



A&E TV viewers watched Dr. Suzanne Chabaud work with guest-client on the show *Hoarders*, airing on Mondays at 9 pm central time, as captured above.



Hungry?? (Photo courtesy Baton Rouge Area CVB.)

LPA Convention in Baton Rouge April 22-24

LPA is holding its annual convention in Baton Rouge, April 22-24, at the Marriott. Program Chair, Dr. Kelly Ray noted that the featured speaker for this year's event is Shane Lopez, Ph.D. "He is the architect of the Gallup Student Poll, a measure of hope, engagement and well-being," she said.

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Legislative Session Begins March 29th

The 2010 Legislative Session will begin on March 29th and is listed to adjourn no later than June 21st. Over seventy bills have been pre-filed and listed on the legislative website. Most of these have to do with civil law and

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LSBEP Honors Dr. Rebecca Nolan

The Psychology Board held its awards ceremony on February 12th, honoring Dr. Rebecca Nolan for her service from October 2004 to June 2009. She served as Chair for one year. The honor ceremony was attended

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Local Psychologist Gains National Prominence

Dr. Suzanne Chabaud, licensed psychologist in New Orleans, is receiving national recognition for her work with the A&E television show, *Hoarders*. In this captivating series, Dr. Chabaud and other experts, consult with the show's producers to help hoarders and their families

accomplish the complex task of transforming how they think of themselves, their relationship to objects, and to change their lives.

Dr. Chabaud has filmed eight episodes of *Hoarders*, developed by Screaming Flea Productions for A&E. "I'm thrilled to work with an amazing production company that shows a true commitment to the clients—the real stars of the show," Dr. Chabaud said. This intriguing and educational series airs on Mondays, 9 pm central time on A&E TV.

To produce each episode, Suzanne works comprehensively with the clients for about 30 hours, preparing and helping them from the onset of production, through filming, past the completion of each episode, and often

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LPC Bd Posts Position Statement

The LPC Board recently posted a position statement on its website, adopted in November, titled "Position Statement on Appraisal Activities: Clarification of the Distinction between Appraisals and Psychological Tests."

The announcement indicated, "The purpose of this position statement is to clarify the distinction between 'Appraisals,' which LPC's Privileged for Appraisals are allowed to perform as within the scope of practice,

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Appointments Still Pending for LSBEP

The Louisiana Boards and Commissions' office indicated on March 1st that the Governor has yet to make the three appointments to the LSBEP. The election was conducted this past December by LPA and names submitted to the Governor.

Editorial Page

Is There a Community Psychologist in the House?

by Julie Nelson

APS President John Cacioppo noted psychology is a “hub science” [APS Observer (9/07)], citing a study that mapped all the sciences. The seven ‘hubs’ were plotted, psychology falling right between social sciences and medicine. Do we identify with one side or the other, creating a natural diversity? It could explain some of the finger-pointing and tug-a-wars at the national level.

It seems that we may have resolved diversity, which carries with it a natural tendency toward conflict, by carving ourselves up. And, for those whose livelihoods depend on the “shrinking mental health dollar,” (National Psychologist, Jan/10) it could prompt the feeling that resources are scarce, another factor pushing territorial conflicts.

The perception of scarce resources, lost members, splits and tug-a-wars... I wonder if we need to regain our feel for what was once upon a time called Community Psychology.

Don Glad championed this area in the ‘70s at LSUBR, blending personality, small group dynamics, and a favorite of his—large systems. Most who studied with him remember Don for two things: 1) he was genius, and 2) he was infuriating.

Don was infuriating because he would “unfreeze” systems, yours included, by eliciting underlying conflicts, then resolving them. (Some would say he also created them, and they might be right.)

Ralph Dreger said, “Don was Wagnerian in his virtues and his faults...like the irascible genius at times... he saw things in a different perspective...” And, “Don applied his genius to the most pressing problem of the times...” Ralph was referring to race relations in the South. “There was no single individual more influential in bringing about communication in days when there was transition from segregation to desegregation and integration...” Don was “...ever willing to help in the Baton Rouge community...”

And he did it by increasing communication, by his dogged, persistent valuing of diversity, and by embracing conflict as an authentic avenue for human growth and positive change.



“Communication leads
to community,
that is,
to understanding and
mutual valuing...”

~
Rollo May

The Psychology Times
is proud to sponsor the Thursday breakfast at
LPA’s Convention, April 22nd.

Photos by Julie Nelson. Published in the 1978 LPA Newsletter in the memorial article, “Dr. Don Glad, Clinical-Community Psychology Professor at L.S.U.B.R.” D’Lane Miller and Maria Vidos pictured top photo, Alan Taylor bottom. Story by Jim Gay and Keith Wismar. 1978 Newsletter courtesy of Darlyne Nemeth.

LPC Position...

and 'Psychological Testing,' which all LPCs, including Privileged LPCs, are not allowed to perform because these tests are outside LPC scope of practice."

The paper cited "La. Rev. Stat. Ann. §37:1103(10)(e)," and the definition of 'appraisal' as "the use or administration of tests of language, education and achievement tests, adaptive behavioral tests, and symptoms screening checklists or instruments, as well as tests of abilities, interests, and aptitudes for the purpose of counseling persons in coping with or adapting to, changing life situations that are due to problems in living."

Also included were areas considered psychological testing, and therefore restricted. These were cited as intellectual, personality and Neuropsychology. The statement also listed some psychological tests as examples of instruments not covered under "appraisals."

LPA Adopted COI Rules in Dec '08

In order to comply with legal and tax standards, LPA's executive committee adopted a conflict of interest policy in 2008. The policy defines conflict of interest and notes that it "arises when a person in authority could benefit financially from a decision he or she could make in that capacity..." The policy was adopted to bring LPA up to date with necessary standards in accounting practices.

The policy instructs persons in positions to disclose to the President their holdings, family connections, or affiliations with other businesses or organizations that could result in conflict of interest.

The policy also describes how the President is to manage these issues, including taking steps to ensure full disclosure, having the individual recuse himself or herself from certain



Some members of the LPA Bylaws Revision Committee finished up part of the work on Saturday February 27th. Chair Dr. Phil Griffin (far left) indicated the group had solid agreement on changes for greater representation by membership.

Dr. Nolan...

by board members and held at Dr. Joe Comaty's home.

The current Chair, Dr. Jillandra Rovaris commented to *PT*, "Rebecca Nolan, affectionately known as Becky, has a love for fine foods and great pictures. After we took care of the business of the Board, Becky always wanted to fellowship over a good meal while taking many pictures. The Board was challenged with the taking of pictures, but we all cooperated. So, at her Honors Ceremony, it was only fitting for us to have an array of fine foods along with a gift of a T-Shirt that read 'Say Cheese.' It was a lot of fun and she seemed very pleased."

Executive Director Jaime Monic said to *PT*, "It was a pleasure working under Dr. Nolan's direction. She served the LSBEP with dignity in upholding professional standards for the practice of psychology and a sincere concern for the welfare and safety of the public. In her 5 years of service, I do not recall that she ever missed a meeting, which speaks volumes to her dedication when you consider that she made the drive from Shreveport on a monthly basis. We will miss her!"



decisions, or asking for their resignation.

The document also includes a "Whistleblower Policy." LPA is to encourage complaints and inquiries about serious violations, and prohibit retaliation for those making good faith complaints.

Legislative session...

governmental affairs. HB20 has been assigned to Health & Welfare, and concerns mandatory reporting of sexual abuse of adults. Bills can be researched on the Louisiana State Legislative website at <http://www.legis.state.la.us/main.asp>.

Dr. Chabaud...

continuing to work with them afterward. She said, "The show's format allows for people to intensively face their problem and quickly experience significant, first steps toward recovering from the effects of compulsive hoarding. We often witness and share in the clients' newfound freedom and joy as life starts to reenter their homes." Clients are assisted with follow-up services that can promote continued gains.

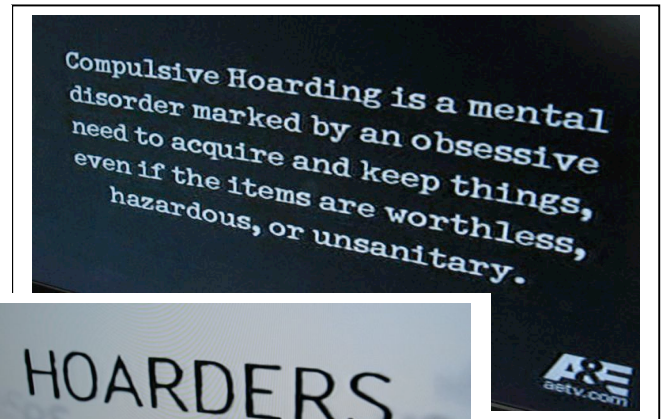
Suzanne works with everyone from top personnel at A&E to the clean-up crew. Speaking about the production group, she said, "I am struck by the pervasive and strong commitment to the families and a high level of professional networking and support."

"I am fascinated by hoarders' real life journey through a world of stuff—what I call hoards," Suzanne said. She noted that compulsive hoarding cannot be neatly defined or easily placed in the taxonomy of mental disorders. "It is a multidimensional disorder that affects and is affected by difficulties with emotional, cognitive, and sensory processes. Along with compulsive hoarding, clients can have symptoms in a number of overlapping categories, such as OCD, depression, dementia and even anorexia."

"Even though I have treated OCD intensely for 15 years and 70 percent of my clients have it, many clients are just beginning to admit their hoarding behavior," she said. "My appearance on *Hoarders* helps put a human face on the disorder. On the show, we see that people have a unique story of desperation and a remarkable opportunity for recovery. People are encouraged to speak out knowing that others, not much different from themselves, can learn from their story. They have so much courage to open their homes up to millions of viewers," she said.

During each episode, people who hoard objects are challenged to navigate through the "psychological pain stemming from a world dominated by an acquisition of objects and a pathological failure to discard them," she said. "Often they are surrounded by mounds of what has become useless objects. Even collectables and sentimental objects become lost and damaged in the clutter." When the disorder is severe, a hoarder's home is a place revealing a "gross failure to keep what is essential for a good life and get rid of what is not good, unneeded, and basically too much."

Not all hoarding reaches this level of severity. "In early stages of hoarding and clutter, acquiring can simply comfort people," she told *PT*. Suzanne said, "We all know people like this. Their homes can be comfy, just a little crowded. In a few hours, they can get the house ready for guests by clearing the needed table, sofa and counter. But the rest of the house is loaded with too many things. Books might be piled on the floor, giving people the impression that the hoarder is simply a very busy and intelligent person who is



an avid reader. As a visitor, you might feel nested amidst all the objects. As soon as you get home, you are inspired to start getting rid of things. Hoarders don't. In a matter of days the vertical surfaces of their homes are covered again. Nevertheless, they only see themselves as pack-rats."

Hoarders depicts individuals at the most advanced stage of severity, when hoarding
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Nutrition and Health

In a large (n=5,918), population-based study of both sexes and two age groups, researchers measured mental health status.¹ They examined anxiety and its relationship to the amount of choline in the blood. A significant inverse relationship between plasma choline and anxiety was found. However, the relationship did not extend to depression. Choline is necessary for the production of acetylcholine, an important neurotransmitter.

¹ Choline in anxiety and depression: the Hordaland Health Study. Bjelland I. Tell GS, Vollset SE, Konstantinova S, Ueland PM. *Am J Clin Nutr*. 2009 Oct; 90(4): 1056-60.



<http://www.metamatrixinstitute.org/>

Dr. Chabaud...

has a profound impact on their lives, such as a threat of an eviction or a report to child protective services. "Children are the silent sufferers in this disorder," Suzanne explained. "When the disorder is extreme, children can barely function, suffer health problems and are at grave risks for real harm such as being trapped in a house fire or infected by rodent bites. Hoarding changes family dynamics and prevents healthy family growth. It short circuits every form and function of life."

Similar to other severe mental illnesses, the whole family can acquire symptoms. "Children become lonely and embarrassed, and can not bring home friends. If they are lucky, they find comfort and friendship in other people's homes. Some stay overly close to the hoarding parent. These children watch the other parent become consumed by the disorder or distance from the home. I have seen the spouse of a hoarder work two jobs to support the hoarders purchases and sleep on the sofa because the hoarder took over every bedroom in the house."

But, "Despite these sad scenarios," she said, "the majority of hoarders and their children appear to be incredible people who have an amazing ability for resilience and prosperity. The lost and forgotten person behind the hoard starts coming forward and the children are grateful for the help and opportunity to function as a normal family."

"Unfortunately," Suzanne said, "most families do not have the resources that A&E and Screaming Flea Productions gives their guests. They usually don't know where to turn and fear how their community will respond to them."

She recommends that psychologists do more than simply add hoarding to a symptom checklist. "In my case," she said, "for years, I simply didn't ask: 'Do you have lots of things in your house, so many that the amount of things overwhelms you? Do you ever feel like you are running out of space but you keep getting more stuff? Do you get nervous when you think about letting go of things?'"

At her new facility, 733 Dante Street in New Orleans, Dr. Chabaud and her supervisee, Tim Kershenstine, Ph.D., are developing an intensive day-patient program for OCD. Blending her cognitive-behavioral approach with Dr. Kershenstine's techniques for accessing emotional, physical and sensory systems, she hopes to improve on ways to help clients reestablish a connection "to the whole person," she said. "This is what we are trying to do. We are helping clients be in the world in a different way, a way that brings

Oregon Passes RxP Legislation

Oregon passed a bill establishing a "Committee on Prescribing Psychologists" within the Oregon Medical Board, and allowing licensed psychologists to apply for prescribing certification. The Committee is to be composed of seven members— four psychologists appointed by the Psychology Board (one who will serve as chair of the committee), and three licensed physicians appointed by the Medical board.

The psychologist is required to maintain their license as a psychologist to be "certified" by the medical board to prescribe, according to Debra McHugh, Executive Director of the Oregon Board of Psychologists Examiners. And, the Medical Board must have the concurrence of the Psychology Board to pass rules governing the prescribing practices of psychologists.

However, the prescribing psychologist must collaborate (defined as "...a process that involves two or more persons working together, each contributing that person's respective areas of expertise to provide more comprehensive care than one person alone can provide") with the "health care professional who oversees a patient's medical care."

more joy to their lives." Her team will also offer support groups for OCD and hoarders for a nominal fee. "We want to know their stories and we are ready to help. This is not a hopeless condition."

You can contact Dr. Chabaud and Dr. Kershenstine for additional information, including their workshops and continuing education services at schabaud@msn.com or 504-915-9590.



L to R: Dr. Suzanne Chabaud, guest client Augustine from *Hoarders*, and Dorothy Breininger a professional organizer.

Close-UP

Dr. F. William Black

"There is no one favorite aspect of my career," Dr. F. William Black answered, "I've loved it all, and continue to." This enjoyment for his field seems clear when considering his contributions in Neuropsychology, a career path that has included depth and breadth; clinical service, teaching/supervision, writing, research and forensic consulting.

Dr. Black is Professor Emeritus of Psychiatry and Neurology at Tulane University Health Sciences Center and served as Director of the Neuropsychology Laboratory at the Tulane University Hospital, Director of the Postdoctoral Fellowship in Clinical Neuropsychology and Associate Training Director of the Clinical Psychology Internship at Tulane. He also served as Professor of Neurology and Director of the Neuropsychology Laboratory at LSU Medical Center. He was Captain in the U.S. Army Medical Service Corps, and Chief of the Psychology Service at Fitzsimmons Army Medical Center in Denver. He is an expert witness, testifying in many Federal Jurisdictions and state courts, and continues his forensic practice in Maine and Louisiana.

Among numerous appointments, Bill has served on the LSBEP, the Louisiana Brain and Spinal Cord Injury Task Force, and the NASA Scientific Advisory Review Committee. Included in his many professional memberships are NAN, INS, APA, ASPPB, and the Association of Military Surgeons of the United States. He is a founding member, previous president and treasurer of the N.O. Neuropsychological Society.

In collaboration with his LSUMC Neurology colleague, Richard Strub, MD, Bill has co-authored three medical textbooks, including an eminently useful and enduring text, *The Mental Status Examination in Neurology*. First published in 1977, new editions continue in popularity, and now span over twenty years, with French, Italian and Japanese editions. "We did the book for one primary purpose," he said. "And that was to help us teach neurology residents how to evaluate patients behaviorally. There was no such thing back in 1977 when F.A. Davis first published it. It apparently hit a cord; residents are still buying it – and some psychology graduate students are still buying it."

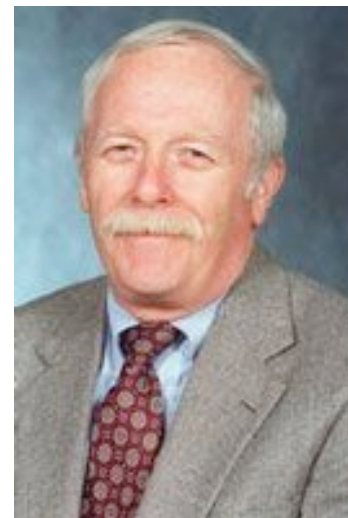
With his coauthor, Dr. Strub, Bill has also authored *Organic Brain Syndromes: An Introduction to Neurobehavioral Disorders*, and *Neurobehavioral Disorders: A Clinical Approach*, both published by F.A. Davis. Bill has also contributed seven chapters to edited

texts, published 86 articles and presented at regional, national and international conferences. He served on the editorial review board for *Archives of Clinical Neuropsychology* and is currently a Consultant Reviewer for fourteen prestigious journals.

Bill made the decision to study psychology after working with a cognitively/emotionally-disabled child at Pineland Hospital in Maine while an undergraduate. "My responsibility," he said, "was to spend time each week with a child, who was assigned to me by the institution, and to entertain them and do whatever I thought was either nice or therapeutic. I absolutely loved it," he said.

"My career path was odd," he explained. "I thought I wanted to be a child psychologist." He had graduate and post-graduate experience in evaluation and rehabilitation of brain-injured children. However, after he graduated from Boston College in School/Clinical Child, the Army called him to active duty and assigned him to Fitzsimmons in Denver. "They didn't have a whole lot of need for full-time child clinical psychologists," he pointed out. "At that time, Fitzsimmons was one of the major rehab settings for patients who had been injured in Viet Nam. I got to deal with a whole series of brain-injured adults, mostly men who had shrapnel wounds of the brain. That quickly propelled me into the field of adult Neuropsychology." Later in the 70s, he came to the LSU Medical Center in NO as Assistant Professor of Neurology and Director of the Neuropsychology Laboratory, and expanded in this area over the next decades. "Unlike most Neuropsychologists, after I got into neuropsych, I never did general clinical work again. I was too busy doing clinical neuropsychology". In the late 80s Bill "moved across the street" to Tulane's Department of Psychiatry and Neurology.

"I was born and raised in Vermont and went to college in Maine," he said. He and his wife, who is from Louisiana, both like Maine and had anticipated moving there some day.





Dr. Bob Baker and Dr. Alicia Pellegrin on break at recent Grassroots meeting. Dr. Baker said he was competing soon in the Masters' Track & Field.

Theory X & Y

Editor's Note: Some of our IO colleagues have graciously agreed to be quest columnists! Yahoo. This month's article is...

by Dr. McKay Bonner, IO Psychologist.

Four decades ago Douglas McGregor noticed something profound about human motivation and organizations, and it has been a part of IO psychology ever since. His early ideas and contributions were laid out in the 1960 management classic *The Human Side of Enterprise*, and viewed as one of the most important management texts ever written. His ideas were rebooted again in 2000 by Heil, Bennis, and Stephens in *Douglas McGregor, Revisited*, about which Peter Drucker said, "With every passing year, McGregor's message becomes ever more relevant, more timely, and more important."

One of McGregor's contributions was the concept of Theory X and Theory Y. Leaning on Maslow's theory, McGregor saw that those in leadership could have one of two sets of beliefs about people, and that these beliefs to some extent would be self-fulfilling. He called these two contrasting sets of assumptions about human nature, Theory X and Theory Y.

Theory X managers hold the idea that people are naturally lazy, that people dislike work, that they must be controlled or pushed in order to be productive, and that they will try every way possible to avoid responsibility.

A contrasting set of assumptions is held by Theory Y managers, McGregor said. Theory Y managers view people as naturally creative, self-directed, and willing to seek opportunities to be responsible and productive.

There are differences in the workplace and there is a place for both theories. But, overall, Theory X values strict rules and discipline. Theory Y values people.

McGregor's view was that the more leadership held to Theory X, the more restricted the organization would be. In contrast, the more the management aligned its beliefs with Theory Y, the stronger the move to an "intrinsically motivating, actualizing organization."

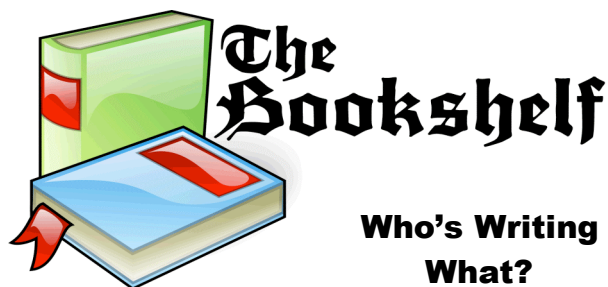
Black...

Then Katrina happened. "We went to Rockland, Maine to spend what we thought was a week," he said. "Later, when they lifted marshal law, we finally got back and found that our house was flooded, our rental property was flooded, my car was flooded, and Tulane was shut down." So, about a year later, Bill and his wife moved.

He's currently Medical Consultant in Neuropsychology at Unum in Portland Maine, Director of Northeast Neurobehavioral Services in Westbrook Maine. He also maintains a consulting practice in New Orleans. "At Unum," he said, "I get to read neuropsych reports from psychologists all over the United States. It's always entertaining – for a variety of reasons."

His advice for early career psychologists? "Do in psychology what you really want to do. Don't do something because it's a job. And hopefully, what you really want to do, will generate money so that you can make a living at it." That seems to be the wisdom that Dr. William Black has followed himself, creating a career that inspires a bit of awe.

"I thought it was incredibly fun," he said about his career path. "I always wanted a career that was fun, and from the succeeding 35 years, I've had a great deal of fun in the world of Neuropsychology." What has he enjoyed the most? "I have loved it all," he said.



Who's Writing What?

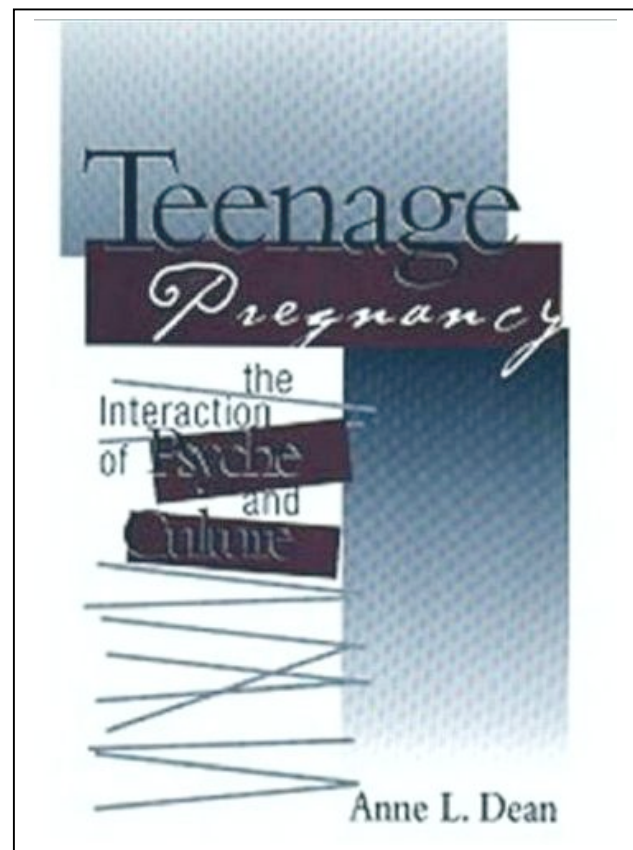
Teenage Pregnancy: The Interaction of Psyche and Culture

by Anne L. Dean, Ph.D.
Analytic Press

Several things converged for Dr. Anne Dean when she decided to write *Teenage Pregnancy*. "I got tired of being holed up in my windowless office at UNO writing articles about Piaget and the development of mental imagery," she said. "After ten years of doing this, I, and I think the field of developmental psychology, both agreed that enough was enough."

Then Anne learned "participant observation" or 'ethnographic' field method with the help of Dr. Martha Ward, an anthropologist at UNO, which opened up new ways of study for her. With the help of Henry Reiff, one of her students, she connected with a rural community of African-Americans who had "lived on the 'backplace' of a sugar plantation" for generations. Anne and Henry approached the community, offering tutoring for the children in exchange for being able to observe how the children learned right from wrong. But after a few months and many discussions over meals at a local po-boy shop called "Fat Daddy's," Anne and Henry realized that the most important concern to the women in this community was teenage pregnancy.

"Over and over we heard stories of how they had become pregnant as teenagers...how these pregnancies and births had affected their lives—they said for the worse, but there was usually a subtext of more positive feelings about these developments. We also realized that the focus of almost all of the stories we heard was not the teen's relationship with



the baby's father, but the relationship between the teenage girl and her mother. This relationship, in the end, became the main focus of the book."

Being a "number researcher at heart," Anne eventually applied for and won a large grant from NIH to continue the work. With the help of two other graduate students, Mindy Malik and Sarah Ducey, she began looking at the dynamics in the attachment relationship between the teenagers and their mothers, comparing those teens who had become pregnant with those who had not.

Teenage Pregnancy is a smoothly written, readable and compelling study, complete with excerpts and theoretical discourse about women's lives in the rural South. Peter Fonagy, Ph.D., University of London writes, "This is an important and fascinating book... The rigorous methodology does not in the slightest obscure the interpersonal and intrapsychic struggles the young women face. Dean's clinically meaningful application of attachment theory concepts and methods sets new standards for the field. In sum, *Teenage Pregnancy* is a unique study that stands without peer in this complex and difficult field."

When asked about the writer's life, Anne told *PT* that she learned a lot in the course of getting her book published. "I learned that I can write well on subjects about which I am passionate," she said. "Several reviewers and editors commented on this, to my surprise, for my high school English teachers had always conveyed the opposite opinion."

She added, "I learned after the fact that a surefire way of losing the attention of readers is to

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Bookshelf...

try to cram everything I know or have ever thought into one small space using language that even I have difficulty understanding."

Getting published was not without its frustrations. Her book was nearly to press when Lawrence Erlbaum invited a well-known African-American sociologist to write a preface. However, because the sociologist felt that white researchers could never understand African-American psyches or culture, the publisher reneged on the contract, surprising both Anne and the publisher's own editors. Fortunately, Analytic Press immediately took over the book. "This was a frustrating experience," Anne said, "but in the end, I think I learned many useful things about myself and the writing world in the process."

Anne is currently working on her new book, *Tragic Irish Heroes*. After retiring from UNO and going into full-time practice, Anne realized she wanted something new to write about. Her husband, also practicing psychiatry and psychoanalysis, was 'also game for a sabbatical.' So, the couple spent six months in Northern Ireland studying conflict from a group dynamics perspective.

In her new work, Anne tells the stories of nine, dead, tragic heroes (Brian Boru, Roderick O'Connor, Hugh "the Great" O'Neill, Owen Roe O'Neill, Patrick Sarsfield, Wolfe Tone, Daniel O'Connell, Charles Stewart Parnell, and Michael Collins) with an underlying psychoanalytic theme. "But this is a theme that remains latent," she explained, "with nary a word spoken or written out loud in psychoanalytic language. I am struggling to write in a style that will appeal to a much wider audience, trying to forget everything I knew about writing articles for psychology journals."

She said, "My latent thesis is that the psyche of the current Irish hero in Northern Ireland, Gerry Adams, M.P., consists in large measure of identifications with this pantheon of dead tragic Irish heroes -- identifications that I believe have manifested themselves in various ways during his lifetime, and that the best way for Adams to avoid another tragic outcome is through awareness of these identifications. Thus, the book is written both for and about Adams."

Dr. Anne Dean, a native New Orleanian, now lives in Eugene, Oregon, near her daughter, son-in-law, and one-year old granddaughter. Licensed in Louisiana and Oregon, she devotes most of her time to writing, playing tennis, training for walking marathons, baby-sitting, and taking singing



Dr. Anne Dean and granddaughter Sydney, relaxing.

lessons. She makes frequent visits to N.O. to see friends, relatives and former colleagues. She graduated from Wellesley College, George Washington U., with her doctorate from Catholic University in D.C. She graduated from the New Orleans Psychoanalytic Institute in '96.

Student Bookshelf

LSU Baton Rouge Dissertations:

Palcic, Jennette Lea (Clinical)

Development and Initial Validation of the Family Eating and Activities Questionnaire

Pella, Russell Dominic (Clinical)

Evaluation of Embedded Malingering Indices in a Non-Litigating, Relief Seeking Sample: A Partial Cross-Validation Using Control, Clinical, and Derived Groups

Pellegrin, Angie Lynn (Clinical)

The Role of Hurricane Exposure and Life Disruption as Predictors of Child Post-Traumatic Stress Symptomatology Following Hurricane Katrina

Smith, Kimberly Robin (Clinical)

The Assessment of and Differences among Intellectually Disabled Adults with Comorbid Autism Spectrum Disorders and Epilepsy

Ancona, Martin Nicholas (Clinical)

Psychopathology in Person With and Without Co-Morbid Autism

Gleason, Bethany Ann (School)

The Effects of Being Placed in Special Education Classes Versus General Education Classes and Teacher Certification on Students High-Stakes Testing Scores



Dr. Karen Speier Jewelry-Making

"I have an artistic side," Dr. Karen Speier said. "It is a part of me that I have to have some outlet for." The presence of this artistic side is all around, as we sit in her lovely Baton Rouge home, designed and renovated by Karen and her husband. Her great room dramatically opens to light and scenery, with ceiling to floor glass doors and windows. She has crafted her cabinets and pantries from recovered antique cypress blanks, original to the structure, creating warmth and depth. She has a century and a half old butcher's block reborn as a vanity, imported from France, which resonates with her family's history. Custom stonework, masonry art, antiques, and original paintings accent her home in colors, textures and meaning, and her artistic style.

In her jewelry designs, Karen expresses this same artistic side when working with metals, beads and other materials to create the images and the inspirations she is searching for.

How did she get started? "I bought some beads at a store in the neighborhood and I didn't have any knowledge of what I was doing," she said. "So, that was not real satisfying," Then she took classes at the Baton Rouge Bead Company, where she learned advanced techniques for attaching beads, making special connecting loops and stringing techniques for various mediums of metals and materials.

Karen is particularly interested in custom made beads, using them in many of her jewelry designs. "Each bead is made by hand," she explained. Called "Lampwork" beads, the bead worker uses rods of glass and different colors, placing the glass over a flame that is between 1800 and 2200 degrees, to build up layers of glass. "It's amazing the different qualities you can get," she said. "Each bead is like a mini-work of art."

Karen doesn't tackle this, saying, "I have a tendency to burn myself when just making cookies."

For Karen, the most enjoyable part is the design.



"Usually I start with a set of the Lampwork beads, trying them in different ways. I'll get halfway through it and decide it's not right and start all over again. It's not something I do very quickly."

Her business, which she calls "Inspirations" allows her to purchase materials wholesale and helps her share her designs. "One of my ideas was that my jewelry would be inspiring to people," she said. "I decided I could have themes, and one I picked was 'resilience.' That's a popular concept for psychologists. So, along with each set of beads, I made a card that described the materials in the beads, and a saying that went with resilience."

Does she plan on more shows in the future? "If I could find a way to do shows where I could actually not lose money, I might do that," she smiled.

Dr. Speier is a licensed psychologist, a

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Dr. Barbarin Holds New Endowed Chair at Tulane

by Michael Ramos
Newwave, Tulane

Dr. Oscar A. Barbarin III, a nationally renowned social psychologist, was invested as the inaugural holder of the Lila L. and Douglas J. Hertz Chair in Psychology in September '09. Funded by Board of Tulane member Douglas Hertz and his wife, Lila — both Tulane alumni — the chair was created to address barriers to learning in New Orleans public schools.

Dr. Barbarin, formerly the L. Richardson and Emily Preyer Distinguished Professor for Strengthening Families in the School of Social Work at the University of North Carolina–Chapel Hill, described the event as a humbling experience.

"This is an honor for me and a calling," said Barbarin, a native of New Orleans. "It is the beginning of a journey, a time to take a chance, and a time to cross boundaries. My vision is to develop a set of activities into a center for children, families and schools that will work very closely with the public schools of New Orleans."

Tulane President Scott Cowen, who presided over the ceremony in the Freeman Auditorium of the Woldenberg Art Center, praised the generosity of the Hertzses as well as Barbarin's commitment to young children and education.

"There is probably no community in the country that needs people like Dr. Oscar Barbarin more than New Orleans," Cowen said. "This is not just a homecoming



Oscar A. Barbarin III, center, is the holder of a new endowed chair in psychology funded by Douglas Hertz, left, a member of the Board of Tulane, and his wife, Lila, right, along with matching funds from the Louisiana Board of Regents. (Photo by Tracie Morris Schaefer)

for Oscar. This is also a blessing for New Orleans and beyond."

Barbarin's research focuses on the familial and social environments of young children and their impact on social and academic development. His 20-year longitudinal study on the effects of poverty and violence on child development in South Africa serves as the source of the book *Mandela's Children*, published in 2001. He is the principal investigator of a W. K. Kellogg Foundation Project examining academic success in minority children.



Dr. Susan Dardard tries on one of Dr. Karen Speier's designs from her "Inspirations" collection.

Dr. Speier...

neuropsychologist as well as a medical and clinical psychologist. Her interest and expertise are in PTSD, depression secondary to sexual abuse for children, adolescents and adults, and secondary to traumatic accidents, especially involving head injury.

She works with individuals with anxiety disorders, adjustment problems to separation, divorce, remarriage, or death of a parent for children and adolescents, and emotional and functional issues of adolescents and adults with ADHD.

She also works with adults with medical conditions, including fibromyalgia, and injuries that have resulted in limitations that require lifestyle changes, or that typically cause significant distress and sometimes lead to a "premature crisis of aging."

Up-Coming Events

LPA Convention...

Dr. Lopez is the Senior Scientist in Residence at Gallop and his research helps identify what drives achievement in American students.

"He is also the director of the Annual Gallup Well-Being Forum," Dr. Ray noted. This forum is a group of scholars and decision makers who collaborate on health and global issues of well-being.

Dr. Lopez has also published extensively in the area of Positive Psychology, over 100 articles and chapters, and seven books including *Positive Psychology: Exploring the Best in People*, and *Positive Psychology: The Scientific and Practical Explorations of Human Strengths*, winner of Sage Press

Book of the Year Award. He has been an editor of the *Journal of Social and Clinical Psychology*, editorial board member of *Journal of Positive Psychology*, and advisor for *Discovery Television*.

"This years workshops will include those by Dr. Lopez' on Positive Psychology, and also many other useful training topics," said Dr. Ray. She noted that there will be up to nine hours of training available in ethics. Also, workshops in assessment and treatment of neuropsychological problems in the PTSD population, prevention of dementia, the assessment of autism in children, and a workshop on gearing assessments of learning problems toward interventions with youngsters. Also, she noted there will be workshops on group interventions and neuropsychological assessment.



Visit Oak Alley Plantation while in the Baton Rouge area. (Photo courtesy of Baton Rouge CVB.)

Discounted room rates will be available. Detailed information will be available on LPA's website by 3/15 at www.louisianapsychologist.org.

Southwestern Psychological Association, April 8-10 Dallas Marriott/Addison

SWPA will hold its convention April 8 -10 in Dallas, and conference sessions will begin at 8:00 am on Thursday. Invited speakers include Dr. Karen Pryor, an international scientist who pioneered animal training methods. Dr. Rick Miller is an invited speaker with expertise in the area of instructional creativity. Dr. David Thomas, this year's H. K. Wolfe Lecture, will address teaching basic and advanced research designs with news media, movie plots, and his own research. Other highlights can be found on the SWPA website at www.swpsych.org/index.php

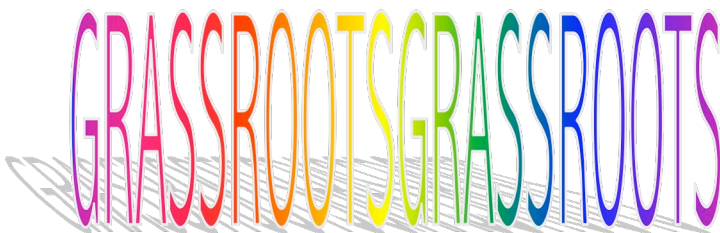
McNeese students will be presenting posters at this year's SWPA convention, according to Dr. Dena Matzenbacher. Included poster presentations are:

Blanchard, D.C., Anderson, K.D., Wright, R., Winbush, C. A "Face" in the Crowd: Differences in the Involvement of Facebook.com.

Bond, Z., Parker, B.J. The Effect of Multiple Schedules on Learning.

Daigle, J., Parker, B.J. The Acquisition of Heteronormativity: The Belief that Heterosexuality is Normal.

Con't pg 13



Sponsor of the Thursday Coffee Breaks
at the LPA Annual Convention

Website- grassrootslallc.com
Email- info@grassrootslallc.com

Other Up-Coming Events

Cluster C Personality Disorders

March 5, Lafayette,

Borderline PD

March 19 Monroe; March 26, Baton Rouge

Summer Symposium

July 28-30, Lafayette

Professional Training Resources

(www.professionaltrainingresourcesinc.com)

A Primer in Forensic Psychiatry/Psychology

April 9-11, New Orleans

Tulane Center for Con't Ed

cme@tulane.edu

Society for Industrial & Organization Psychology

(Div 14), April 8-10, Atlanta

www.siop.org/Conferences/default.aspx

Division of Psychoanalysis (Div 39)

April 21-25; Chicago

www.division39.org

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We welcome ideas for news, features, Letters to the Editor, photos, and other material related to psychological community of Louisiana. Editorials and commentary reflect the opinions of this newspaper. Columns and Letters to the Editor express the opinions of the writers and not necessarily those of *The Psychology Times*.

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SWPA...

Duplechain, A., Daigle, J., Parker, B.J.
Levels of Homophobia Across College Students'
Classifications and Genders.

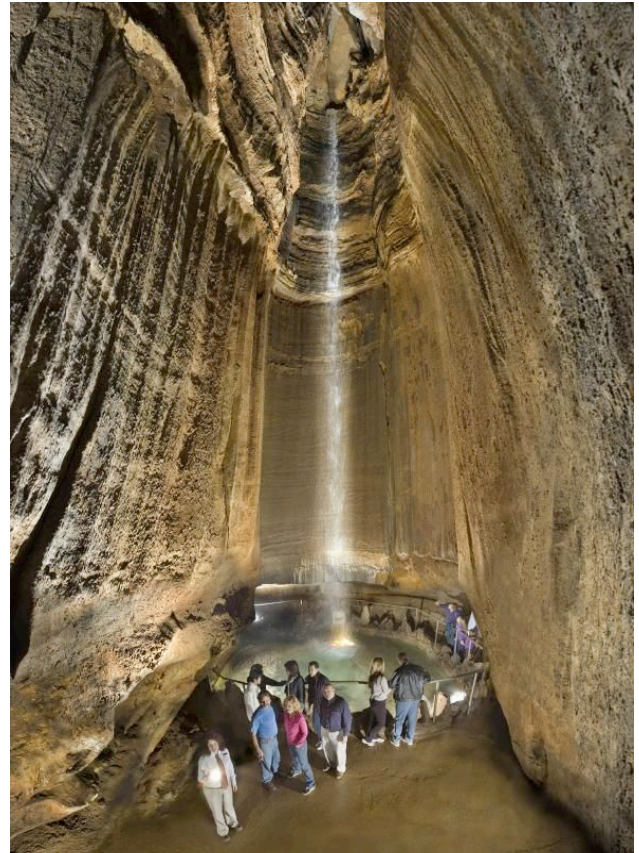
Matzenbacher, D.L., Brannon, L.,
Anderson, K.D. Attributions of Personal Traits:
Is It My Parents' Fault?

Parker, B.J., Melville, C. Primary Drug
Use and the SOCRATES.

Parker, B.J., Theriot, K.N., Smith, C.,
Daigle, J. Apects of Lying Within
Communication.

Smith, C., Parker, B.J. Monotony in
Monogamy: A Study of Females Seeking to
Have an Affair.

Clark, S.M., Melville, C.L. (Alumni).
Anxiety as a Factor in Gambling Treatment
Continuity.



SEPA IN CHATTANOOGA, MARCH 10-13. The Southeastern Psychological Association takes place March 10-13 in Chattanooga, TN. Abundant cultural attractions are available for convention goers, including Ruby Falls, pictured above. (Photo courtesy of Chattanooga CVB.)

Media Matters

by Dr. Susan Dardard



Media matters to Louisiana psychology because the public, consumers of our services, partakers of our knowledge, are confused about who we are. For decades people have asked me, "What's the difference between a psychologist and a psychiatrist?"

On those occasions, too numerous to count, I have taken time to help someone understand what distinguishes psychologists from psychiatrists, ways in which our training and work differ, only to go to another event where yet another person introduces me as a psychiatrist.

Other awkward moments have come when I've seen acquaintances at local shops or civic functions who have introduced me, perhaps in jest, to their friends as "their" psychologist, compelling me to pause and explain politely what constitutes a professional relationship.

Have you ever been at a party at which people have grown quickly quiet when they learn you are a psychologist, for fear that you might discover their secret problems and judge them harshly? To those fearful folks I simply say that "I am off duty," and watch them visibly relax.

Most frustrating to me was the time I was at a reception where someone overheard me say that I was a psychologist and loudly proclaimed, "You're too normal to be a psychologist."

We have got to do a better job of marketing ourselves to everyone, to those who need services, legislate laws, make referrals, and determine payments. We have a duty to our profession and an obligation to the public we serve to organize a media assault on ignorance and confusion about psychology.

Kelsey Grammer, as Frazier Crane, gave psychiatrists a great name recognition boost through his long-running and award-winning show. A previous generation laughed through Bob

Newhart's bumbling ways as psychologist Robert Hartley.

Our reality is far from funny, however. With licensed professional counselors actively seeking expansion of testing privileges, and the blurring of boundaries between medical psychologists and psychiatrists, we are in crisis.

As a media specialist, I interact with diverse groups of people in a vast array of settings. I urge you to join with me, uniting harmoniously as members of the professional psychology family, to reach every corner of our state with media messages about who we are and why we matter.

Next month I will offer some concrete ways to pursue this objective. Meanwhile, please email me, at mediaservices@drsusandardard.com, with your own experiences and suggestions. I look forward to hearing from you!

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Psychologists

Distinguish Yourself in the Public Arena

Establish Your Presence
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To Promote Your Practice
Contact Dr. Susan Dardard
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