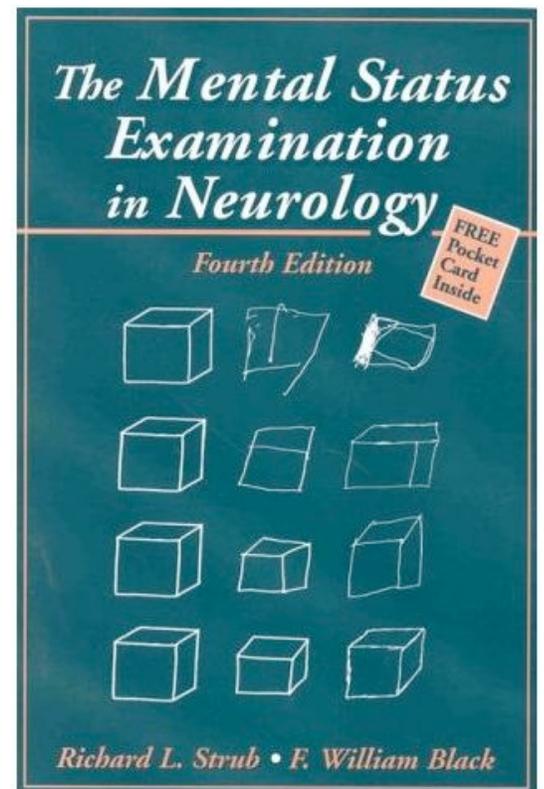
In Chapter one, "The Mental Status Examination: A Rationale and Overview," authors write, "Human behavior is extremely complex and multifaceted. Because of its complexity, it is not surprising that brain disease or dysfunction can significantly affect a patient's behavior in a variety of ways." The authors note reasons for an exam, including known or suspected brain lesions, psychiatric conditions, and "vague behavioral complaints."

The text has demonstrated widespread appeal over three decades and four editions. It has been popular with neurology residents and psychology graduate students, providing an essential tool and understanding in a brief, straightforward exam.

The book is logically thought out and organized, with chapters matching the categories of test information and items: levels of consciousness, attention, language, memory, constructional ability, higher cognitive functions, and related cognitive functions. A summary chapter, relating results to various disorders, follows. "Further evaluations" and an appendix on "Standard Neuropsychological Assessment Methods" complete the book. The fourth edition sports a handy "pocket card," with a summary of test items and concepts.

Even though there are more comprehensive texts now for those looking for greater detail and more current information, reviewers on Amazon continue to note that *Examination* is "very useful for trainees in psychiatry," and that it helps the reader come away with confidence and clear concepts that are difficult to acquire.

"Dick Strub and I were teaching behavioral neurology to neurology residents and had a rotation in BN and NP for 4<sup>th</sup>



### Bookshelf...

year medical students,” Bill said, reflecting on how he came to write *Examination*. “In 1976, when the first edition was actually written, there was no good text to use in teaching the subject,” he said. “This was a time before all but one neuropsych book and any American behavioral neurology textbooks. We had a need, assumed that others in similar teaching situations had a similar need, and wrote the book to fill the need. Success was beyond our expectations.”

Will Bill and coauthor Richard Strub write a 5th edition? “In a word, no,” Bill explained. “We decided some years ago that the 4th edition would be the last. The need for the book in its 4 incarnations, as a teaching tool for neurology/psychiatry residents, is no longer strong. There are now many texts of behavioral neurology and mental status assessment - and most, not all, residency programs are now teaching behavioral neurology.”

“The use of the book by psychology graduate programs was an unexpected bonus,” he said. “Psychologists were not our primary target, although we tried to encourage the publisher, which is a medical publisher only, to market to the psychology audience when I learned that it had appeal. Essentially, they didn’t know how to deal with that market.”

Bill’s most enjoyable part of writing/publishing? “With both books and professional articles, the most enjoyment has been seeing and hearing from physicians and psychologists who read and enjoyed what we wrote.”

Dr. F. William Black is currently Medical Consultant in Neuropsychology for Unum Group. He is Emeritus Professor of Psychiatry and Neurology, Tulane University Health Sciences Center.

*Examination* has been published in four languages, including Italian and Japanese. It is available through Amazon and other booksellers.



Dr. Bill Black walks through his back yard in Maine.



Rep. Kay Katz

### Rep. Katz Commends LPA

Representative Kay Katz, Chair of the House Health and Welfare Committee, introduced a resolution in the regular legislative session, commending the Louisiana Psychological Association for its achievements and designating June 10<sup>th</sup>, 2010 as LPA Day at the Legislature.

In a call from the *Times*, Rep. Katz explained that, “Every now and then we all need a pat on the back.” She discussed the difficult economic times in the state and said, “We are grateful for what all our people are doing out there. I just wanted to commend the men and women of the association for what they achieve.”

The resolution noted “... the contributions of psychology to health, wellness, productivity, and quality of life are widely noted, understood, valued, and utilized by society...” And that “... the men and women of the Louisiana Psychological Association have made a difference in the communities throughout this state; ...” And, “... the members ... are hereby commended for their commitment to community service and health and achievement and their quest in all endeavors to the public.”



## Health Psychology

By Carolyn  
Weyand, Ph.D.

*(This column is the first in a series about health psychology.)*

Health Psychology defines itself as the clinical specialty that applies scientific knowledge of the inter-relationships among behavioral, emotional, cognitive, social and biological components of psychology to serve people in health and disease. Clinical health psychologists work to promote and maintain health in their own patients and participate in treatment and rehabilitation programs of medical patients. Their mission includes relating socio-cultural factors such as diversity, ethnicity, and gender to health issues.

The American Psychological Association (APA) has led the effort to introduce new Current Procedural Terminology (CPT) codes for billing to third party payers that reflect the increase in psychologist participation in health care. The codes apply when psychological services are given to patients whose primary diagnosis is medical, even when a secondary psychiatric diagnosis exists.

For example, CPT Code No. 96152 covers intervention services provided to an individual. Patients' failures to adhere to treatment present major obstacles to regaining or maintaining health. Psychologists have the training and skill to assist patients in making behavioral changes that can be life enhancing and potentially life-saving. Compliance failure regarding medications is one critical area of health care that can be addressed behaviorally. Patients often leave a physician's office with a prescription that never gets filled, fill their prescriptions but never take them, or fail to follow proper directions. Providing behavioral treatment to

increase individual patient compliance would be billed under this code.

CPT Code 96150 covers initial assessment of psychological, social, and cultural factors that may contribute to complications in medical conditions and medical treatment. Cardiac patients represent one group that usually requires major life style changes as part of their medical treatment. An evaluation by a health psychologist would provide recommendations regarding changes in behaviors such as smoking or weight. A health psychologist also may be part of a medical team that provides cosmetic and reconstructive surgery, assessing and treating the complexities of body alterations. Additionally, most protocols for gender re-assignment surgery include psychological assessment early in the process to rule out serious mental illness and assist in facilitating adjustment across gender boundaries.

Other new CPT codes include 9615 - re-assessment, 96152 - individual intervention, 96154 - family member intervention with patient present, 96155 - family member intervention without patient present, and 96153 - group interventions.

*In my next column I will feature some of the activities of health psychologists in Louisiana. Please send your questions and comments about health psychology to [cweyand@cooper.net](mailto:cweyand@cooper.net).*

## Nutrition and Health

A 33-year-old woman presented with pre-existing schizophrenia, severe diarrhea, weight loss, and hypoperfusion of the left frontal brain area as measured by SPECT. Upon further lab testing, celiac disease was diagnosed and treated. With a gluten-free diet, psychiatric and physical symptoms resolved and frontal cortex abnormalities disappeared. Authors suggested that antibody testing should be used with patients with schizophrenia to exclude the presence of celiac disease, a treatable condition.

*De Santis A, Addolorato G, Romito A, et al. Schizophrenic symptoms and SPECT abnormalities in a coeliac patient: regression after a gluten-free diet. J Intern Med. Nov 1997;242(5):421-423.*



*Sharing Paths to Health  
with Functional Testing*

<http://www.metamatrixinstitute.org/>

## IO Psychology is Key in Training Managers

IO psychologist Dr. Courtland Chaney and colleague Dr. Kerry Sauley will lead the flagship course, “Fundamentals of Supervision” (FOS) once each month throughout this fall.

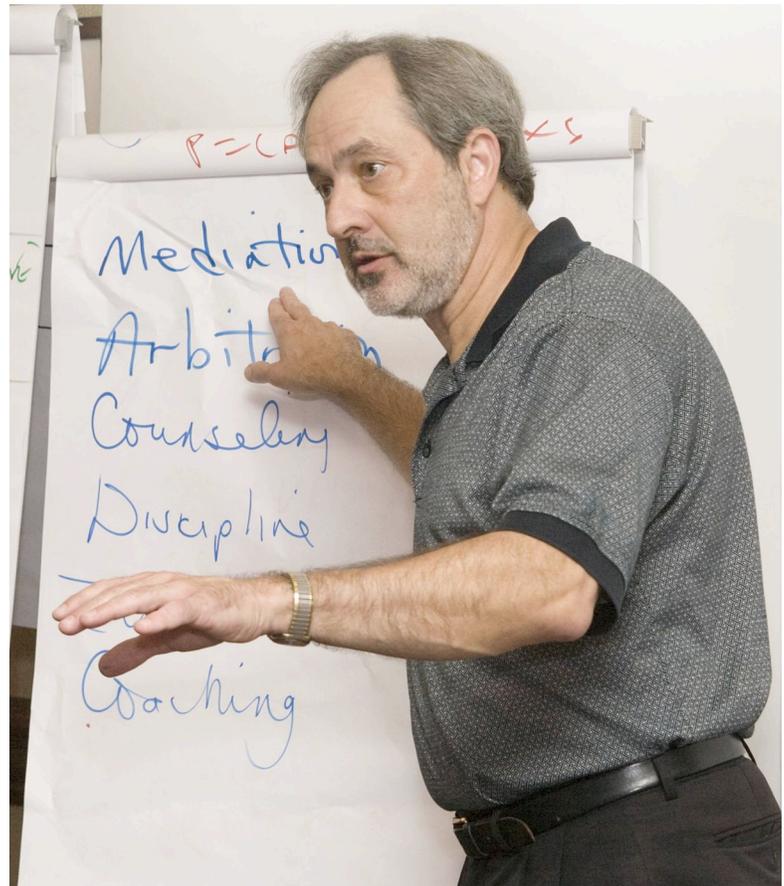
The course, first offered over 45 years ago, is a core part of the Management and Leadership Institute, a program of LSU Continuing Education. FOS focuses on supervisory and general management skills needed for success in managing people.

“This course is considered the flagship,” Courtland told the *Times*. “It has been around for more than 45 years. I’ve taught in the program for 27 years.”

Courtland is professor and instructor in the Department of Management in the E. J. Ourso College of Business at LSU, a licensed IO psychologist, and a consultant in the field of management, selection, and organizational development.

Along with Dr. Kerry Sauley, also an instructor in the LSU Department of Management and doctorate in IO, Chaney will instruct FOS, and other key courses provided in the Institute.

FOS is immensely popular with business and industry leaders, providing ongoing knowledge and skills of supervision needed for effective human relations. Greg Sepeda, engineering manager at Sigma Consulting Group in Baton Rouge, attends the course and regularly sends his coworkers. He told the *Times*, “I go to the course partly because the two presenters are so interesting and dynamic.”



*Photo courtesy of LSU Con't Ed*

Dr. Courtland Chaney leads discussion in “Fundamentals of Supervision,” a popular LSU Continuing Education Course. Courtland is an IO psychologist, and a professor and instructor in the Department of Management, E. J. Ourso College of Business at LSU. He consults in the field of management, personnel selection, and organizational development.

Lisa Verma, manager of the Institute, noted that Courtland and Kerry provide the psychological insight so important to the courses. And, she said, “Courtland and Kerry are two of our lead instructors and have helped us develop our other programs. They are very good at making the course practical, giving the tips and tools needed, and also the foundations and principles.”

Courtland explained that he designed and teaches

about half of the content of the Human Resource Management Certificate Program at the Institute. In addition, Courtland and Kerry designed “Developing your Managerial Effectiveness,” about ten years ago. As a follow-up to FOS, this course helps participants learn about motivational models, causes of interpersonal conflict on the job, their own personality and behavior tendencies, and effective leadership styles.

## IO Psychology...

Other courses include “Managing the Overall Enterprise” and “Leading the Organization of Tomorrow.”

Courtland explained that these “... are additional advanced courses focusing on broader organizational leadership issues. I conceptualized the relevant content in about 2004 and in discussions with Kerry and Lisa Verma, created the courses at that time.”

Drs. Chaney’s and Sauley’s contributions from the psychological perspective are key to the training in organizational and personal development. Lisa commented to the *Times* that participants often come back and tell her how the information has positively impacted their lives, not just in work, but also in psychological areas. “We know we touch peoples lives with these programs,” she said.

FOS is offered in a three-day format throughout the fall. For more information about this and other courses contact Institute manager Lisa Verma at 225-578-4316 or [lverma@outreach.lsu.edu](mailto:lverma@outreach.lsu.edu).



Photo courtesy of LSU Con't Ed

Dr. Kerry Sauley is an instructor in the Department of Management at LSU. His doctorate is in industrial-organizational psychology. Kerry is an active business consultant and specializes in management training and human resources development.

## National News...

### APA Fee Controversy

In its July/August issue, The *National Psychologist* reported an “online squabble” that revealed APA’s practice assessment is not mandatory.

In a series of conflicts and arguments online, prompted by Timothy Tumlin, Ph.D., a clinical psychologist from Illinois, individuals discussed whether APA members had been misled into paying the assessment. The negative interactions “dragged on” for so long that eight people requested to be taken off the listserv, according to *NP*. Some named the problem, “Fee-gate.”

*NP* noted that the “flap on the listservs of the APA that stretched from late March into early May revealed” that the fee was not required.

According to a memo in the NAPPP August newsletter, the APA Board of Directors issued a statement on May 5<sup>th</sup> that attempted to clarify the situation and the nature of the assessment. They explained that the assessment was voluntary, but mandatory for anyone that wanted to be a member of the APA Practice Organization.

### NAPPP Issues White Paper

National Alliance for Professional Psychological Providers issued an 80-page report titled, “Failure to Serve.” The report details the lack of science behind using medications as a first-line treatment and misuse by physicians when treating behavioral disorders. John Caccavale, Ph.D, ABMP is the primary author.

### Div. 55 Accepts CAPP Recommendations about MP Label

According to sources, Div. 55 (psychopharmacology) voted to accept CAPP’s recommendation that the term “medical psychologist” should not be exclusive to RxP.

# Up-Coming Events

APA's Convention will be in San Diego August 12<sup>th</sup> through 15<sup>th</sup>.

More than 60 CE workshops will be offered by the APA Continuing Education Committee (CEC) and the Office of Continuing Education in Psychology (CEP).

Other attractions include the famous San Diego Zoo, Wild Animal Park, Seaworld, and the Maritime Museum.

The Convention hosts a job fair, "Psych-Careers Job Fair." And there are more than eighty exhibitors from all over the world.

## Louisiana Psychologists Present at APA

Some of the presenters from Louisiana this year are:

Dr. Janet Matthews will chair the Invited Address, "2010 Distinguished Contributions to Applications of Psychology to Education and Training Award," and "2010 Distinguished Contributions to Education and Training in Psychology Award."

Janet will also be a participant in the symposium, "BEA Hot Issues and Ongoing Projects."

Drs. Claire Advokat and Glen Ally will present in the APA session, "Combined Pharmacological and Psychological Treatment of Adult Anxiety Disorders." Claire will address Psycho-pharmacology of Antianxiety Medications and Glen will present on Combined



San Diego Attractions include the Zoo and Animal Park.

*Photo Courtesy of San Diego Visitor's Center*

Pharmacological and Psychological Treatment of Adult Anxiety Disorders.

Glen is also a presenter in "Hospital Privileges and the Role of Prescribing Psychologists," where he will focus his comments on "Inpatient Prescribing and Medical Staff Politics."

Drs. Greg Gormanous and Warren Lowe will co-chair the presentation, "Duty to Protect Versus Confidentiality—Mock Licensing Board Hearing."

Greg will also present "To Be or Not to Be a Real Psychologist: I/O Issues," as part of the session, "Licensure and Certification—What Students Need to Know."

Dr. Paul Frick will present in the symposium, "Diagnostic Consideration from Psychologists Who Work with School-Aged Children—Where Are We Now, and Where Should We Be?" He will be presenting, "Possible Changes to the Criteria for the Disruptive-Behavior Disorders for DSM-V: Rationale and Implications." [Division(s): 1, 16, 12, 29, 37, 43, 53, 54, 55, 56]

Also, Paul will be in the symposium, "DSM-V—Updates, Issues, Use of Scientific Evidence." In this symposium, he will present, "DSM-V and Child Disorders: The Case of the Disruptive Behavior Disorders."

Dr. Kelly Ray will be a presenter in the symposium, "Nuts and Bolts of a Successful Practice—Different Practice Options for ECPs." Her talk is titled "Developing a Part-Time Practice."

# Media Matters



by Dr. Susan Dardard

I have enjoyed writing my "Media Matters" column in this newspaper for the past year. Today I conclude this series with several key recommendations for your media future.

For those of you who have read my words and realized that you really see no connection between you and anything media-related, I am glad if I have had a chance to help you draw that conclusion.

For those of you who already are active in various media arenas, I hope you continue your endeavors. You are rarities among members of our profession, extroverts in a world majority of introverts.

For those of you who remain curious and even tempted to venture into your own media projects, but feel intimidated by your lack of training, I suggest you align with a media psychology peer group.

An excellent first step would be to sign up for membership in APA Division 46, Media Psychology, where you can get to know many high caliber like-minded psychologists from all over the country.

A worthy second step would be to put together a series of meetings to network with colleagues in our own state who are interested in the interface between psychology and the media.

A prudent third step would be to invest in further development of your skills by finding a consultant who can mentor you through to your highest level of performance in the media.

Take your talent seriously and gather your resources. By the time the revitalization of our profession is complete you will be ready to let the public know what psychology is all about.

Please email your comments to Dr. Dardard at [mediaservices@drsusandardard.com](mailto:mediaservices@drsusandardard.com).

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## LA Psychologist Describes Experiences in APA Monitor

Dr. Joy Osofsky and her work during Hurricane Katrina was the focus of an article in the July/August issue of APA Monitor, titled "Treating Traumatized Children." The article highlights Joy's experiences and the trauma she witnessed in children during the hurricane.

Joy is a professor of pediatrics and psychiatry at Louisiana State University Health Sciences Center in New Orleans, and a contributing author to *Lifespan Perspectives on Natural Disasters, Coping with Katrina, Rita, and Other Storms*.

### The Psychology Times

The *Psychology Times* is provided as a community service for those in the practice and science of psychology in Louisiana and related individuals and groups. The *Times* offers information, entertainment, and networking for the Louisiana psychological community.

None of the content is intended as advice for anyone.

## Psychologists

The Public Needs to Meet You

Are You Ready For Your

Newspaper Interview

Radio Discussion

Television Appearance

To Prepare Yourself

Contact Dr. Susan Dardard

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