

Dr. Simoneaux Not Confirmed; Dr. Matthews Appointed

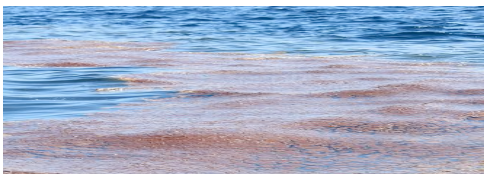
Dr. John Simoneaux's appointment to the Louisiana State Board of Examiners of Psychologists (LSBEP) was not confirmed, surprising and disappointing many in the community. A June 29th press release announced the appointment of Dr. Lee Matthews. This memo noted that all nominees come from a list of names submitted by the Louisiana

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CAPP Opposes Use of Term for Prescribing Only

In a June 9th letter, the Committee for the Advancement of Professional Practice (CAPP) responded to concerns of the Interdivisional Healthcare Committee (IHC) about Louisiana's statute restricting the use of the term "medical psychologist." The Chair of CAPP, Dr. Sanford Portnoy, wrote Dr. Robert Glueckauf, Chair of IHC, to share CAPP's opinion. He wrote, "CAPP opposes the use of the term 'medical psychologist' exclusively by psychologists with prescriptive authority."

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Disasters and Psychology

Dr. Cherry's book on disaster science... **Page 10**

Dr. Nemeth's reminders about anniversaries... **Page 12**



At their June 25th meeting, the board elected the new Chair, Dr. Joseph Comaty, and new Vice Chair, Dr. Tony Young. Above: Ex.Dir. Jaime Monic (center front, back to camera), (clockwise) Dr. Rita Culross, Dr. Young, Dr. Jillandra Rovaris, Dr. Comaty, and Dr. John Courtney.

Legislature Creates Task Group For Psychology, LPCs

In June, the legislature passed a concurrent resolution (SCR 100), to "urge and request ..." the psychology board and the LPC (Licensed Professional Counselors) board to work in collaboration through a "Behavioral Health Professional Working Group." According to the resolution, this working group is to develop language to help clarify issues for LPC legislation and to "identify the common

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New Directors Elected by LPA

Members of the Louisiana Psychological Association (LPA) elected five new directors to the Executive Council. Dr. Sherry Desselle, Dr. Gail Gillespie, Dr. Bryan Gros, Dr. Robert Storer, and Dr. Kim VanGeffen will begin serving today, July 1st.

This election is the first of its kind, marking a new organizational design that was passed by members at the annual convention,

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APA Highlights UNO Dr. P. Frick

Dr. Paul Frick, University Research Professor and Chair of the Psychology Department at University of New Orleans will present "Possible changes to the criteria for the Disruptive Behavior Disorders for the DSM-V: Rationale

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Editorial Page

Talking To the Board

Julie Nelson

In the June edition of *PT* I reported that Dr. Comaty had written to me with some complaints and concerns, and that I had written back. I found out that *PT* had been placed on the board's May 14th agenda, but I hadn't heard anything myself. So I asked to speak at their next meeting, which was last Friday. I was allowed to make a "comment," so I dragged Dr. Tom Hannie along for moral support, and made the following remarks.

* * * * *

"I didn't understand the reason for Dr. Comaty's letter, or why it was copied to the board members, or the lack of a reply. So, I've come to comment today. I'm available at other times for an honest and mutually respectful discussion about a good working relationship between the board and *Psychology Times*.

For today, I want to say first that the mission of the board and of the *Times* is not all that different. The board enforces ethical standards and I want to facilitate people protecting their own rights by freedom of information.

The APA code uses words that many journalism codes use:

"...respect and protect civil and human rights and the central importance of freedom of inquiry and expression...
...strive to help the public in developing informed judgments and choices...
...seek to promote accuracy, honesty, and truthfulness..."

Politics have negatively influenced the ethical climate of our community to an excessive degree. LAMP, and to some extent LPA, are understandably organizations with self-interest goals. But there is a troubling decline in moral reasoning within our community. This is one of the main reasons I created the *Times*.



Artist's portrayal of *Psychology Times*' publisher.

The Psychology Times

Published monthly
by Nelson News, LLC.

psychologytimes@drjulienelson.com

Publisher: Julie Nelson, Ph.D.
Member, Louisiana Press Association

Journalism Consultant: Robert Holeman
Editor (Ret.), *The Coushatta Citizen*,
Winn Parish Enterprise.

Media Consultant/Columnist:
Susan Dardard, Ph.D.
Dardard Media Services

Columnist/Reporter:
Carolyn Weyand, Ph.D.

Cartoonist:
Jake Nelson-Dooley

We welcome ideas for news, features, Letters to the Editor, photos, and other material related to psychological community of Louisiana. Editorials and commentary reflect the opinions of this newspaper. Columns and Letters to the Editor express the opinions of the writers and not necessarily those of *The Psychology Times*.

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Task Group...

and distinct practice activities of the two professions..."

The working group is to be composed of two members appointed from the psychology board, two members from the LPC board, two appointed by the Louisiana Psychological Association, and two from the Louisiana Counseling Association. The board of social work and the medical board may also appoint one representative to act in an advisory capacity only.

Members of this group are to be appointed by July 15th and report findings and conclusions to the Senate and House committees on Health and Welfare by February 1, 2011. At the recent psychology board meeting (June 25th), Dr. Joe Comaty and Dr. Tony Young were appointed to this committee. The first meeting is supposed to take place by August 1.

The resolution asks that the group work together in a collaborative manner to reach three goals.

"(1) Develop language for legislation to clarify the licensed professional counselor scope of practice regarding diagnosis and treatment of mental, emotional, and addictive disorders which allows professional counselors to practice in a manner which is consistent with education requirements, applicable training, and related competencies."

"(2) Identify the common and distinct practice activities of the two professions and develop new collaborative practice methods which seek to fully utilize the abilities of both professions and allow for maximization of behavioral health services which can be provided in the state."

And lastly, "(3) Discuss and outline additional recommendations which may expand public access to presently absent behavioral health services while avoiding service duplication and redundancy."



Dr. Lee Matthews (R) was recently appointed to the board. Here he speaks with Dr. Susan Dardard and Dr. Mike Chafetz at the Bylaws vote in April.

CAPP...

Dr. Portnoy explained in the letter that CAPP had created a working group in response to the April 21st letter received from the IHC. The IHC had listed a number of concerns regarding Act 251, both for the public and for the profession.

The working group included CAPP members, and members representing APA Divisions 55 (American Society for the Advancement of Pharmacotherapy) and 38 (Health Psychology).

Dr. Portnoy noted that the opinion is not a policy statement or a recommendation of a policy statement for APA. He mentioned that CAPP recognizes the right of state legislatures to decide on terminology.

Copies were sent to Dr. Katherine Nordal, Executive Director of the APA Practice Directorate, and Dr. Ronald Palomares, Assistant Executive Director, Governance Operations in the Practice Directorate.

IHC is independent of APA, but is composed of two representatives from each of the APA divisions of Health Psychology, Rehabilitation Psychology, Clinical Neuropsychology, Society of Pediatric Psychology, Society of Clinical Psychology/Clinical Geropsychology, Counseling Psychology, and Family Psychology. IHC developed the Health & Behavior codes, allowing a psychologist to be reimbursed for treating physical problems with psychological methods.



Left: Dr. Jessica Brown worked very hard this year as LPA's Legislative Chair.

Appointments...

Psychological Association and are subject to Senate approval.

Drs. Simoneaux and Matthews were the top vote getters in a statewide election conducted in November, with 141 and 103 votes respectively.

According to available information, the Senate and Governmental Affairs Committee considered Dr. Simoneaux's appointment on May 26th. Ms. Yolanda Dixon,

1st Assistant to the Secretary of the Senate, told the *Times* that the committee reviewed his appointment in private.

Dr. Simoneaux had been appointed by Governor Jindal in April and had already begun to serve on the LSBEP. According to Ms. Lowe, a nominee not being confirmed has occurred only one other time during her service. Mrs. Connie Stigall, who was the LPA Executive Director from 1986 to 2001, noted that this may happen if "... it's a clerical error, or some date is missed." But that "It doesn't happen very often."

An undisclosed source told the *Times*, "John is a man of utmost integrity... he is particularly well-informed about the ethical parameters of our profession, and speaks openly and candidly about our shortcomings. I wonder if he is experiencing backlash for his candor."

Dr. Simoneaux had written openly on the LPA listserv during 2009 regarding the long-term consequences to the profession of Act 251. Sources indicated that he confronted what he viewed as financial irregularities while on the LPA executive committee. Later in the town-hall meeting held by the association, December 13th, 2009, he spoke up in opposition to the arrangement between LPA and Louisiana

Academy of Medical Psychologists, where LPA subcontracted with LAMP for lobbyists. He also had objected to the lack of a written contract.

Dr. Simoneaux reluctantly spoke with the *Times* saying, "I received a letter from the President of the Senate, informing me that the appointment had not been confirmed. The letter directed me to call the office of the President of the Senate, if I had any questions. I was told that I needed to speak with either the Chairman of that committee, or my home senator, Joe McPherson." Dr.

Simoneaux indicated he would not pursue this any further.

Dr. Matthews is from Kenner, owner of Psychological Resources, a clinical and clinical neuropsychologist, with ABPP. He is married to Dr. Janet Matthews. His background, including some of his military and professional accomplishments, were reviewed in Dr. Janet Matthews' Close-Up, *Psychology Times (PT)* No 3.

Dr. Simoneaux was interviewed for Close-Up in *PT* No. 2.



Dr. John Simoneaux encouraged a more ethical approach at LPA's town hall meeting in Dec. 09

New Directors...

April 22nd. This change is part of a cascade of events set into motion last year, after passage of Act 251. In the new structure those in key decision-making roles will have been elected by the membership rather than appointed by the president.

Dr. Sherry Desselle works as a Trauma Treatment Specialist for Capital Area Human Services District in Baton Rouge. She is transitioning to full-time practice and noted she offers, "...an open mind, clear head, sense of humor, and sense of purpose..." to help the state association.

Dr. Gail Gillespie wrote, "...I am excited and optimistic about the changes in the governance of the board, and wish to continue the influence of positive change and renewed vitality with this organization. My vision for LPA is to promote an air of inclusiveness for all psychologists to not only feel welcome, but to feel needed."

Dr. Bryon Gros is Director of Psychology at Capital Area Human Services District and President of the Board of Directors of Mental

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New Directors...

Health America of Louisiana. "As a member of the Executive Council, my overall priority would be to represent the needs and voices of LPA members."

Dr. Robert Storer, is a member of both Louisiana and Mississippi Psychological Associations. He is currently on the Legislative Affairs committee and editor of the LPA Newsletter, and would continue these contributions. And, "...do my best to represent the interests and wishes of the members of LPA."

Dr. Kim VanGeffen, is past president of LPA and her goal is "...to represent the diversity of needs of psychologists in Louisiana. There are many psychologists who have not believed that LPA served their interests. It will be important for the LPA leadership to learn how best to meet the needs of its members so that we can continue to grow as an organization."

Out-going president Dr. Judith Levy congratulated the new directors and asked for others to give them support.

APA, Dr. Frick...

and implications," at the APA convention in San Diego this August. Dr. Frick's topic is part of the symposium titled, "Updates and Issues For DSM-V," and is listed by APA as a convention highlight.

The symposium is sponsored by APA Division 1, General Psychology. Paul told the *Times*, "I am a member of the ADHD and Disruptive Behavior Disorders Workgroup of the DSM-V and my presentation is to provide a summary of the proposed changes to the criteria for these disorders and why." Other topics will be covered and include diagnostic considerations (Raymond DiGiuseppe, Chair at St. Johns University, NY); classification of autism spectrum disorders (Katherine Loveland, U. of Texas Medical School); developmental perspectives (Robert Pynoos, MD, UCLA), and school-based use of the DSM. (David Wodrich, Arizona State University.)

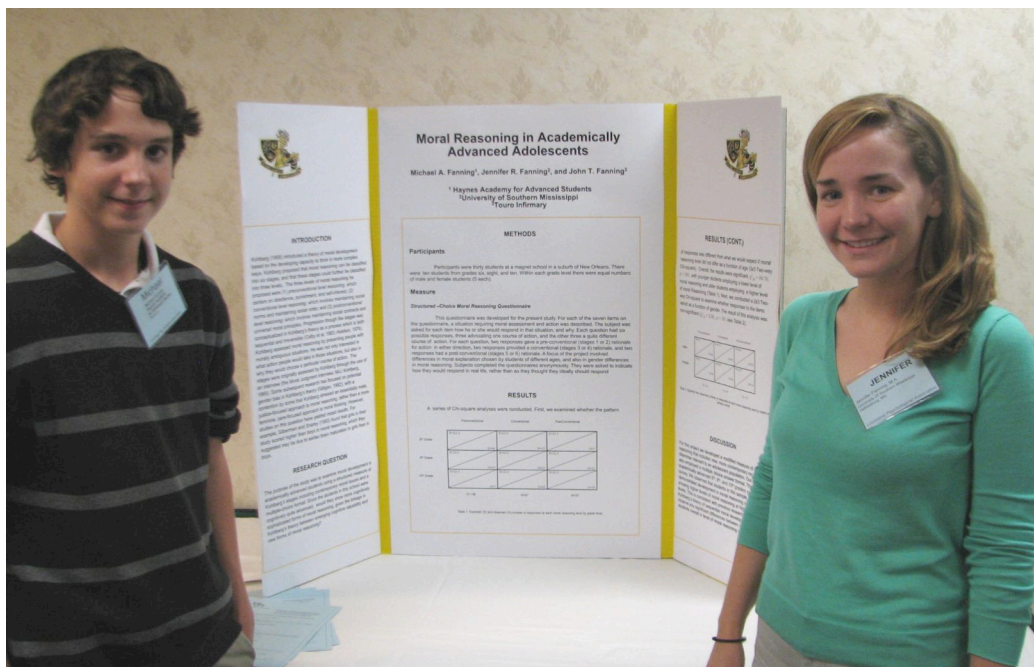
Dr. Russell Barkley will be discussant, which Paul noted he was very pleased about.

Paul has been working on the American Psychiatric Association DSM-V Workgroup for a number of years. Paul's research has focused on the interacting causal factors that can lead children and adolescents to develop behavioral difficulties, especially antisocial and violent behavior, and he works to use this research to improve the diagnosis of childhood psychopathology and to develop better treatment approaches. Paul is the editor of the *Journal of Clinical Child and Adolescent Psychology*, the official journal for APA Division 53 (Society of Clinical Child and Adolescent Psychology). He is also president of the Society for the Scientific Study of Psychopathy.

Paul earned his bachelor's degree from LSU and his doctorate from University of Georgia. He was awarded an Honorary Doctorate from Orebro University in Orebro, Sweden, in February of 2004 in recognition of his research contributions.

He is a licensed psychologist in Louisiana, author of five books, thirty book chapters, 114 articles, and numerous presentations.

His research has been funded by the National Institute of Mental Health, Office of Juvenile Justice and Delinquency Prevention, and the John T. and Catherine D. MacArthur Foundation.



Michael (L) and Jennifer Fanning won second in the LPA graduate student division for a study on moral reasoning in adolescents. The project was Michael's, a high school student, who has won awards from the Navy and APA for his science research. Sister Jennifer assisted with statistical analysis. She begins her internship in Westhaven, CT, this fall. (Photo courtesy of LPA Newsletter.)



Psychology board staff Ms. Jacqueline Lively (L) and Ex. Director Jaime Monic are pleased with the online renewal system. They encourage psychologists to use this easy and paperless method at www.LSBEP.ORG.

License Renewals Due Online System Quick and Easy

The psychology board is offering a quick and easy renewal process via the online renewal system that can be accessed at the board's home page (www.LSBEP.ORG).

Licenses should be renewed this month because they expire on July 31st. Thirty hours of continuing education is due for those with even-numbered licenses.

The new online system reduces paper work for the psychologist, and allows them to track their continuing education credits, as well as print out a record during the year whenever desired.

Executive Director Jaime Monic also noted that licensees "can report CEs

at any time throughout the year and the system will total your hours." The online system is open to renewals beginning as early as May.

Online renewals also make it easier on the board's staff by reducing paper work and automating the record keeping for continuing education credits.

The publisher of the *Times* tried out the system this year. It was quick and easy. According to Ms. Jacqueline Lively, administrative assistant at the board, about 50 percent of licensees are still using the paper renewal.

Appeals Court Affirms Dismissal of Case Against LSBEP

On June 11th, the First Circuit Court of Appeal dismissed a case against the Louisiana State Board of Examiners of Psychologists (LSBEP). According to the review, Dr. Trudy Bond, an Ohio psychologist, originally brought a case asking the board to investigate retired Army Col. Larry James, Ph.D., a psychologist licensed in Louisiana, regarding his treatment of foreign detainees when he served at Guantanamo Bay, Cuba. The LSBEP had investigated the complaint, but took no disciplinary action and gave no opinion, as noted in the June 11th ruling. Dr. Bond then filed a petition for the court to order LSBEP to perform a complete investigation and hearing. This was dismissed. Then Dr. Bond appealed.

The judges noted that, "The law sets forth no provision requiring LSBEP to act. Therefore, no right of action exists to make them do so." Also, the judges explained, "Without some peculiar, special, and individual interest, a citizen has no standing in court to champion a cause or subject matter that pertains to the whole people in common, nor has an individual citizen legal standing in court to enforce the performance of a duty owed to the general public."

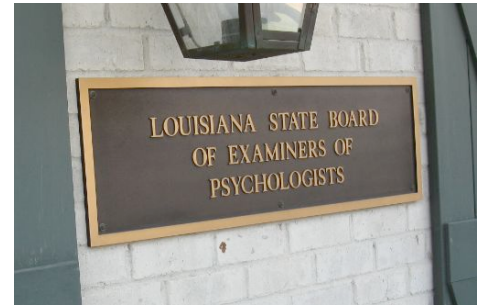
The judges wrote, "An amicus brief in support of Dr. Bond's position was filled on behalf of five non-profit organizations, by the Loyola University New Orleans College of Law. We recognize their arguments, and their positions are incorporated into our analysis." Psychologists for Social Responsibility, Loyola University in New Orleans was listed.

This matter has been at the center of a strong controversy in the national psychological community. Dr. Bond remains active in her efforts to bring attention to matters regarding torture. Dr. James is now at Wright State University's School of Professional Psychology. In his 2008 book *Fixing Hell: Army Psychologist Confronts Abu Ghraib*, he described his efforts to improve conditions regarding interrogations.

For decision go to <http://www.la-fcca.org/>



Dr. Jillandra Rovaris completed her five-year term serving on the psychology board. Above, she has just finished her last official duty of signing papers and adjourning the meeting. Dr. Rovaris is director of the Educational Resources & Counseling Center for Tulane University, Student Affairs.



FROM THE MINUTES: A potpourri of things from the Board.

From January 8th Minutes:

Ms Monic reported that in 2009 there were 33 requests for investigation, 14 were investigated and 19 dismissed.

Dr. Courtney reported that the Notice of Intent to amend LAC 46, LXIII, Chapters 3, 7, 8, 9, 10, 11 and 15 and repeal Chapter 4 had been published in the December Louisiana Registry.

LPC Board– The Board revised a draft response to the LPC Board

LSBME Proposed Rules for regulating Medical Psychologists– The Board was provided a copy of the rules proposed by the La. State Board of Medical Examiners (LSBME) for regulation of Medical Psychologists by the LSBME.

LAC 46, LXIII, Chapter 11: Supervision of Unlicensed Assistants in Providing Psychological Services– The Board reviewed revisions proposed by Dr. Courtney to the LAC 46, LXIII, Chapter 11 as a result of the objections to the current rule by the Louisiana Academy of Medical Psychologists and the Louisiana Psychological Association. After careful review and consideration Dr. Dammers moved that Chapter 11 be amended to replace the term "direction supervision" with the term and definition of "general supervision" yet maintain that the licensed psychologists is directly accountable for the provision of psychological services.

Nutrition and Health

Nutritional deficiencies may precede or further complicate cases of anorexia nervosa. Zinc deficiency can cause anorexia, presumably because zinc is important in parts of the brain involved in food seeking, serotonin production, and weight regulation. In one study, zinc supplementation and placebo were given to 35 patients with anorexia nervosa. The group given zinc showed an increase in BMI, twice that of the placebo group. Zinc may be useful in the treatment or prevention of anorexia nervosa.

"Controlled Trial of Zinc Supplementation in Anorexia Nervosa", Birmingham, Carl L., et al, International Journal of Eating Disorders, 1994;15(3):251-255.



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Close-UP

Dr. Michael Chafetz

There are as many paths to excellence as there are psychologists, but Dr. Michael Chafetz has moved through a set of fascinating career choices, leading him to contributions worthy of the highest standards of psychology's scientist-practitioner model.

Dr. Chafetz is a forensic and clinical neuropsychologist, providing assessment and therapy, particularly for disabilities. He provides neuropsychological assessment for defense and plaintiff cases, as well as criminal cases. He has provided analysis and research of testamentary capacity for families needing help for estate planning with a person in cognitive decline, and even neuropsychological "autopsy" to discover evidence when there is a challenge to a will.

Mike has earned the ABPP in clinical neuropsychology, and is a member of the American Academy of Clinical Neuropsychology. He is a Fellow in the National Academy of Neuropsychology. He is also a member of APA, Division 40, and the National Association of Disability Examiners. He has served as Expert to Administrative Law Judges for Social Security and consults to the Louisiana State Board of Nursing, and other licensing boards.

Mike has 98 publications and presentations, and two books, *Smart for Life* (Viking Penguin, 1992) and *Nutrient Bases of Behavior* (Prentice-Hall, 1990). He is a reviewer for *Applied Neuropsychology*, and the *American Board of Clinical Neuropsychology*. He has previously reviewed for *Physiological Psychology*, *Brain Research Bulletin*, *J. of General Psychology*, *Southern Psychologist*, *Nutrition and Behavior*, and *Southwestern Psychological Association*.

"I actually started out as a neuroscientist," he told the *Times*, "publishing in *Brain Research*." He studied recovery processes after brain damage, "using electron microscopy, fluorescence microscopy, and receptor binding, along with conventional staining and light microscopy in animal studies."

Mike earned his cum laude undergraduate from Tulane in Chemistry and Psychology (honors), and continued for his masters there in physiological psychology. "I learned basic brain science from Arnold Gerall at Tulane," he explained. He continued on to his doctoral studies in the Chemistry of Behavior program at Texas Christian University. There, Mike



Dr. Mike Chafetz, (R), Grassroots out-going president, relaxing and discussing issues at Grassroots meeting. Dr. Tom Hannie looks on.

studied mostly under Fred Gage, a well-known neuroscientist in the field.

During the 80s he published regularly in *Brain Research Bulletin*, *Physiological Psychology*, *Journal of General Psychology*, and *Behavioural Brain Research*. Examples include "Biochemical specificity of septal hyperreactivity: A behavioral discrimination," and "Recovery of function from septal damage and the growth of sympathohippocampal fibers."

Then his career focus began to change. "I eventually moved into the field of nutrients and neurotransmitters," he said, "studying under Sarah Leibowitz at Rockefeller University in New York." His works included "Biological factors in anorexia," and "Effects of clonidine on self-selection of macro- and micronutrients." He published in *Archives of Physical Medicine and Rehabilitation*, *Physiology & Behavior*, and *Nutrition and Behavior*, as examples.

During this same time, he taught courses at Tulane as a visiting professor and assistant professor at U. Southwestern Louisiana. But eventually his work had become, "too molecular," and he explained. "I wanted patient contact."

He found that he needed to re-specialize if he was to become a "fully fledged" neuropsychologist. "That's when I started working with Lee and Janet Matthews, Susan Andrews, and Bill Black in New Orleans, and attending the N.O. Neuropsychology Society meetings."

Chafetz...

Mike re-specialized in clinical psychology at University of South Mississippi, and completed an internship in clinical Neuropsychology at Baylor college of Medicine, and continued his training in a post-internship residency with Drs. Matthews and Andrews. His work with disability cases increased during this time. "...that is what started me thinking about effort problems in these compensation-seeking claimants."

His most recent publication follows this direction, "Symptom Validity Issues in the Psychological Consultative Examination for Social Security Disability," The Clinical Neuropsychologist, June 2010. In this article he writes about validity issues from multiple levels of abstraction, from technical to societal, and the psychologist's

role in respect to validity of findings.

Among his many contributions, Mike currently serves on the Professional Advisory Board of the MS Society of Louisiana. He has served on the Regional Advisory Board of the Alzheimer's Association, and on the Human Rights Committee for the Volunteers of America. He participates in the mentoring program for the American Board of Clinical Neuropsychology. He has served as president and spokesperson for Grassroots Initiative, a term that he will be completing soon.

What has he most enjoyed about his career? "When I was doing neuroscience, I especially enjoyed microscopy - electron and fluorescence. I could sit for hours exploring synapses, nerve endings, and

dendrites, feeling that the secrets of the brain were unfolding in front of me. In the clinical career, I have especially enjoyed working with colleagues on difficult cases, and I also enjoy clinical research. I have also very much enjoyed working with my colleagues in Louisiana on some difficult psychology issues."

And the least? "I have least enjoyed working with bureaucracies," he said.

If Mike could have changed something, "I would have oriented toward getting a clinical degree first, even if I had chosen to work in neuroscience research."

His advice to younger psychologists is that, "There is always a market for your services, no matter what kind of psychology you want to pursue.

If you are ethical, and pursue your work with diligence, you will be able to make a go of it."

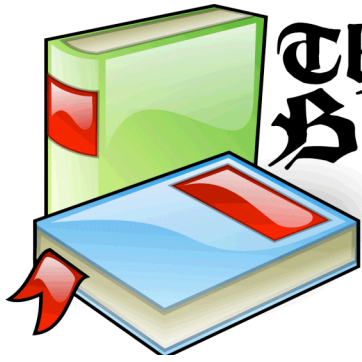
He is very much a family man, with a 21 year old daughter, Hannah, and wife, Elaine. The family is a big pet household, with Squeakie the bird, Goldie, the Golden Lab pound dog, the visiting grandpuppy, and of course Frankie, the now famous three-legged pound dog.

About his future Dr. Chafetz said, "I am very much enjoying my work and clinical research, and don't foresee large changes in the near future." But he said, "I would like to do more mentoring."

This is good news, because anyone would be lucky to have Dr. Michael Chafetz as a mentor. Or colleague. Or just as a friend.



Mike with Goldie, one of his many family pets.



The Bookshelf

**Who's Writing
What?**

Lifespan Perspectives on Natural Disasters: Coping with Katrina, Rita, and Other Storms

by Katie Cherry, Ph.D., Editor

2009, Springer, New York

Dr. Katie Cherry has composed a comprehensive work on disaster science that addresses the impact of change and crisis on all ages. *Lifespan Perspectives* is overflowing with experts from Louisiana universities, and weaves together a variety of information that helps the professional reader understand what happens to people, children to the oldest-old, when disaster strikes.

Dr. Katie Cherry, expert in adult development and aging, is professor of psychology at Louisiana State University, Baton Rouge, and the Director of the Life Course and Aging Center. She told the *Times* that, "The idea for this book surfaced for me while I was working on a data-based manuscript about the cognitive and psychosocial consequences of Hurricanes Katrina and Rita in older adults." Adding her expertise to that of others in this edited volume, *Lifespan Perspectives* deals with impacts across human development. Four parts, Children and Adolescents, Young and Middle-Age Adults, Older Adults and the Oldest-Old, and Special Topics, clearly organize the fourteen chapters that address a comprehensive range of topics. Katie and the contributors, having direct experience with Hurricanes Katrina and Rita and sources of trauma such as 911, outline the science and practice for coping, resilience and transcendence.

Chapters include "An Ecological-Needs-Based Perspective of Adolescent and Youth Emotional Development in the Context of Disaster: Lessons from hurricane Katrina," by Carl Weems and Stacy Overstreet.

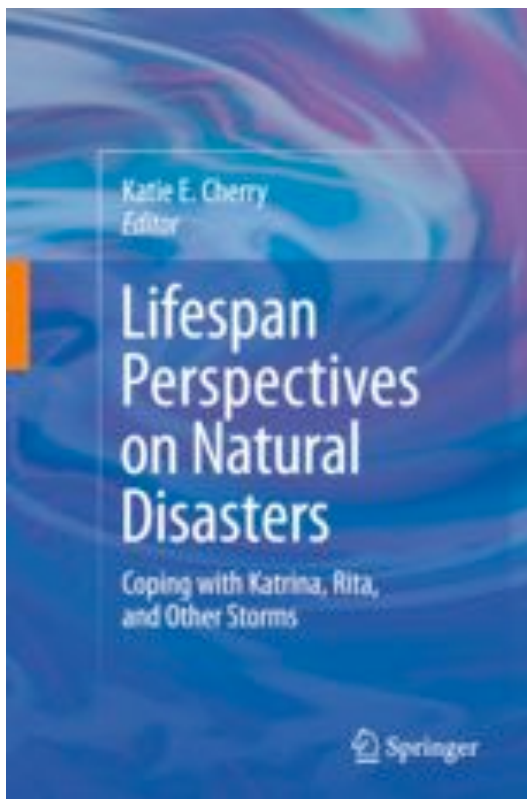
M.E. Betsy Garrison and Diane D. Sasser authored a chapter for young and middle age adults, titled, "Families and Disasters: Making Meaning Out of Adversity."

In Part III, contributors Karen Roberto, Yoshinori Kamo, and Tammy Henderson deal with older adults and the "oldest-old" in, "Encounters with Katrina: Dynamics of Older Adults' Social Support Networks." Katie Cherry, Jennifer Silva and Sandro Galea authored another chapter in this section, "Natural disasters and the Oldest-Old: A Psychological Perspective on Coping and Health in Late Life."

Special Topics section is loaded with fascinating topics that enhance the readers' understanding and applications, adding to the overall breath and depth of the text. Anthony Speier, Joy Osofsky, and Howard Osofsky provided the chapter on, "Building a Disaster Mental Health Response to a Catastrophic Event: Louisiana and Hurricane Katrina." Tracey Rizzuto contributed "Disaster Recovery in Workplace Organizations." And Jennifer Johnson and Sandro Galea provided "Disasters and Population Health."

From the publisher: "*Using the Katrina-Rita nexus as its reference point*, *Lifespan Perspectives on Natural Disasters*

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takes the developmental long view on human strengths and vulnerabilities during large-scale devastation and crisis. An expert panel of behavioral scientists and first responders analyzes the psychological impact of natural disasters on—and coping faculties associated with—children, adolescents, and young, middle-aged, older, young-old and late-life oldest-old adults. This timely information is invaluable both to mental health service providers and to those tasked with developing age-appropriate disaster preparedness, intervention, and recovery programs.

Unique in the disaster literature, Lifespan Perspectives on Natural Disasters serves as a research reference and idea book for professionals and graduate-level students in psychology, social

work, and disaster preparedness and services.”

“Seeing this project from start to finish was enormously gratifying at all phases and also on many levels,” Katie said. “Lots of joys that have been magnified over time as I am beginning to receive queries about the book from as near as Florida and as far away as Australia.”

When asked about her writing, she said, “My biggest lesson learned it that it takes about 2 years to complete a project of this scope and magnitude, an edited volume with 14 chapters. Endurance is also important, as it took multiple iterations to ensure that each chapter locked in seamlessly with the others—minimizing repetition of content and maximizing complementarity.”

Among her many achievements, Dr. Cherry has received the

LSU Office of Research and Economic Development Top 100 Research and Creative Faculty (“Rainmaker”) Award, the Emogene Pliner Distinguished Professor of Aging Studies professorship, the LSU Alumni Faculty Excellence Award, and as co-investigator, was awarded a five-year program project grant to study the determinants of longevity and healthy aging from the National Institute of Aging.



Dr. Katie Cherry

Louisiana Contributors to *Lifespan Perspectives*

LSU Life Course and Aging Center (LCAC)

Katie Cherry, Ph.D., Director,
also LSU Dept. of Psychology
Priscilla Allen, MSW, Ph.D.,
Associate Director, and also
LSU School of Social Work
Yoshinori Kamo, Ph.D., also
Dept. of Sociology

LSU School of Human Ecology

Jennifer Baumgartner,
Ph.D., LCAC
Loren Marks, Ph.D. LCAC
Diane Sasser, Ph.D.,
M.E. Betsy Garrison, Ph.D.,
Associate Dean, College of
Agriculture LCAC

LSU, Dept. of Education, Theory, Policy and Practice

Teresa Buchanan, Ph.D. LCAC
Renee Casbergue, Ph.D. LCAC

LSU Psychology Dept.

Thompson Davis III, Ph.D. LCAC
Mary Lou Kelley, Ph.D.
Tracey Rizzuto, Ph.D. LCAC
Arlene Gordon, M.A.
Brittany Hernandez, M.A.
Melissa Munson, M.A.
Valeria Paasch, M.A.
Jennifer Silva, M.A.
Erin V. Tarcza, M.A.
Julia Vigna, M.A.

LSU Health Sciences Center

Howard Osofsky, MD, Ph.D.
Joy Osofsky, Ph.D.

Office of Mental Health Anthony Speier,, Ph.D.

Tulane, Psychology Dept. Stacy Overstreet, Ph.D. LCAC

UNO, Psychology Dept. Carl Weems, Ph.D. LCAC

Workshop Designer Cautions Anniversaries Are Approaching

On Friday, June 4th, Dr. Darlyne Nemeth and her colleague, Dr. Judy Kuriansky (Columbia University), and student associates Traci Olivier, Taighlor Whittington, Natasha May, John Hamilton and Alex Steger, presented "Group Interventions for Disaster/Trauma Anniversary Reactions" at the Returning to Katrina – Bringing Hurricane Katrina Research Back to the Community – Conference. The conference was sponsored by University of Southern Mississippi's Center for Policy and Resilience.

She told the *Times*, "Our mentor, Don Glad, would be so proud of the techniques used in these community workshops, which were conducted around the first year anniversaries of hurricanes Katrina and Rita. "The fifth year anniversaries are approaching," she noted "We may, therefore, expect to see some symptom re-emergence.

Methodology for group intervention included initial assessment to uncover worry, irritability tension, sadness, and other symptoms. In the workshop, participants move through a process of experiential learning to express emotions in a

therapeutic manner. One aspect of the process includes "*The Container – Contained Model*." This method, adapted from Billows, allows emotional expression in a safe environment, and is associated with reduced anxiety around the traumatic events.

Judy Kuriansky, Ph.D., a professor at Columbia University and a well-known New York psychologist is also a journalist and writes a column in the NY Daily News. She did a feature article on the Anniversary Workshops and helped facilitate one of the sessions.

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LaTech Researchers Present at APS

Research teams from Louisiana Tech University presented their findings at the American Psychological Society convention in Boston, May 27-30. Drs. Walt Buboltz, Kevin Mahoney, Jeffrey Walczyk, and graduate students in the LaTech program presented papers with topics about eating and sleep patterns of college students, deception cues and lying research, and the factors relating to jobs with "emotional labor."

Drs. Walter Buboltz and Janelle McDaniel along with graduate student researchers Rebecca Hoffmann, Eric Robbins, and Barbara Calvert, investigated patterns of food choices and sleep in

college students. The researchers gathered data through food diaries and sleep scales, finding that college-age students have erratic eating patterns, with higher fat and lower calories consumed than recommended. They also found a mild relationship between sleep patterns and types of food consumed, and concluded that interactions between sleep and eating may be more complex than initially believed. Their research may help to shed light on eating, sleep and obesity.

Drs. Kevin Mahoney and Walter Buboltz and graduate student John Buckner investigated individual differences having to do with emotional labor and its consequences for job satisfaction.

In this study the LaTech researchers measured emotional labor, service motivation, emotional exhaustion, job satisfaction and organizational commitment, in 233 employees holding a variety of jobs in two Southern cities. The investigators found that emotional labor was meaningfully

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Anniversary Symptoms

Initial Assessment:


- Constant Worry
- Irritability
- Tension
- Headaches
- Restlessness
- Sleep disturbance
- Sadness
- Fatigue

(Nemeth, et al., 2010)

Above is from Dr. Darlyne Nemeth's presentation. She reminds psychologists to watch for anniversary symptoms in clients and patients.

Discussion

The Container – Contained Model allowed:



- A cognitive container (structure)
- An affective freedom of expression in a contained (safe) environment

(Billow, 2003)

A slide from the Wellness Workshop presentation, defining experiential model and process.

Anniversaries...

The workshops were first presented at APA in New Orleans. Eventually the methodology formed the basis of workshops at the 08 World Congress for Psychotherapy in Beijing, China. where mental health professionals were prepared to deal with the one year anniversary reactions that were anticipated from the Sichuan Earthquake.



Executive Director Gail Lowe (back left), Dr. Kim VanGeffen (center) and Dr. Sherry Desselle, at a bylaws committee meeting at Dr. Karen Speier's home. Kim and Sherry have recently been elected directors to the LPA Executive Council.

LaTech, APS...

related to job satisfaction, organizational commitment and emotional exhaustion. "Employees are differentially inclined to engage in emotional labor and the individual differences in this study emerge as new possible reasons why."

Consequences of emotional labor, such as emotional exhaustion, vary by individual. Also those high in proactive personality "were more likely to display genuine positive emotion and suppress negative emotion." And, "Compassionate individuals were more likely to give genuine positive expressions." Women expressed genuine positive emotion a few times a day and men a few times a week.

Dr. Jeffery Walczyk and graduate students Rachel Yates and Shelley Visconte presented findings in about "cues of deception" in a mock crime situation.

The researchers tested "Time Restricted Integrity-Confirmation" in the context of a mock crime. They measured response time, wordiness, consistency, eye movement and pupil dilation using an infrared eye scanner. "Compared to truths, lies took longer, were wordier, and entailed more eye movements, but not more pupil dilation," they found. The results were strong and could classify "liars and truth tellers with up to 84% accuracy and with a 1% false positive rate, [a rate] far below that of the polygraph."

In another presentation on the cognitive cues of lying, Dr. Walczyk and graduate student Bryon Simoneaux investigated the expanded "Activation-Decision-Construction Model" (Walczyk et al. 2003).

Analyses showed that "unrehearsed liars had longer response times, more contradictions, and less eye movements," and that "rehearsal lowered cognitive load."

The researchers concluded, "Response times, answer inconsistencies, and eye movements offer the best cues to deception."

“Where’s Zach?”

These are the first words out of the mouths of children visiting Dr. Alicia Pellegrin’s office in Baton Rouge, whose work consists largely of court-ordered child custody evaluations. Zach is a part of Dr. Pellegrin’s therapy team and on a typical day Zach is hugged, pulled, fussed over, dressed up, and given handmade treats, all without once ever showing any signs of impatience or irritation. Zach is a two-year-old Cavalier King Charles Spaniel, who has become an integral member of Dr. Pellegrin’s approach for helping these youngsters who are dealing with varying degrees of distress.

Alicia first brought puppy Zack to the office two years ago because she couldn’t leave him alone all day. “His first encounter with a child made it clear as to Zach’s true calling,” she said. “On that day, a very apprehensive seven-year-old girl was waiting anxiously with her mother to be seen.” The mother had explained that her daughter had severe separation anxiety and would likely refuse to leave her side to be interviewed.

“When the child saw Zach being brought in from his walk, her face lit up,” Alicia said. “Then, this anxious child bounded from the waiting room right up to the front office window to ask the receptionist about the puppy. I asked her if it she would like to have the puppy present while we talked, and she excitedly agreed. She actually skipped to my office behind Zach. Not only did she gladly leave her mother, but also she was so excited about spending time with the puppy that she forgot her anxiety altogether. At the end of the visit, she asked if she could return the next day.”

Pet-facilitated therapy first emerged over forty years ago when child psychologist Boris Levinson used dogs as co-therapists. Over the years researchers have demonstrated a variety of physical and psychological benefits, such as lowering blood pressure, calming, reducing perceptions of threat, or



Dr. Alicia Pellegrin with her therapy dog, Zach. She have found that pets in therapy may hold important benefits for anxious youngsters.

reducing feelings of loneliness. “Of course, not every child is right for therapy with Zach,” she noted. “I always make sure to ask about a child’s comfort with animals, as well as about any possible pet allergies before considering Zach as part of the child’s experience. (See Handbook on Animal-assisted Therapy: Theoretical Foundations and Guidelines for Practice. A. H. Fine, ed. 2006)

“This special dog,” said Alicia, “seems to intuitively know what a particular child’s needs are on a given day. He can in turn, be silly and playful or quiet and somber, as the occasion calls for.”

She added, “One particularly moving session ended with a distressed little boy crying into Zach’s fur as he relayed the difficulty he had experienced as a direct result of his parent’s contentious divorce.”

This is just one of the many reasons why Dr. Alicia Pellegrin doesn’t feel in the least bit slighted when the children who come to see her start by asking, “Where’s Zach?!”

Psychiatrists Reject COI Recommendations

At their convention in New Orleans, June 11, the American Psychiatric Association declined to adopt recommendations to control and curtail their relationships with the pharmaceutical industry. The author of the report and head of the task group, Dr. Paul Appelbaum, said, “Ironically, it appears to be very difficult for many psychiatrists to accept the notion that there may be influences on their behavior that are outside of their conscious perception.” (Medscape Medical News, June)

Con't from Editorial Page...

This erosion in our ethical climate should also concern the board.

I provide this chart [below] to help see that an organizational climate of self-interest (high egoistic, low benevolent, low principled) relates to unethical behaviors in individuals, and should not be ignored.

In regard to my role as a journalist, I investigated the matter by consulting with two experts in ethics for psychologists. I laid out the issues with the APA ethics investigator. I also consulted Dr. Michael Gottlieb, who is writing the new APA ethics handbook. Both said the ethics code does not bear on my work as a journalist.

There are a number of journalism codes of ethics, all having to do with seeking the truth, reporting it the best you can, and being sensitive to the impacts. My father said it this way, "Tell the truth and don't libel anybody."

There'll be some growing pains for all of us as we get used to having a community newspaper. Thomas Jefferson said that the free press is the only security, and "The agitation it produces must be submitted to. It is necessary, to keep the waters pure."

It is not my goal to cause more agitation than is absolutely necessary in my efforts to find and report facts to those who have a right to know. If I've reported something incomplete or inaccurate, I'm happy to clarify. Call upon me to do so and you will find that I am willing and cooperative.

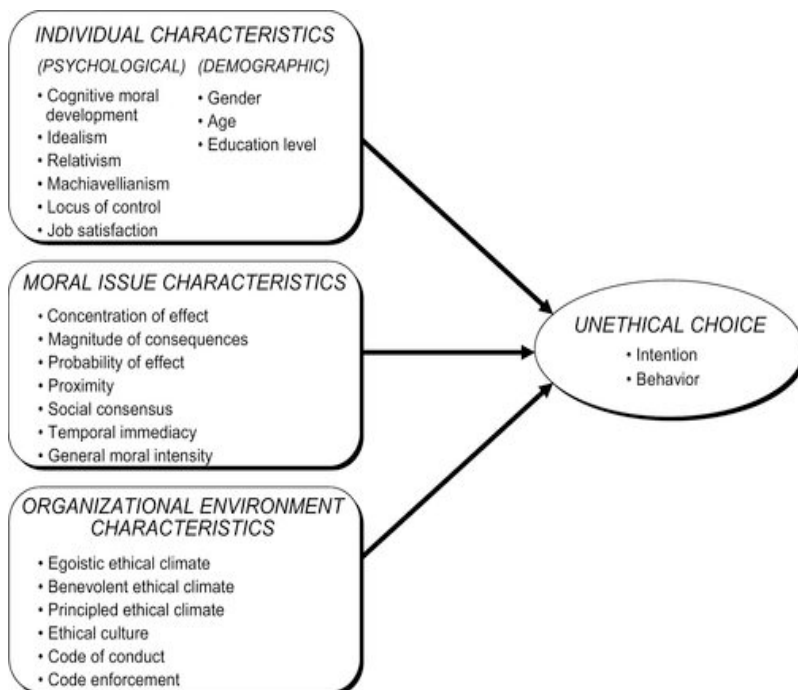
I know that the board is committed to a principled ethical climate as well as the individual's right to information. I am devoted to these goals too, and I can see no valid reason why we cannot work together."

They all listened politely and Dr. Rovaris later thanked me for my presentation. I left a set of questions, a "written inquiry," about the board and 251.

Julie Nelson, Publisher



Happy 4th of July!
The Psychology Times



Adapted from "Bad Apples, Bad Cases, and Bad Barrels: Meta-Analytic Evidence About Sources of Unethical Decisions at Work." J. Kish-Gephard, D. Harrison, L. Trevino. In J. of Applied Psychology, 95, 1. Copyright 2010 APA. Reproduced with permission.

Media Matters

by Dr. Susan Dardard



Do you really think that those of us in psychology in our state are ready for the public to know about us? If you have been reading the headlines in this paper over these last many months, you may agree with me that the answer is "No."

Psychology in Louisiana has been out of order for decades, during which time short-sighted, narrow-agenda professional activities and simplistic public outreach efforts have prevailed over the long-term, broadly-inclusive professional activities and well-coordinated media pursuits that we need.

We have begun to benefit from more open communications through the *Psychology Times* and the LPA Newsletter, and we have made progress toward improving our organizational health through the recent LPA bylaws overhaul and election of new LPA directors.

Now that we have internal media resources, structural changes, and new leaders in place we need to have extensive, pervasive, accelerated conversations across specialties, campuses, and regions, to truly know who we are and what we have to offer the public.

We need to adopt an attitude of mutual respect and get to know each other as colleagues, then find out what the public knows about us, and needs that we best can provide, before we can demonstrate how media matters to psychology.

Retreat, anyone?

Please email comments to Dr. Dardard at mediaservices@drsusandardard.com.

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Up-Coming Events

Summer Symposium

July 28-30, Lafayette

Professional Training Resources

www.professionaltrainingresourcesinc.com

American Psychological Association

August 12-15

San Diego

www.apa.org/convention

Louisiana Psychological Association

Fall Meeting

To Be Determined

Your stuff could go here.
Email me.

Psychologists

The Public Needs to Meet You

Are You Ready For Your

Newspaper Interview

Radio Discussion

Television Appearance

To Prepare Yourself

Contact Dr. Susan Dardard

Dr. Susan Dardard

Media Consultant

mediaservices@drsusandardard.com

225.635.4555