The Psychology Times

Independent Voice for Psychology in Louisiana

An eNewspaper for the Psychological Community

Vol. 1, No. 2 October 1, 2009 Vol. 1, No. 2



Dr. Art Rosenkrantz looks on while Dr. Mike Chafetz directs him to the website for "Grassroots Initiative." photo by Erica Prentkowski

Dr. Matthews named President-Elect APA Div. 31

Dr. Janet Matthews becomes the new president-elect of APA's Division 31 in January. This APA Division promotes the issues of the state, provincial, and territorial associations and helps promote their interests and voice within APA. She has served the Division since 2005 as its Fellows Chair. The Fellow status is offered to individuals who have made unusual contributions through their leadership activity. Dr. Matthews is a tenured Professor at Loyola in New Orleans.

Psych Departments Coping Well with Recession

Budget cuts are impacting colleges around the country, combined with "unprecedented enrollment growth" on the back of the largest high school graduating class the nation has ever seen, as noted on the National Center for Public Policy & Higher Education's website.

Psychology Times spoke with three Chairs at Louisiana campuses that are feeling the expected pressures, and doing well. Some are coping by working harder, and adapting where needed to

Cont pg 3

Grassroots Initiative Formed for Revitalization of Psychology in LA

In response to the issues affecting the psychological community in Louisiana, a group of psychologists have launched "Grassroots Initiative." The mission of the group is to revitalize psychology in the state, supporting the interests and contributions of all psychologists, and helping reconnect with important core values.

Spokesperson for the group, Dr. Mike Chafetz, said to *Psychology Times*, "We are forming an open community free from the hidden agendas that have been so draining to professional psychology in Louisiana. There has been so much inactivity for so

Cont pg 3

Ex Dir LSBME, Dr. Bolter, Testify at Senate Committee

In May Senator Ben Nevers from Bogalusa introduced the Act 251 to the Committee on Commerce, Consumer Protection, and International Affairs.
Testifying for the bill were Dr. Robert Marier, the Executive Director of the LSBME and Dr. John Bolter of the Louisiana Academy

Self-Nominations Open, Three Vacancies on Bd

Self-nominations are open for three positions on the Board of Psychology. Resignations by Dr. Ally and Dr. Dammers create two openings, adding to Dr. Rovartis' current term coming to a close in June 2010. LPA has sent notices to licensed psychologists for self-nominations, and must be returned (post-marked) by October 21st.

of Medical Psychologists. Senator Nevers introduced the bill saying, "I filed this bill because I believe it brings about better health care for our citizens in this state."

Dr. Marier also testified. saying, "This is a legislation represents an extraordinary collaboration, as Senator Nevers has mentioned. involving the Board of Medical Examiners, the Academy of Medical Psychologists, the State Medical Society, and the Psychiatric Medical Association, all of whom are in support of this bill. It arose because leadership of the Academy of Medical Psychologists came to uscame to the board-and said that they would like to come under the board, and felt that this would improve access to psychiatric care throughout the state,

Cont pg 2

Editorial Page

Open Systems

by Julie Nelson

In the 1960s, when I was about ten, my father, the editor/publisher of a weekly newspaper, took on the KKK in what was surely the poorest, most backward place in God's green creation—Red River Parish. It was a long battle with lots of skirmishes.

One evening, just after dark, the family was sitting at the table, finishing supper and as was typical, my father was talking and everyone else was listening. My mother and father, both journalists in a small, sleepy little parish, always focused on the human dramas that unfolded in this rural community, the people, the society, the news. This night was no different.

We all sat in front of the three large windows finishing dinner, and I was listening. Then, a light in the middle of the large dark yard caught my attention. I squinted. Then squinted again. Finally I pointed to interrupt my father, and asked, "What is that?"

In the middle of the yard was a burning cross. Not just any cross, but one of those famous KKK crosses. It had been burning a while. The wood was almost gone, and the flames had made their way into the yard, into the ditch, and even down the highway. But almost at the same time, the local fire truck pulled into our yard and men jumped down and began to put out the fire.

The KKK members had waited down the road in a cow pasture to see my father's reaction, but when no one noticed the fire, or how it was spreading, they had to summon the firemen. Some of those in the group were also the firemen. It was a very small town.

It was not a particularly successful cross burning, and it got worse.

The next day, my father had me draw up a sign that said "See genuine KKK cross, 25¢" and we placed it in the yard. He took a photo of the cross, the sign, and the yard, and put the photograph and the whole story of what had happened on the front page of the newspaper for the next edition.



Inkblot representation of Senate hearing: Left to right: Dr Marier, Senator Nevers, and Dr. Bolter.

Senate...

promoting collaboration between physicians and medical psychologists, and also to provide for the future development of Medical Psychologists as a profession. We all recognize how much they do, how important their work is, and we wanted to provide them with opportunities to develop professionally."

Dr. Marier reviewed the basic provisions of the bill saying, "It requires applicants for licensure as medical psychologists, after the transfer, to be licensed as psychologists, by the Board of Examiners of Psychology as a requirement for applying to us for licensure as medical psychologists. But once licensed by us they would no longer be licensed or regulated by the Psychology Board."

"Bottom line," he said, "is this bill provides for improved access and future development of these professions and we believe it may establish a pattern for other health professions and other states, looking at expanding scopes of practice for various types of health care providers."

Dr. Marier explained the amendments, one to add a psychiatrist to the Advisory Committee and educational requirements for Advanced Practice.

Dr. John Bolter testified saying, "I would like to poin out the historical significance of this Act. Five years ago on May 6th, Governor Blanco signed the origina Prescriptive Authority for Medical Psychologists. So it is significant that we have come full circle in the sense that our professions have begun to work together for better patient care in Louisiana and we are very proud of that."

(Editor's note: This report is based on information from the Broadcast Archives of the State Senate. http://senate.legis.state.la.us/commerce/archives/20 (09/video.htm.)

Grassroots...

long. So much of our energy and resources have been exploited for so long, by people who no longer identify with psychology."

According to Dr. Chafetz, "Grassroots" will seek an inclusive, open, and positive direction for psychology, supporting the values that psychologists believe in and practice. He also noted that the group is interesting and enjoyable. "I'm having so much fun," he said, about the people and types of activities in the formation stage of Grassroots. "This is a great group of people who are enhancing interest and energy in our profession in Louisiana. This is the most excitement I've had in psychology in a long time."

The Grassroots group, which has been growing in numbers since July, also aims to work toward a more responsive, participative state professional organization, and a more diverse, representative psychology board.

"We want to let everyone know that they are welcome to join with us. I think it would be cool to have as many people involved as we can." Interested persons can contact the group at info@grassrootsinitiativel_A.com, for more info.

(Disclosure: Julie Nelson is a member of Grassroots Initiative.)

Psych Departments...

keep standards high for the students.

Dr. David Williamson, Department Chair at University of Louisiana at Monroe has been teaching behavioral statistics for vears, is his own secretary. and often answers his own phone. Nevertheless, his enthusiasm for the field of psychology comes across immediately, as does his confidence in seeing his department through any rough times. "We're doing good," he said. "We've reduced some offerings, but no tenure track people were laid off. And, we've got this year covered. We didn't have too many budget cuts. But we can absorb more cuts if needed," he explained. While not a time that the department can grow or add many new courses, "The US economy would have to get far worse and be gloomy forever more, to be a problem."

Dr. Robert Matthews, Chair at LSU in Baton Rouge, said, "At this point in time we have the same operating budget as last year. Except for a hiring freeze we are operating as normal." He noted that Arts & Sciences gave up some vacancies, and some assistantships were lost. But morale is good and the department is well prepared to see the recession through. And, the quality and variety of activities at LSU continue, for both faculty and students, with most of the cuts coming in the non-academic areas.

At Northwestern, Acting Chair Dr. Susan Thorson-



Barnett is aware of the uncertain economic climate, but copes with a positive relationship with her administration and a proactive approach to handling lean times in her team.

"Everyone is teaching more. Even the Provost is teaching three classes," she said, describing the underlying positive climate and natural teamwork that is common to this college and to the mid-size, friendly city of Natchitoches. NSU flags wave on the cobblestone front street of the charming, historic town, and along LA 6 to I49, showing the local support and pride in the University.

Dr. Thorson-Barnett explained that maintaining morale by sharing the extra workload, supporting one another, and expressing appreciation, helps to buffer the faculty in stressful periods. "We have wonderful instructors, and many have taken on the overload. Everyone at every level is pitching in," she said.

She feels fortunate to have avoided the furloughs, and tenured faculty are secure. While there have been some reductions in face-to-face adjunct staff, the department has a "huge, online program" and adjunct instructors have been able to take on some of these classes. She also noted that the graduate faculty still holds to their typical high standards when supervising graduate students' theses, noting that everyone is pushing harder when needed.

While at times frustrating, she said that everyone pulls together and stays prepared to help reduce the negative aspects of a tighter budget. The Department's Administrative Assistant, Lanay Baldridge, said, "Everyone is coping by being as prepared as we can be. We have a wonderful team." When asked how she was doing, Ms. Baldridge answered, "I'm not a worrier, so I just cope, and count my blessings."

LSU Professor, Dr. Kelley, Continues Post-Disaster Study

LSU Professor Dr. Mary Lou Kelley was awarded a grant of approximately \$378,000 to study the psychological impact of hurricanes on Louisiana youth. One of the main goals of the research was to identify risks to children who are caught in these disasters. An additional goal was to isolate the protective factors related to how children adjust to changes and stress after disasters like Katrina and Rita. More than 500,000 families lost their homes in these Louisiana storms and a major impact was born by the children, who were displaced from their communities and forced to deal with unusual stresses.

In this project, Dr. Kelley and her associates will also develop measures of coping and social support that will help others in the future, as well as curriculum materials for families in post-disaster situations.

Approximately 200 families who were exposed to hurricanes in New Orleans are participants, with 85 Baton Rouge comparison dyads.

In the latest update, Dr. Kelley noted that the current project extends the evaluation of mother-child dyads over the next three years with special emphasis on recovery and resiliency. She and her graduate students at LSU will be conducting focus groups with participants from the Katrina areas, with the goal



Dr. Kelley and her team. Left to right: Dr. Mary Lou Kelley, Julia Vigna (graduate student using data for her dissertation), Allison Battaglia (undergrad RA), Jennifer Maul (undergrad RA), Julia Thompson (graduate student who supervises RAs) and Arlene Gordon (graduate student). Julia Vigna, Julia Thompson, Arlene Gordon, anc Meghan Burns (not shown) will all present posters in November.

of uncovering the factors for positive adjustment. Spirituality, self-efficacy, and expanded analysis of social support as included areas of focus.

Dr. Kelley observed that participants who lived in Renaissance Village, a Baton Rouge, a FEMA supported trailer park, "indicated a preference for the trailer park over current apartment housing, because of a greater degree of social support and the sense of community experienced in the congregate housing."

One aspect of the study, the development of psychometrically sound coping measures, has been submitted for publication. Four research papers have been published or are under review for publication. Dr. Kelley was one of 100 psychologists selected by the APA to participate in the 5th Annual Science Leadership Conference in November.

Four poster sessions will be

Louisiana only State Where Psychologists Regulated by Medicine

In response to a question by an LPA member, the APA Practice Directorate personnel noted that they are not aware of any other state where the practice of psychology is regulated by the state medical board. There are some states where mental health licensing is comprised of doctoral-level psychologists, and other professionals, including those at the masters-level, in an omnibus licensing board. But, Louisiana appears to now be the only state where regulation and licensing, specifically of medical psychologists, comes under the authority of the state medical board.

presented in November, two at The International Society of Traumatic Stress Studies in Atlanta and two at The Association of Behavioral and Cognitive Therapies in New York.

Close-Up Dr. John Simoneaux and son Byron

I was honored to be able to speak with Dr. John Simoneaux and his son Byron, who was visiting for the weekend along with his wife Milka and their brand new baby girl. Dr. Simoneaux is a licensed psychologist from Alexandria, whose practice is primarily in forensics. Byron, one of John and Gayle's twin sons, is in the doctoral program at Louisiana Tech.

"Wait a minute while I hand the baby over to Byron," John said. He was holding his two month-old granddaughter, Isabella Maria, his and Gayle's first grandchild.

John grew up in Morgan City and after attending Nicholls as an undergraduate, he completed his doctoral training at Texas Tech. His internship brought him to Central State Hospital. "We had a great, great staff," he told me, speaking about the highly regarded Adolescent and Children's unit that he came to manage. "I had intended to be there forever," he said. But, when his strong personal and professional ethics clashed with those of a politician, he chose to leave.

In the varied experience he had acquired at Central, he had been introduced to forensic work. This contribution steadily evolved for him until today, it is the primary focus for his private practice. His work is almost totally in forensics and includes assessments for the court, child custody evaluations, sanity evaluations, consultations with attorneys, and other legal issues.

But John described to me that he



Dr. John Simoneaux (center) with son Steven (left) and son Byron (right) Byron is in the doctoral program at Louisiana Tech, and an accomplished musician. Steven is also, and runs a music store in Gonzales. Both sons are frequent musical contributors to "Summer Symposium," a three-day conference presented by PTR, Dr. Simoneaux's Training firm.

has also "always had a love of teaching." In graduate school he minored in higher education and had fully intended to get out and teach. "But," he said, "I realized that I didn't know anything."

So, even though he wanted to teach, that required him to know something first, which he said, "Took me about 10-15 years." But then, John had another problem. "When I finally felt I'd learned enough to teach, I couldn't afford to. That's when we started Professional Training Resources."

Professional Training Resources is a business where teaching, learning, and having fun is near and dear to the Simoneaux family. Gayle, a retired teacher, helps register and makes sure everyone is comfortable. Byron and Stephen, have pulled together over the years, doing whatever is needed. John mentions that while it has taken a rather long time to become profitable, today PTR conducts about fifty presentations a year. They provide training for the Office of Community Services, individuals, and organizations like Regions. "We do a fair amount of training with judges and attorneys, the 'Judicial College,' a summer school for judges in Florida, and multiple talks on family law and competence" for a variety of legal and healthcare professionals.

"Several years ago we started 'Summer Symposium," he said. "We do three days in July and it's designed so someone can come and have all the CEs they'd need for the year." The program is approved for APA, but also for a number of professions, with multiple presenters, and different tracts. PRT is APA accredited for psychologists, but likewise is approved



Byron, baby Isabella Maria, wife Milka, John and Gayle.

Simoneaux...

to offer CEs for Social Workers, LPCs, Rehabilitation Counselors, Substance Abuse Counselors, School Psychologists, and LMFTs. (Information is listed at www.professionaltrainingresourcesinc.com.)

"What's cool about it is that we started it with the idea that people can have fun while learning. So we really emphasize being relaxed, a friendly atmosphere. We give door prizes. We joke around. Historically our sons come and play. They're musicians. We celebrate my wife's birthday every year at that time. So in the evenings, we invite people to come and hang out with us. We play music and have the greatest time." John explained that it has grown in popularity so much that they are limiting it to 200, "So we can keep the user friendly atmosphere."

When I asked John how it feels to have a son in psychology, he said, "I'm incredibly flattered in his choice to do that." But he also explained that all through that process he felt awkward, because while he didn't want to push Byron, or Steven either, he may have wound up actually being less proactive or helpful as maybe he should have been.

Byron Simoneaux seems to have no problem about that, and handing baby Isabella Maria back to John, said, "You're always interested in what your parents do." But in his case, it was even clearer just what was the true nature of his father's career. "We grew up, until age 7 or 8, at Central State Hospital," he told me. "We were living on the grounds of the hospital, so it's not like he went off to work. He walked out the front door. We saw the patients walk past our house, and we got an early introduction to the fact that there are some people in the world that do need help."

"As we grew up, he started PTR, the training business. My brother and I helped in all sorts of ways. We'd set up, move things, and stick around to help lift, but also we'd stay for some of the talks." Sometimes Byron and his brother Steven would perform, being very talented musicians. Byron is a violinist and was concertmaster for his high school orchestra, going to college on a music scholarship.

"When I got to college," Byron continues, "I took a job working at Cane River Children's Services and I ended up really liking it," Byron said. The clinical work meant so much to him that he continued at that position while he entered the clinical psychology master's program at Northwestern. Then he wanted to go further. "I always felt I wanted to go to grad school, always felt there was more I could learn that would help me benefit people more," he said. Currently Byron is in the doctoral counseling psychology program at Louisiana Tech.

I asked John about Byron's study and accomplishments. "I've been so flattered to watch him do this and he already knows far more than I do at this point—he's smarter than I am. He truly is. Now when we get together, besides talking about the baby, we can talk about the profession. So it's really very, very cool."

After just a little time with these two, with their sincerity, warmth, and concern for people and family, you might hope as I did, that there'll be at least one opening left at next year's Summer Symposium.

We are pleased to announce the opening of the clinical practice of:

Denise L. Newman, Ph.D.

A Licensed Psychologist in the Practice of Clinical Psychology and Developmental Psychopathology

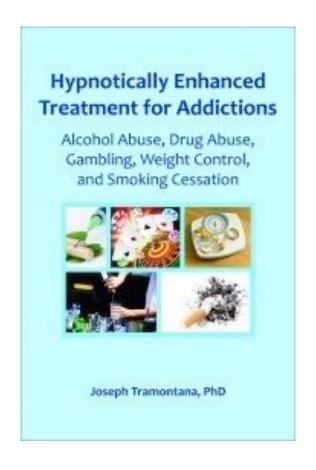
Adult, Child, and Parent-Infant Mental Health

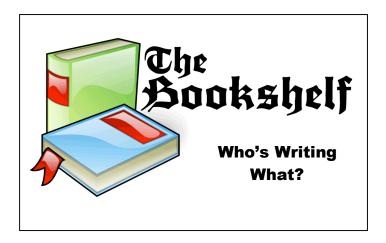
Psychotherapy & Consultation
Psychological Assessment of
Developmental, Learning, Attention, and SocialEmotional Disorders

By appointment at: 4616 South Carrollton Avenue New Orleans, LA 70119

Phone 504 482-1412 FAX 504 482-2615 Email Dr.Newman@me.com

An "In-Network" Provider for Blue Cross/Blue Shield PPO/POS





Dr. Joseph Tramontana has been a Licensed Clinical Psychologist in Louisiana and Mississippi for 38 yrs. He completed a BS degree at the University of New Orleans (then UNO), MA and Ph.D. degrees in clinical psychology from the University of Mississippi, and a clinical internship at the University of Tennessee Medical School in Memphis. He received Certification in Clinical Hypnosis from the American Society for Clinical Hypnosis, and is a certified counselor through the National Institute of Sports Professionals. Joe also is a longstanding member of the American, Mississippi, and Louisiana Psychological Associations.

While a mental health administrator, Joe authored and secured a number of federal grants for alcohol and drug abuse treatment. He has been in private practice for the past 31 years; after Hurricane Katrina he moved his office to Baton Rouge. Joe belongs to the Southern Pain Society and the Mississippi Pain Society. One day a week he works at a Pain Management Clinic in the New Orleans area. In addition, once a month he travels to the Mississippi Gulf Coast to see his long-standing, chronic pre-Katrina patients.

Joe has written a comprehensive book for clinicians entitled *Hypnotically Enhanced Treatment of Addictions:* Alcohol Abuse, Drug Abuse, Gambling, Weight Control, and Smoking Cessation, recently released by Crown House Publishing, Ltd.

The book offers treatment strategies, techniques, and scripts, and also reviews traditional methods of treating addictions in an outpatient population.

According to Bruce Eimer, author of *Hypnotize Yourself out of Pain*, stated: "This is the book I've been waiting for......It is a must read for every conscientious therapist." Kris Kumar, a faculty member of the American Society for Clinical Hypnosis, described it as "a truly practitioner-oriented book . . . user friendly with plenty of metaphors, stories, scripts, and techniques." Dabney Ewin, M.D., former President of the American Society of Clinical Hypnosis and a highly regarded expert in the hypnosis field, stated "It is surprising that so little has been written about hypnosis for treating addictions, since it has been so successful in treating other refractory medical and mental disorders. Dr. Tramontana uses it skillfully, and his strategy and scripts are easy to follow."

Joe is well into writing his next book, Enhancing Peak Performance through Sports Hypnosis.

"I love to write," Dr. Lynn Schechter said, explaining that she comes from a long line of literary people, including a grandmother who was one of the first graduates of Wellesley College, English teacher and Dean of a high school. "I've always written, whether it was poetry or journaling. I'm a creative person, and I just love to write."

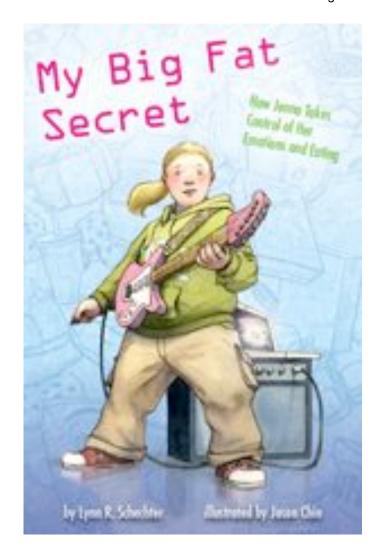
When her practice in New York and then in Louisiana led her to work with many overweight children, she began to have a growing concern for the struggles of these youngsters. "I saw how they were bullied and teased," she said, "and how often they were eating out of emotional reasons, turning to food much as adults can."

She stated that obesity was a multi-factorial problem, and often there are medical issues involved. But her collaborations with pediatricians alerted her to the need for behavioral approaches for these children. And she said, "I saw how often they were eating out of emotional reasons. Many had histories of trauma, anxiety and depression." Lynn said, "I was motivated by care and a great concern for how these kids are suffering from being overweight."

But when looking for a children's book for them, she found "absolutely nothing. There were books for adults about emotional eating. But not one book for children."

Lynn wrote her book in about an hour and a half, in a flurry of activity. But getting published was a bit different. "It was a journey, a fortuitous and challenging journey," she said. First, she sent out thirty inquiries and received thirty rejections. Then her book sat for a year until she decided to self-publish. It took another year to find an illustrator, publish, and create sales via a website. But as her work began to be acknowledged and praised, and sales increased, a trip back to APA's children's books division.



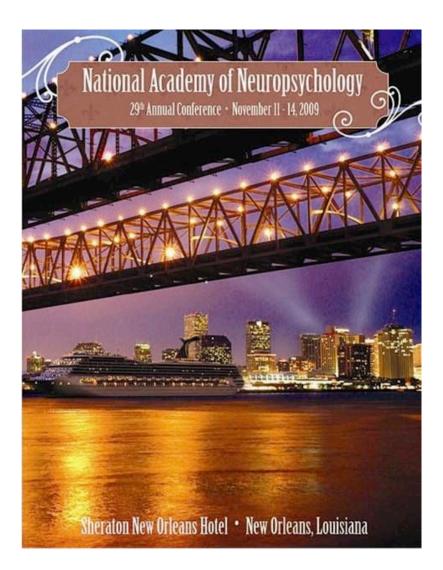


Magination Press, yielded an enthusiastic request from an editor to republish her work.

My Big Fat Secret: How Jenna Takes Control of Her Emotions and Eating is a publication of the American Psychological Association's children's book division, Magination Press. It is the featured selection this month and can be purchased at www.maginationpress.com

Dr. Schechter currently works in private practice in Baton Rouge, specializing in psychoeducational assessment and treatment of learning disabilities, attention disorders, developmental and emotional and behavioral problems, emphasizing a culturally-sensitive family approach. Her degrees are from Cornell and Columbia University, and she has worked in schools, public clinics, hospitals, and private practice.

In 2007 she presented a paper about experiences as a helper in post 911, post Katrina and Gustav, at APA. It was published in the journal, Traumatology, a Sage Publication.



Up-Coming Events

National Academy of Neuropsychology Holds Conference in NO

The National Academy of Neuropsychology will hold its 29th Annual Conference in New Orleans, November 11 -14 at the New Orleans Sheraton on Canal Street.

"New Orleans is a city rich in culture and charm, buttressed by resilience," says Tim Wynkoop, Ph.D, ABPP/ABCN, this year's program chair. He notes a parallel to the style of the conference, offering "clinical application" supported by "hard science."

In speaking with the *Times*, Dr. Wynkoop explained that the main theme of this year's conference is the "science and practice of forensic neuropsychology." But he reminded, "You will find plenty to peak your curiosity and to learn at the conference even if you are not a neuropsychologist."

Leaders in the field will present a wide variety of topics, with 65 sessions in all, covering personality and intellectual assessment, psychometrics, dementia, pharmacology, substance abuse, child and adult ADHD/LD, pediatrics, geriatrics, neuroimaging, battle injuries, cultural diversity, malingering, and more.

The keynote speaker for this year's conference will be Todd Feinberg, MD, of Albert Einstein School of Medicine, presenting "From Axons to Identity: Keys to the Mysteries of the Brain and Self."

Thirty-eight of the 65 sessions are available for CE registration, and all Special Topic sessions are included with the conference fee. Poster sessions, exhibitions (where attendees will find discounted test products), and workshops designed to prepare psychologists for board certifications are offered.

Louisiana presenters will provide two offerings. Dr. Kevin Bianchini from Jefferson Neurobehavioral Group, and Dr. Kevin Greve from the University of New Orleans will present "Pain Psychology for Neuropsychologists" on Wednesday afternoon. This CE workshop explores the range of psychosocial and socioeconomic factors complicating the recovery of patients with chronic pain, including detection and diagnosis of malingered pain-related disability.

In a Special Topics presentation, Dr. John Bolter, from the NeuroMedical Center, and Drs. John Mendoza, James Quillin, and John Courtney, will present, "The Practice of Medical Psychology in Louisiana: Neuropsychological and Psychopharmacological Perspectives and Lessons Learned." Discussants will review the political controversies that accompanied the passage of regulations, both from within and outside the profession of psychology, and the strategies adapted to successfully negotiate them."

More Up-Coming Events

Fascinating Films and Continuing Education Too, in New Orleans

by Carolyn A. Weyand, Ph.D.

Let me first introduce you to the New Orleans-Birmingham Psychoanalytic Center. The Center has been actively training psychoanalysts for more than 60 years. We've been one of New Orleans' best kept secrets. Things have changed. I chair the Outreach Committee and I want to reach out to you with information about The Center's continuing education activities for mental health professionals. The Center offers continuing education programs, co-sponsored with The American Psychoanalytic Association, in addition to training future psychoanalysts.

Coming up in October, we have two film discussions. The first film, <u>Grey Gardens</u>, is one in a series of films, <u>Film as Insight into the Psychological Lives of Historical Figures.</u> The second, <u>The Exonerated</u>, is one event of two funded by The Ernest O. Svenson, M.D. Fund for Psychoanalysis and the Arts.

Sunday, October 18, 2009, Grey Gardens will be featured. Denise Dorsey, M.D., will lead discussion of this film about Jackie O's reclusive aunt, Edith Bourvier Beale and her cousin, Little Edie who lived in a neglected, sprawling estate in East Hampton, Long Island. Their home became the center of scandal when their lives were revealed. Viewing, followed by discussion, will begin at 2:00pm at the New Orleans Birmingham Psychoanalytic Center, 3624 Coliseum St., New Orleans.

The Center charges \$5 for general admission and \$15 for participants who would like the 3 continuing education credits for which this program has been approved.

Saturday, October 31, 2009, we are screening The Exonerated. Screenwriter, Jessica Blank, who co-wrote the screenplay with her husband, Erik Jensen, will tell us how they researched and developed the true life stories of people condemned to death for crimes they did not commit. Psychologist/psychoanalyst, Carolyn

NAN Conference...

While this year's general theme is high-stepping, it doesn't mean participants can't also have some fun. A fishing event to SeaWay Marina in Lafitte, Redfish Roundup, promises you will catch a bounty of redfish, speckled trout, and flounder, then feast on the catch at a fais-do-do Sunday afternoon. A Saturday "Brain Run" gets you prepared for your Sunday gluttony. And, the Women in Leadership NAN committee allow you to express your altruism by helping revitalize a local home in conjunction with the N.O. based group, Beacon of Hope.

More conference details are available at http://nanoline.org which is a treat in itself. Early bird registration is open until October 16th for this excellent conference in our field and hosted in our state.



Weyand, Ph.D., will highlight what can be applied to the art of the psychotherapist from this film and the creative process. The program will be at the Prytania Theatre, 5339 Prytania St, New Orleans.

General admission, without continuing education credit, will be \$10. With continuing education credits, fee is \$35 for Center members and \$45 for non-members. This program is approved for 2.75 continuing education credits.

Dr. Weyand is a Louisiana clinical psychologist and psychoanalyst, practicing, teaching and writing in New Orleans. For answers to questions about The New Orleans Birmingham Psychoanalytic Center and it's programs, you can email her at cweyand@copper.net or visit The Center's website www. nobpc.org

Drs. Kronenberg and Walker Present CBT Workshop for LPA

LPA is sponsoring a 6 hour CE workshop, "Cognitive Behavioral Therapy in Practice," on October 17th, at the Baton Rouge Marriot. Presenters will be Dr. Mindy Kronenberg and Dr. William Walker, both of the LSU Health Sciences Center in N.O.

The workshop is designed for an "interactive opportunity" giving participants the chance to discuss CBT and how it is applied to different populations with various presenting problems. Topics include case studies, recent advances, and new frontiers in CBT.

Dr. Kronenberg is the project coordinator for the LSUHSC site for Early Trauma Treatment Network, and training coordinator for the Rural Trauma Services Center. She has specialized in assisting traumatized infants, children and adults. Dr. Walker has special interest in group therapy with severely and chronically mentally ill and also provides services to the Rural Trauma Services Center, along with his clinical duties at LSUHSC.

To register: www.louisianapsychologist.org.

Act 251 Advisory Committee Forming

Several sources indicate that the "Medical Psychology Advisory Committee," established by Act 251 is being formed.

It is composed of five members selected by the Medical Board. Based on reports, those serving on this committee will be Drs. Warren Lowe, Jim Quillin, John Bolter, and Glenn Ally, who recently stepped down from the LSBEP.

"The only security of all is in a free press. The force of public opinion cannot be resisted when permitted freely to be expressed. The agitation it produces must be submitted to. It is necessary, to keep the waters pure."

-- Thomas Jefferson to Lafayette, 1823.

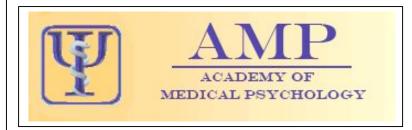
The Psychology Times is published monthly by Nelson News, LLC.

Editor/Publisher: Julie Nelson, PhD

We welcome ideas for news, features, Letters to the Editor, photos, and other material related to psychological community of Louisiana.

Editorials and commentary reflect the opinions of this newspaper. Columns and Letters to the Editor express the opinions of the writers and not necessarily those of *The Psychology Times*.

Subscription requests can be sent to PsychologyTimes@drjulienelson.com



The Academy of Medical Psychology is made up of psychologists interested in the specialty of Medical psychology. Those members of the Academy who qualify, by virtue of acceptable post doctoral training in psychopharmacology, basic sciences at the post graduate level, behavioral medicine and preparation for specialty work in healthcare facilities, which have passed one of several recognized national examinations, and who have completed a one year preceptorship qualifies for Board Certification in Medical Psychology.

Visit www.amphome.org for details. Ψ

The Psychology Times

CLASSIFIED ADS

Office for rent in West Monroe: 700 - 800 sqft, 3 offices, handicapped bathroom, small break room, and one storage/file/office room. 318.397.7447 or drmbonner@bonnersolutions.com

Set of three Czechoslovakian crystal chandeliers from a grand old home in New Orleans. Excellent condition. \$20.000, 225-784-1299.

Two side-by-side waterfront lots, 50' x 112' each. Beautiful view, navigable waterway (Delmonte Bay). Located in Avalon Beach Subdivision, near historic Milton, Flordia. \$75K each. 850-654-0077

Yes, we have a classified ad section. What newspaper doesn't? And it's free. At least for now. So, advertise your office space, your extra test kit, or if you're looking to unload those puppies, drop us a line at

PsychologyTimes@drjulienelson.com.

Psychologists

The Public Needs to Meet You

Are You Ready For Your

Newspaper Interview Radio Discussion Television Appearance

To Prepare Yourself

Contact Dr. Susan Dardard

Dr. Susan Dardard Media Consultant

mediaservices@drsusandardard.com 225.635.4555

Media Matters

by Dr. Susan Dardard

I enjoyed my oral defense of my dissertation. I respected the faculty on my committee, was passionate about my subject matter, and had prepared for a long time for the occasion. My major professor had been an English teacher and a Methodist minister before he began his career in psychology. He made sure my written words were precise and properly placed. He even supported my complex sentence structures, as long as they were correct grammatically. Best of all, he guided me with a caring, good-minister-like hand.

On that day I did my best to speak, with technical accuracy and scholarly authority, about what I had written. I fielded questions about my research design, data analysis, clinical relevance, and future studies. I talked about scientific hypotheses and statistical validation. Then. as our spirited discussion was winding down, my minor professor surprised me. He invited me to imagine that I was discussing my findings at a press conference.

I already was feeling confident enough to picture myself at a party, celebrating the end of my oral exam. To my



amazement the image of talking to a group of reporters seemed to be even more exciting. I had just walked through the door to my future. After graduation I worked at hospitals, in private practice, and on university campuses, but all roads led to being in the media.

What about you? Did your oral exam include such a question? Did you welcome the idea of talking in front of microphones and cameras, or did you want to run to the nearest exit? Do you have an interest in presenting psychology to the public now? Would you prefer to have someone else convey what you think consumers need to know? Either way, I'd like to hear from you, off the record, for now at least.

Please send your comments to <u>MediaServices@DrSusan</u> <u>Dardard.com</u>, or call her at 225-635-4555.

© 2009 Dr. Susan Dardard