Independent Voice for Psychology in Louisiana

An eNewspaper for the Psychological Community

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April 2010 -- "In-situ burn" to attempt to prevent the spread of oil following explosion at Deepwater Horizon.

(Photo by Navy Specialist 2nd Class Justin Stumberg)

BP Funds Health Projects in LA Coastal Community

LSUHSC Professors Lead Mental and Behavioral Health Project

A legal settlement for health issues will provide \$105 million to projects aimed at increasing the availability of healthcare to the coastal communities in Louisiana and four other states.

As part of the 432-page class action medical settlement between plaintiffs and BP, which set out compensation procedures for those with illnesses arising from the spill, BP agreed to allocate \$105 million for four projects to support residents' primary and psychological care.

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Two Years Later

"Real Recovery Far From Over"

It's been over two years since officials finally capped the well that killed 11 men and dumped 5 million barrels of crude, and to some people's alarm, 700,000 plus gallons of dispersants, into the Gulf. For many in Louisiana, Deepwater Horizon is over. But as with most disasters, the lyrics of Randy Newman's song *Louisiana*, apply: "Some people got lost in the flood. Some people got away alright."

In 2010 during the crisis, the distress was evident. Psychologist Dr. Anthony Speier, then Deputy Assistant Secretary at DHH, (now Assistant Secretary) had told the *Times*, "We have had 11,000 contacts and 23,000 crisis counseling interventions." He noted the increased frustrations and weariness among people "who have a tradition of living off the land."

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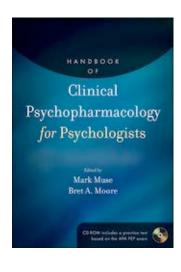
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August 2-5

APA Cranks Up in Orlando This Week

The American Psychological Association will hold its annual convention in Orlando, Florida, August 2 to 5, 2012. This year's program includes international presenters and over 1,000 programs for psychologists. Louisiana psychologists and researchers will present a number of presentations and research projects, including Dr. Darlyne Nemeth, Dr. Michael Cunningham, Dr. Glen Ally, and students of Dr. Stacy Overstreet.

As well as enjoy educational programs, attendees will have opportunities to be involved in key activities. Dr. Janet Matthews, attending with husband Dr. Lee Matthews, pointed out that people can attend the APA Task Force on drafting guidelines for telepsychology practice in a symposium called Psychology for the Future. "The comment period on the guidelines goes on until some time in October," she noted. "This is a topic that is relevant to all of us who are licensed."

Dr. John Robinson, previously from New Orleans, now living in Washington, D.C., is the 2011 winner of the Matarazzo Award. As this year's winner, he will give an invited address titled, "But You Don't

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BA Regulation

Members Named To BA Group

The "Behavior Analysts Licensure and Regulation Study Commission," a group created by a 2012 Senate Resolution, is scheduled to meet this Friday, August 3, at the DHH offices in Baton Rouge, according to information provided by the Chair, Ashley Munn.

A list of those participating and who will be representing various agencies and groups, was provided to the *Times*. The commission has met once so far, in July, and Munn said, "...it was very much introductory in nature." She explained that

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Dr. Darla Burnett

Gov Appoints Dr. Burnett To LSBEP

Dr. Lee Matthews New Chair

On Friday Governor Jindal announced his appointment of Dr. Darla Burnett to the Louisiana State Board of Examiners of Psychologists for a five-year term. Dr. Burnett is a self-employed clinical and medical psychologist from the Baton Rouge metropolitan area. She is past president of the Louisiana Psychological Association.

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Dr. John Robinson (courtesy photo)

Editorial Page

Railroads

Reading Mark Muse's book about clinical psychopharmacology (see Bookshelf this issue) I was reminded of the muddle we have in Louisiana, compared to the rest of the country, over the term "medical psychology." Mark Muse and Bret Moore define medical psychology as primary care. This appears to be the main reason the national groups of medical and health psychologists object to Act 251. Muse described in his book that 251 turned the "medical psychologist" into a mid-level practitioner. Many outside of Louisiana have described this to me before – that 251 took "medical psychologist" and made it into "prescribing psychologist."

But this is only one issue.

Off and on I speak with Tom Stigall and ask him what he thinks about some concern or another, and we sooner or later get around to a topic about which we both feel strongly. He states it something like this: "Psychologists' greatest issue is that they have never found a way to articulate to others their unique societal contribution."

Proof of this was recently summarized in Scott Lilienfeld's *American Psychologist* article, "Public Skepticism of Psychology: Why Many People Perceive the Study of Human Behavior as Unscientific." He pointed to a host of problems, including the public attitude that psychology is not much more than common sense.

When *Huffington Post* mauled research findings about unemployment figures for "psychologists" we saw the issue also. They confused undergraduate degrees with graduate training and completely jumbled meanings and facts. But this is what the public has for dinner.

This controversy, among others, indicates to me that we could do better in answering the question: "What business are we in?"

The Psychology Times

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We welcome ideas for news, features, Letters to the Editor, photos, and other material related to psychological community of Louisiana.

Editorials and commentary reflect the opinions of this newspaper. Columns and Letters to the Editor express the opinions of the writers and not necessarily those of *The Psychology Times*.

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In the famous *Harvard Business Review* article by Theodore Levitt, "Marketing Myopia," the story of the railroads was used as a warning. Railroads dominated for a century and recreated the American landscape by dramatically shortening travel times. But Levitt pointed out that railroad companies defined themselves as being in the railroad business. With this viewpoint, they saw automobiles, trucking, and airplanes as simply competition, rather than focus on their true contribution, the transportation business.

When we define ourselves incorrectly, we waste time, energy, the public's and our competitors' good will. A good business definition helps guide excellence and manages competition in a fair marketplace.

Our challenges in psychology seem related to the fact that we are born of philosophy, and then go on as both designers and craftsmen. We could debate if we are in the information business, the education business, the healthcare business, or whatever.

But a good model could help on all counts. APA had no strategic plan, a tool of business thinkers, until 2009, a full 117 years since it began. A strategic plan would go a long way toward managing diversity, dealing with marketplace changes, and finding ways to describe our contributions both to policy makers and the public, that don't sound like doublespeak.

I take a great deal of comfort in the fact that our problems all appear related to the absence of a good business model and visionary leadership. Issues easily corrected.

Psychology Times Dual Nature Birthday Contest

The Psychology Times is holding another contest in honor of our fourth birthday!

Submit your *positive* comment about the *Times* and you could win a \$100 gift certificate or donation to your favorite charity. The best *negative* comment will win a \$20 gift certificate or donation. Top comments will be published in the *Times*' anniversary issue with or without the name of the author, as he or she wishes.

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those in the target areas. Grand Isle is Zone A.

BP Funds, Cont'd

The coordinated efforts are to help coastal residents in four states, Louisiana, Mississippi, Alabama, and the panhandle of Florida. The projects will target the Louisiana coastal communities in Lafourche, Cameron, Terrebonne, Jefferson, St. Bernard, Orleans, and Plaquemines parishes (see photo).

Collectively the four healthcare promotion projects are named the "Gulf Region Health Outreach Program." According to court papers, the goal is to "expand capacity for and access to high quality, sustainable, community-based healthcare services, including primary care, behavioral and mental health care, and environmental medicine, in the Gulf Coast communities ..." in the four states.

Dr. Joy Osofsky, psychologist and Barbara Lemann Professor in Pediatrics and Psychiatry at LSU Health Sciences Center, will co-lead one of the projects. She spoke with the *Times,* saying, "One of the unique things about this project will be the focus on community-based, integrated approaches." She noted that efforts will aim toward strengthening the capacity of clinics and school-based services that already exist within the communities.

"The Project will work collaboratively with schools in impacted areas," she explained, "to support the counselors and social workers in providing school-based services including training, assessment, consultation, prevention and resilience building programs, and time-limited interventions with individuals and with support groups."

The particular goal of integrated, community-based services was noted in the settlement. Residents of the Gulf Coast "... face health care challenges that are severe and specific to the particular geography, demography, and economy of this region," wrote the authors.

"For rural residents in particular, proximity to facilities, cost of treatment, and lack of insurance and transportation make access to quality primary care, behavioral and mental health services, and environmental medical services an ongoing problem." The issues also include cultural and language barriers and that community health clinics being overburdened due to the impact of recent hurricanes, the authors noted.

The four projects are to weave together and address physical and psychological needs of those in the coastal communities along the Gulf.

Dr. Osofsky explained, "Having psychologists working collaboratively with primary care doctors and psychiatrists in clinic settings in areas heavily impacted by the oil spill will provide the opportunity to outreach to communities, reach more people in need of mental health consultation and services and "destigmatize" the delivery of mental and behavioral health services."

She has been following the status of people in the spill-affected areas. She and others helped to gather survey data from more that 2,000 people, and discovered ongoing psychological issues related to the Deepwater Horizon incident. (See table.)

"The data following the oil spill and other data

related to risk indicate a significant relationship between health and mental and behavioral health issues," she said. "This project has the opportunity to address these issues to improve outcomes."

A grant of \$50 million will go into the "Primary Care Capacity Project," to help expand primary care services and to build additional capabilities for the region. The Louisiana Public Health Institute and the Alliance Institute in New Orleans will manage this project.

The "Mental and Behavioral Health Capacity Project," will receive \$36 million to address "behavioral and mental health needs, expertise, capacity, and literacy in the Gulf Coast communities ..." Dr. Howard Osofsky and Dr Joy Osofsky are project leaders for the Louisiana project through LSU Health Sciences Center and the Departments of Psychiatry and Pediatrics.

"We will be providing psychologists," Osofsky noted, "as well as other mental health professionals to work with us on this project."

According to the budget published in the legal papers, nearly \$8 million will go toward supplemental therapeutic treatment for individuals in need, during the first two years of the project.

Cont pg 4

Mental Health Indicators	Not Affected by Oil Spill %	Affected by Oil Spill %			
			Serious Mental Illness	4%	20%
			PTSD	3%	19%
			Substance Abuse	5%	14%
Depression	10%	37%			
General Anxiety Disorder	8%	34%			
Suicide Ideation	2%	4%			
Somatic Indicators	64%	83%			
Aggression Conflict	24%	42%			
Poor Quality of Life	6%	20%			
Counselor Request	22%	34%			

Results of survey conducted of 2,000 people in affected areas along the Gulf Coast. (Court documents from BP Medical Settlement.)

BP Funds, Cont'd

"The MBHCP will be focusing on mental and behavioral health concerns for individuals impacted by the oil spill," she said. "As occupational stresses and job losses impact on these individuals and they are identified in Federally Qualified Health Centers and other primary care clinics, the MBHCP will deliver supplemental therapeutic services and supportive strength-based services as needed."

Colleague Dr. Jennifer Langhinrichsen-Rohling at U. of South Alabama, will be "... targeting our efforts toward children, families, and adults who are presenting at Federally Qualified Health Centers," she told the *Times*. "I am very excited to be a part of this project; it is a tremendous opportunity for our region."

Also leading will be University of Southern Mississippi's Dr. Timothy Rehner, and University of West Florida's, Dr. Glenn Rohrer.

Tulane University School of Public Health and Tropical Medicine will receive \$15 million for the "Environmental Health Capacity and Literacy Project." Dr. Maureen Litchveld is project leader. The goal will be to improve environmental health expertise along the Gulf Coast communities.

Dr. Steven Picou from the U. of South Alabama will lead a project to train community health workers, "Community Health Workers Training Project."

The projects are to build on the existing Federally Qualified Health Center model and the Primary Care Medical Home models, measure community health needs, build health clinic capacity, and to promote community engagement. Some of the services to be enhanced are family medicine, laboratory, dental, mental and behavioral health, and substance abuse screening.

Other studies are in progress including the LSU HSC "Women and Their Children's Gulf Health Consortium" (WATCH) and the Tulane School of Public Health's GROWH study, the Transdisciplinary Research Consortium for Gulf Resilience on Women's Health.'



Storefront of a small, family-owned business in the Gulf area. The store's owners depended on distributors and fisherman from the Gulf, and closed shortly following the Deepwater Horizon spill when public concern about the seafood was high and fishing bans were in place. The store never reopened. The building has stayed vacant.

Far From Over, Cont'd

He said, "There is an increased worry and anxiety among those who can't find jobs, and concern over the security of their future, and loss of a way of life." He explained the agency saw more stress, anxiety, and more drinking during the early period of the spill.

Dr. Kim VanGeffen, who served as President of the nationally recognized community service call center, Via Link, noted during the 2010 crisis that there was a range of reasons for people contacting the center. "Via Link is also getting calls from people with questions such as the safety of water supplies and seafood. They are also providing telephone numbers of BP departments that people need to contact. They also anticipate crisis/suicide calls related to the oil spill much as we experienced after Katrina."

She agreed with Speier during the 2010 period, expecting the most impact on those "... citizens whose livelihoods depend on the Gulf."

Today, the calls have dropped off dramatically, explained VIA Link's

Richard LaPratt, Program and Services Director who oversees all calls at the center. He told the Times, "What we're seeing in calls is that they have dropped dramatically with us." At first, the call center was flooded with calls. '... Our call center was out in front of everyone. We had a huge influx of calls, all types of calls, for housing, shelter, claims information."

Through April 2010 to June the center had 1668 calls from people. "... a large portion of those were people wanting to volunteer to help," he said.

Then the calls dropped off to approximately 400 per month from those seeking assistance. From "October to December the calls for assistance dropped to about 125," said LaPratt. Then, "Calls leveled off to from 20 to 80 and now we are not getting a lot of oil spill related calls. But we continue to get those for information, claims, rent, household problems."

Why? He explained, "Because the people most affected, those living in close-knit coastal communities don't call.

Plaquemines was one of the hardest hit," said LePratt. "A lot of these communities don't go outside their walls. Like Plaquemines. There is a Korean community there and they were hit hard." It was similar in others across the coastline, especially in those communities where individuals depended on the gulf for their livelihood.

While some people took the original payments from BP in order to survive in the months after the explosion and fishing bans, others received no compensation. An example is the shrimp processors.

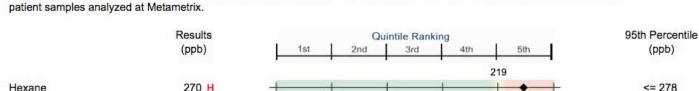
In a press release in April, the American Shrimp Processors Association was critical of the Deepwater Horizon settlement noting the settlement excluded links in the seafood supply chain such docks, processors, and distributors.

"I simply can't comprehend how after two years they don't understand the difference between a seafood dock or processing business and a shoe store," noted Executive Director for the shrimp processors David Veal.

"It is a slow rebuild," Via Link's LaPratt said. "It's coming back very slowly. To a large extend that profession is now gone," speaking about the one-man or two-man fisherman business.

"Were they able to weather the storm? Many were living hand to mouth, and for six to eight months they had nothing. What you're seeing is that a lot of these people had to change their life," LaPratt said.

"The short term is one view, the long-term is not so easy to look at. The real recovery is far from over," he said.



No national reference ranges are established for hexane, 2- and 3-methylpentane and isooctane. Quintile ranges are based on



A blood test showing volatile solvents (Metamextrix). This is from the blood of a person who lives along the coast and eats the seafood. It is not known what the source of this exposure was however. The test was done almost a year after the spill.

Behavior Analyst Commission, Cont'd

it is an open meeting and all individuals are free to attend.

The Study Commission was initially formed by Senate Resolution 110, which was amended by 142 and 159, and authored by J.P. Senator Morrell. Senator Morrell emerged as a leading opponent of the psychology board's effort to develop regulations for Behavior Analysts under the state LSBEP (Louisiana State Board of Examiners of Psychologists) in a series of bills authored by Senator Dan Claitor on behalf of the LSBEP.

As indicated in the Senate resolution, the chair and vice-chair of the Study Commission are to be filled by parents of youngsters receiving assistance from behavior analysts. They were appointed by the president of the Senate and by the Chair of the Senate Health & Welfare Committee, respectively.

The Chair of the Study Commission is Ms. Ashley Munn from Baton Rouge and the Vice Chair is Ms. Catherine Morrell from New Orleans.

According to the handout shared with the *Times* by the Chair Ashley Munn, the group will discuss the components of licensure at their second meeting this week.

On September 7, the group is scheduled to finish up discussion about the components of licensure and "develop"

*Patient value falls in this range.

key points of licensure." Also a sub-committee is scheduled to discuss the report draft, according to the meeting schedule. On October 5, 2012 the group is due to discuss possible regulatory boards. Additional monthly meetings are scheduled and the final report draft is to be completed by January 25, 2013.

Cheryl Knight, OCDD, Coordinator, Autism Initiative, will represent the Department of Health and Hospitals.

Kim Percle, will represent the State Superintendent of Education.

Kelly Parker, Executive Director of LSBEP is representing the psychology board.

Mary Alice Olsan, is Executive Director of and representing the Louisiana Licensed Professional Counselors Board of Examiners.

Grant Gautreaux, PhD is representing Louisiana Behavior Analysis Association (LaBAA). Cassie Bradford is the alternate representative for LaBAA, according to the list provided.

Dawn Richard, is representing Pathology and Audiology and is a board member of the Louisiana Board of Examiners for Speech-Language Pathology and Audiology.

Dean Steven Welsh is serving for Dean of the College of Education, Nicholls State University.

ure." Lacey Seymour, PhD, is representing Louisiana Psychological Association.
On John McBride, LCSW, is representing the Louisiana State Board of

Robert Marier, MD, Executive Director of the state medical board, is representing that body.

Social Work Examiners.

Elizabeth Christian, MD, is representing the Developmental Disabilities Council.

Michael Malinowski, law professor, will represent the Paul M. Hebert Law Center.

Dena Matenzbacher, PhD, is representing the Psychology Department at McNeese State University. Alternates for McNeese are Denise Arellano, PhD, and Cam Melville, PhD.

Jodi Kamps, PhD, is representing Autism Center at Children's Hospital.

And Tony L. "Bo" Vets, II, BCaBA, is representing St. Mary's Residential Training School.



Executive Director of the state psychology board, Ms. Kelly Parker, at a recent meeting of the board. Parker will represent the board in the Behavior Analysts Licensure and Regulation Study Commission this year.

Office Copier Security Still A Problem

Several government agencies and general business groups are continuing to develop awareness about how office copiers pose security risks.

Last year CBS news found that nearly all copiers built since 2002 contain a type of hard drive that retains a image of a document copied or scanned. Office copiers may cause a breach of medical privacy laws, and this is especially the case if people do not know remove the hard drive memory when either selling the machine or returning it, if leased. Also, simply putting it in the trash pickup may result in violation of confidentiality.

Nutrition and Health

According to the recent Deepwater Horizon Medical Benefits settlement, compensation will be granted to clean-up workers with dermatitis and respiratory symptoms as a result of **acute exposure** to the spill. Clean-up workers could have been exposed directly to the oil products causing dermatitis (skin inflammation). And there were fumes (think of the fumes when filling up your gas tank) that would have been inhaled and could have caused respiratory distress. Direct contact with dispersants could have caused skin and respiratory symptoms also.

However, mental health professionals should be aware of the neurological symptoms associated with **chronic exposure** to oil byproducts. Chronic, low-grade exposure to the spill could affect the general coastal population, not just clean-up workers. Symptoms to look for would include **personality change**, **memory impairment, neurological deficits, fatigue, difficulty concentrating, irritability, psychomotor deficits, and depression.** A Volatile Solvents test can monitor a person's blood levels of oil products after an exposure. Though not mentioned in the Deepwater Horizon settlement, Volatile Solvents blood testing should be part of routine care for coastal inhabitants negatively impacted by the spill.

- 1. Dick FD. Solvent neurotoxicity. Occup Environ Med. Mar 2006;63(3):221-226, 179.
- **2.** Bockelmann I, Pfister EA, Peters B, Duchstein S. Psychological effects of occupational exposure to organic solvent mixtures on printers. *Disabil Rehabil*. Jul 8 2004;26(13):798-807.

Sharing Paths to Health with Functional Testing http://www.metametrixinstitute.org/



0762 Volatile Solvents - Whole Blood 95th Percentile** (ppb) (ppb) Benzene Not Detected 0.26 0.30 Ethylbenzene 0.11 Styrene Not Detected 0.12 Toluene Not Detected 0.68 m,p-Xylene Detected 0.34 0.4 - 1.3* o-Xylene Not Detected 0.09

Blood test of volatile solvents for an individual living near the Gulf and eating seafood from the region in 2011. The exact source of exposure is unknown and still being investigated.

Burnett, Cont'd

Dr. Burnett received the highest number of votes in the election conducted by the state psychological association this winter, edging out Dr. Gary Jones, by ten votes in a January election. Jones is LSU Shreveport, Department Chair. Also running was Dr. Arnold James.

Burnett's appointment marks other changes in the board as Dr. Tony Young completes his service as member, Vice Chair, and who served this past year as Chair. Dr. Young was appointed in 2010 to fill a partial term left by a vacancy because of the resignation of Dr. Glenn Ally.

Dr. Lee Matthews, who filled a position left by Dr. Paul Dammers, will serve as Chair for 2012-2013, according to the website.

Dr. John Courtney will serve as Vice Chair.

Drs. Rita Culross and Marc Zimmermann continue on as members, joined by Dr. Burnett.

According to the LSBEP website, Dr. Matthews and Dr. Courtney will lead the Complaints Committee, and the Jurisprudence Exam Committee.

Dr. Burnett and Dr. Courtney will lead the Legislative Oversight Committee.

Supervision and Credentials Review will be chaired by Dr. Culross and Dr. Burnett will be the Vice Chair.

Dr. Zimmermann and Dr. Culross will Chair and Vice-Chair the Oral Exam and Continuing Education Committees.

Executive Director Kelly Parker and Dr. Courtney will comprise the Ad hoc Committee regarding Behavior Analysts.

The current composition of the psychology board includes three medical psychologists, one clinical/neuropsychologist, (Dr. Matthews) and a psychologist from an academic setting (Dr. Culross).

Dr. Burnett is a clinical and medical psychologist. Her PhD is from U. of Southern Mississippi. She has been licensed in Louisiana since 2001. She has served as president of LPA and as Federal Advocacy Coordinator. She holds a certificate for medical psychology from 2010.



Dr. Tony Young (back) and Dr. Lee Matthews listen with concern to issues at a recent psychology board meeting. Dr. Young completed his service on the board as of June 2012, having traveled back and forth from the Monroe-Ruston area to attend meetings. He is a faculty member in the psychology department at La Tech. Dr. Matthews succeeds Dr. Young as Chair.

'Doctor Rule' Act 772 Takes Affect Today

Some healthcare professionals will have to make clear to patients that they are not physicians, starting today.

According to the legislative digest for Act 772, the new law "provides that no healthcare provider, while providing direct patient care, shall present himself, whether orally or in writing, to a patient using the title of 'Doctor' or the abbreviation of 'Dr.' as a prefix to his name without using a sufficient suffix to denote either the type of professional license held by the healthcare provider or the degree to which he is entitled by reason of his diploma of graduation from a school or other entity, professional or otherwise."

New law defines "healthcare provider" as a "person, partnership, limited liability company, or corporation licensed or certified in this state to provide healthcare or professional services as a registered or licensed practical nurse, certified registered nurse anesthetist, nurse midwife, licensed midwife, nurse practitioner, clinical nurse specialist, occupational therapist, physical therapist, certified athletic trainer, or physician assistant."

The law provides an exception in that it does not apply to physicians as defined by Medicare "pursuant to 42 USC 1395x(r)."

The US codes for "(r) Physician," indicates that the term "physician" means a doctor of medicine or osteopathy, a doctor of dental surgery or dental medicine, a doctor of podiatric medicine, and under some conditions a doctor of optometry, a chiropractor.

While this law seems not to apply to psychologists and other PhDs or PsyDs, or EdDs, it is not clear how it might be applied in a given situation.



FROM THE MINUTES:

A potpourri of things from the Board: June 2012

Records Access Issue (added item): Ms. Parker presented information to the Board regarding allegations involving a psychologist denying patient file access to former co-workers, also psychologists. The Board discussed the matter and considered it to be an immediate patient care issue. The Board directed Ms. Parker to contact the psychologist and advise him that he needed to release all active care patient records immediately for the best possible care of the clients.

AB v. TT: Ms. Parker presented the email she received inquiring about a "biopsychologist" in Louisiana. The Board reviewed information about the Respondent, and opined that she was in violation of the practice act since she was not a Louisiana licensed psychologist. The Board directed Ms. Parker to prepare a cease and desist letter for the Chair's signature and approval.

Legislative Coordinator: Ms. Parker announced that Dr. Zimmermann had been confirmed during the 2012 legislative session.

The Board carefully reviewed and discussed SR159. Ms. Parker informed the Board about important changes to the open meeting laws that occurred during legislative session. Ms. Parker informed the Board that all meeting notices must be posted on the website and on the door of the office. She also reported that no new matters could be added to the agenda the day of the meeting. Ms. Parker also noted that the agendas must provide the date, time, location and each agenda item must be described with reasonable specificity, and read aloud by the Chair, before taking any action on the item.

Ms. Parker presented the board a draft request of an Attorney General's opinion regarding the practice of applied behavior analysis. The Board carefully reviewed and discussed the draft. The Board voted unanimously to finalize the document and submit to the Attorney General's office for consideration.

Long Range Planning Meeting: Dr. Matthews suggested that the Board pick certain times of the year to have 2-day meetings, so that items normally added on the LRP agenda may be handled quicker, and that the members may have more time to meet in committees and work on assigned projects. The motion was accepted unanimously, and it was agreed that the dates would be addressed at the July meeting.

Ad hoc Committee: Real Estate: The Board reviewed a set of properties provided by the realtor. Upon review, the Board agreed that an office space of at least 1400 sq. ft. would be preferable. Dr. Zimmermann suggested obtaining floor plans of the properties. Ms. Parker agreed to notify the realtor of the specifications and additional information needed.

State News

Medical Psychology Advisory Committee Meets July 27, 2012

The Medical Psychology Advisory Committee met on Friday, July 27, 2012. The meeting was scheduled for 10:00 am at offices of the Neuromedical Center, on Park Rowe Avenue in Baton Rouge, according to information provided to the *Times* by Dr. Robert Marier.

The committee was to review legislation passed at the recent session. According to agenda from Dr. Robert Marier, the group discussed Acts 431, 461, 489, 636, and SR 159. The committee also was to review certificates of advanced practice and new business.

Act 432, the allied practitioner health program, is a program under medicine for dealing with impaired professionals. Act 489 is the measure to qualify psychologists to file an emergency commitment for children.

The committee also was due to discuss Act 461 regarding meeting agendas and Senate Resolution 159 that is the behavior analyst study commission, of which Dr. Marier is a participant.

Members of the current committee are Drs. James Quillin (Chair), Glenn Ally (Secretary-Treasurer), Warren Lowe, John Bolter, Dr. James Blackburn, and Dr. Marier.

Gov Announces Appointments To LPC Board of Examiners

In June Governor Jindal announced appointments to the Louisiana Licensed Professional Counselors Board of Examiners.

Appointments to the Louisiana Licensed Professional Counselors Board of Examiners are: Kathy Lammert, of Metairie, **who** is a Military Program Coordinator and lead therapist for Dual Diagnosis Inpatient Program for River Oaks Hospital. Lammert will be appointed to serve as a licensed professional counselor, as required by statute.

Dustin Dowling, of Baton Rouge, is the Chief Administrative Officer of Peters Wealth Advisors. Dowling will be reappointed to serve as an individual from the public at-large, as required by statute.

Reappointments To Gov's Advisory Bd Juvenile Justice & Delinquency Prevention

According to the press release in June, the "purpose of the Governor's Advisory Board of Juvenile Justice and Delinquency Prevention is to use training, experience, or special knowledge concerning the prevention and treatment of juvenile delinquency, the administration of juvenile justice, or the reduction of a juvenile delinquency.

Governor Jindal reappointed David Burton, of DeRidder, the District Attorney for Beauregard Parish.

Debra Deprato, of Baton Rouge, who is the Project Director for the MacArthur Foundation's Louisiana Models for Change initiative, a research, education and outreach initiative for youth in the justice system, was also reappointed. Departo will be reappointed to serve as a representative of public agencies concerned with delinquency prevention or treatment, as required by statute.

Still No Comment From DDS On LPA Research Presentation

In January this year the Louisiana Psychological Association hosted a webinar in which New Orleans clinical and neuropsychologist Dr. Michael Chafetz presented results from a series of research studies he conducted. He highlighted statistical methods that could improve psychologists' accuracy in assessing mental disorders in social security evaluations. He presented findings regarding malingering by claimants on exams.

Mental disorders constitute 60.5 percent of all diagnoses in social security disability recipients, according to the Social Security Administration Annual Report, December 2010. In Louisiana, mental disorders account for 56.2 percent of disability claims. Psychologists, who are trained in psychometric and statistical methods, are typically hired by social security and also the court system, to help make accurate determinations.

Prior to the LPA webinar, Ms. Terri Spurgeon, Executive Director of the Louisiana Disability Determination Services, sent a memo dated January 11, 2012, to Consultative Examination Providers cautioning them about the presentation.

Ms. Spurgeon noted that the seminar was not "reviewed" or "sanctioned" by the Social Security Administration, and had not been checked for "compliance with SSA and DDS policy, rules, and regulations on evaluating mental impairments for Social Security Disability."

In the memo, dated January 11, 2012, she advised consultative providers to "continue to adhere to all guidance and instructions you have received directly from DDS professional relations officers [...] and psychological consultants."

The *Times* attempted to contact Ms. Spurgeon for comment, and to ask her to explain the intent of her memo, in January and February. No one responded or returned calls.

The *Times* tried again in May and talked with Mr. Danny Johnson, who was polite, courteous, and said he did not want to "overstep" and needed to find out more about the issue. He said, "We will respond to you as soon as possible." But no return communication was received.

Last week the *Times* talked with Mr. Joseph Ferguson in public affairs, Baton Rouge. Mr. Ferguson was also courteous, and said he would get back in touch but it may require some time.

According to Kaiser State
Health Facts website,
Louisiana ranks 11th on
percent of its population on
social security disability, at
5.9 percent of the
population. Among all
states, Louisiana is the
second highest in the
category of "Intellectual
Disability," with 44.3 percent
of its total mental health
disability recipients falling in
this category.

Dr. Mike Chafetz is board certified in Clinical Neuropsychology, a reviewer for Applied Neuropsychology, Archives of Clinical Neuropsychology, and on the Board of the American Academy of Clinical Neuropsychology. He was named Distinguished Psychologist by LPA for 2012-2013 and presented his research on this topic at the American Psychological Association as an invited speaker, in 2011.



The Medical Psychology Advisory Committee met on Friday, July 27. Above, Dr. Robert Marier (L), ex officio member, and Dr. Glenn Ally discuss matters at a previous meeting. The Committee advises the state medical board on matters regarding the regulation and standards for the practice of medical psychology.

Legislative Briefs

More on 2012 Session

Traumatic Head Injury Trust Fund Advisory Board Moved to DHH

Legislators moved the Traumatic Head and Spinal Cord Injury Trust Fund Advisory Board to the Department of Health and Hospitals.

The new law removes authority from the board for determining eligibility of programs, developing rules, and decisions about disbursement of funds, and moves it to DHH, office of aging and adult services.

The board has the duty to investigate the needs of head-injured and spinal cord-injured persons, "identifying any gaps in services, and preparing and submitting an annual report with recommendations to the legislature and the governor..."

The director of the Louisiana Rehabilitation Services within the La. Workforce Commission was added to the board, and other changes to the composition of the 13-member board were also made by Act 269.

Insurance Fraud Expanded From "Claim" to Act

Representative Hunter and Senator Thompson introduced changes to the law regarding insurance fraud expanding the definition. The new law broadens terminology from a "fraudulent claim" to a "fraudulent act." New law also expands prior law to instruct that "any person, company, or legal entity that suspects that any fraudulent act, not only a claim, will be, is being, or has been committed, shall report such suspicion to the insurance fraud section," according to the legislative summary. The report must be in sixty days.

Investigations now will include not only claims, but insurance acts, and may require further investigation to determine the existence fraud, deceit, or intentional misrepresentation of any kind, noted the legislation, Act 201.

Act 845 Requires Parent-Teacher Conferences

The governor signed a bill requiring teachers to schedule at least two parent-teacher conferences during the first semester of each school year. "At least one parent or guardian of the child shall attend or participate in at least one of the scheduled parent-teacher conferences." If the child's academic record is sound, the parent may not be required to attend.

LPCs Successful In Removing Requirement

Licensed Professional
Counselors were able to
remove a requirement that
their clients had to be under
the care of a professional
who prescribes
medications, wording that
came about in the changes
to the Mental Health
Counselors Licensing Act in
2011, but that had caused
the counselors to file
emergency rules throughout
the last year to deal with the
requirement.

The prior law stated that "... nothing in the Mental Health Counselors Licensing Act shall be construed to authorize any person licensed under it to assess, diagnose, or provide treatment to any individual suffering from a serious mental illness, as defined by prior law, unless that individual is under the active care of a practitioner who is licensed by the La. State **Board of Medical Examiners** and is authorized to prescribe medications in the management of psychiatric illness, and only in the context of an ongoing consultation and collaboration with that practitioner."

According to the digest, the new law, Act 636, allows a person licensed under prior law to assess, diagnose, or

Act 629 Requires Department of Public Safety and Corrections To Develop Academic Plan for Children In Custody

A Senate bill authored by Senator Murray and Morrell amends and adds to current law and will require the Department of Corrections to assess a child's academic grade level and develop a written academic plan for that youngster following his or her "adjudication of delinquency..."

The Office of Juvenile Justice operates facilities for youth placed in its custody, and three alternative schools at certain facilities.

The academic plan is to include the grade level diagnostic test results, using "a research-based diagnostic tool," past academic performance,

and an "individualized education plan or individualized plan, as applicable."

According to the new legislation, if the child tests at grade level or above, the learning plan is to be developed so that the child can earn a high school diploma, GED, or certificate of achievement from a Special School District.

If the child is below grade level, the learning plan is to be structured "to bring the child's academic performance up to grade level or as reasonably close thereto as possible, during the period the child is in the

department's secure custody."

Copies of the academic plan and progress reports are to be provided to the parents, district attorney, and child's counsel.

The current law states, "According to statistics compiled by the National Assessment of Adult Literacy (NAAL), nearly eighty-five percent of American youth in the juvenile court system are functionally illiterate and more than seventy percent of adult prison inmates cannot read above a fourth-grade level."

provide treatment to any individual suffering from a serious mental illness when medication may be indicated only when the counselor, in accordance with industry best practices, consults and collaborates with a practitioner who holds a license or permit with the La. State Board of Medical Examiners or an advanced practice registered nurse licensed by the La. State Board of Nursing who is certified as a psychiatric nurse practitioner.

Also the new law says that "serious mental illness" includes a diagnosis of major depressive disorder-moderate to severe.

The Louisiana Psychological Association did not object to the change.



Dr. Brenda Roberts (L) and Kaylyn Shaw at an LPA conference in Baton Rouge. Dr. Roberts is an LPC and has served as president of the Louisiana Counselors Association. She has been key in helping with legislative directions.

American Board of Medical Paychology

The Specialty for the Coming Integrated Care Models in Primary Care Centers and Hospitals

Medical Psychologists are post doctorate trained and licensed psychologists with training in psychopharmacology, behavioral medicine, and health psychology. A medical psychologist is more than a psychopharmacologist and clinical psychologist and they are prepared for the mainstream healthcare system.

They have passed a national oral and written examination and have completed a preceptorship.

Join our interest society or present your credentials and training for examination and diplomat status at:

www.amphome.org

State & National

GlaxoSmithKline To Pay Largest Fraud Settlement Yet

Challenges La Attorney General's 2011 Lawsuit

GlaxoSmithKline agreed to pay \$3 billion in fines and to plead guilty to criminal charges for promoting its top selling antidepressants for improper uses, improper marketing of drugs, and for hiding safety data about their diabetes drug, according to the *New York Times* report of announcements by federal prosecutors in July.

The settlement involved illegal marketing of Paxil, Wellbutrin, and Avandia, and adds to the list of large recent settlements with pharmaceutical companies. Other settlements include Abbott Laboratories settled for \$1.6 billion over the marketing of Depakote and Johnson & Johnson who could pay \$2 billion for improper marketing of the antipsychotic drug Risperdal, noted the report.

Past settlements also include \$2.3 billion Pfizer fine for marketing of a painkiller drug and Eli Lilly's \$1.4 billion settlement for Zyprexa, according to Bloombery Business.

Bloombery noted that at least 41 whistleblower complaints have been filed in U.S. federal fraud cases.

In June GlaxoSmithKline filed a suit against Louisiana's Attorney General Buddy Caldwell, which challenges a lawsuit the Attorney General had filed in 2011 against Glaxo. This according to *Pharmalot's* reporter Ed Silverman.

The 2011 suit by Louisiana's Attorney General charged that Glaxo knowingly and fraudulently marketed Avandia to Louisiana citizens causing harm and additional medical costs in the state's Medicaid program. The state is asking \$12.3 billion in damages.

APA Membership Problems Analyzed On Popular *PsychCentral* Website

Average Age of APA Member is 54

In a July article on the popular site "PsychCentral, John Grohol, PsyD, CEO of the cite, examined the reasons for the drop in membership numbers for the American Psychological Association.

The article pointed to a 7.6 percent drop in membership between 2010 and 2011, from 91,306 to 84,339 in 2011. One commenter suggested the change was due to an artifact of how the non-dues paying membership is counted.

Grohol, who is a member of APA, noted several reasons for membership problems, including the economy, lack of perceived benefits, the torture controversy, and the practice assessment controversy.

The PsychCentral report also pointed to a similar drop in the membership of the American Psychiatric Association, from around 35,000 to around 33,000 in the last years.

And, Grohol said that the average age of the APA member was over 54 years.

He pointed out that Association for Psychological Science has seen a steady increase in members, about 4 percent per year, up to 23,500 since 2007's 20,200.

He also pointed out that APA lists themselves on the site as having 150,000 members but actually have around 84,000 members.

Grohol is on the editorial board of *Cyber-psychology, Behavior* and *Social Networking*, as well as the founder of Psych Central. He wrote, "With access to social media and other communications modalities not as readily available 20 years ago, some of APA's purpose [...] is going away, replaced by profession-neutral organizations."

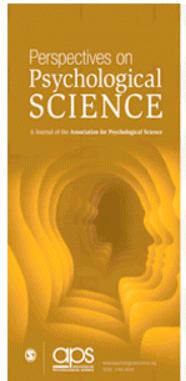
In a recent APA organizational development report called the "Good Governance Project," team members listed issues in the culture of APA including: "feel disempowered," "perception of in-crowd, governance 'junkies," "closed system secretive, exclusive," "staff-governance tension," "cynicism," and "focused on selfinterests of subgroup."

In 2009, APA prepared its first ever strategic plan, which came 117 years after the organization began in began in 1892.

Louisiana Ranked In Top Five States for Business Climate

According to a press release from the Governor's Office, Louisiana has been ranked 5th in the US for its positive business climate.

The ranking is by Business Facilities magazine.



Section 1. Section 1.

APS *Perspectives* **Gets Top Marks**

Thomson Reuters' Web of Knowledge (Essential Science Indictors) named the APS journal *Perspectives on Psychological Science* a "Rising Star" in the field of psychology. APS Executive Director, Alan Kraut, announced in June that the journal had the highest percent increase in citations compared to all 300 journals in psychology and psychiatry, with over 2,000 citations.

In an interview with sciencewatch.com, journal editor Barbara Spellman described some of her ideas about Perspectives.

Spellman, Professor of Psychology and Professor of Law at the U. of Virginia, said to sciencewatch, "The increasing fragmentation and specialization in psychological science makes it difficult to keep up with areas people are interested in, even those close to one's own. By publishing integrative review articles that are written to be accessible to anyone in the field, *Perspectives* provides one-stop shopping — one place where people can read about important issues in the field's various subdisciplines."

Previous editor Dr. Ed Diener was quoted to say, "Another important goal was that all of the articles be written in a style that would appeal to readers and that could be understood by people from all areas of psychology and not just by individuals working in that area. [...]"



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Science & Education



Dr. John Fanning at the LPA Fall Conference last year. He recently presented new research about the diagnosis of dementia in an online webinar for the state psychology assn.

Dr. Fanning Reviews Developments In Dementia, Alzheimer's Diagnosis

In a two-hour online presentation hosted by the Louisiana Psychological Association on July 28, 2012, neuropsychologist Dr. John Fanning reviewed the changes in diagnostic framework for cognitive disorders in the DSM-V. He outlined new research about how Alzheimer's disease progresses and the recent research on efforts to slow the disease.

Dr. John Fanning currently holds Clinical and Clinical Neuropsychology specialties and contributes to the world-class treatment team at Touro Infirmary in New Orleans. There he assists patients in brain injury rehabilitation. For the last decade he has helped patients with dementia assessment, neuropsychological testing, and outpatient therapy. He also provides group therapy in the spinal cord injury program at Touro.

Dr. Fanning currently serves as President-Elect for the Louisiana Psychological Association, chair for Continuing Education, and previously as Director. He has served as president of the New Orleans Neuropsychological Society and as a member of the National Academy of Neuropsychology since 1989.

Nicholls Plans More Layoffs

Nicholls State University officials say they will be making necessary cuts to personnel and services, noted a report from the Houma Courier/Daily Comet on July 21, 2012.

According to the report, by Matthew Albright, Nicholls President Stephen Hulbert said, "This is a very challenging and frustrating time for our campus."

The university is dealing with a \$5.3 million shortfall even though they are increasing tuition by as much as \$1,000 per student.

Hulbert told the Courier/Daily Comet that the university will be doing everything they can to maintain courses and majors, and fulfill its academic mission. For article go to http://www.houmatoday.com

Psychology Gumbo by Julie Nelson

Psychological science shows us just what a piece of work we can sometimes be. Below I've summarized a little bit of this and a little of that from the science of human behavior, and asked a

few of our Louisiana experts to comment. From CEOs to the chills, they provide just the right seasoning to these recent research findings.

• "A Face Only an Investor Could Love: CEOs' Facial Structure Predicts Their Firms' Financial Performance," - Psychological Science, October, 2011.

Researchers Wong and colleagues found that firms whose male CEOs had wider faces (relative to facial height) performed better financially. But this effect worked mostly with cognitively simple leadership teams.

COMMENT: Dr. Mkay Bonner, Industrial-Organizational Psychologist, Monroe:

"Frequently researchers are interested in the relationship of physical characteristics to success in the workplace. Over 10 years ago some research indicated that with identical resumes, the taller man would be hired over 70% of the time. And, one study found that overweight men earned more than underweight men.

"This article follows that tradition. These researchers documented that male CEOs with wider faces had firms that performed better financially. This was especially true for firms with less cognitive complexity in their top management teams (i.e. less flexibility or degrees of differentiation). According to their discussion, males with wider faces and less complex decision-making teams performed better financially but may likely be aggressive and untrustworthy in interpersonal relationships. So, people may want to give them their money but not their daughters."

• "Personalized Persuasion: Tailoring Persuasive Appeals to Recipients' Personality Traits,"

- Psychological Science, April, 2012.

Researchers Jacob Hirsh and colleagues, created five advertisements, one for each of the styles for the Big Five personality factors (neuroticism, extraversion, openness, agreeableness, and conscientiousness). The researchers found people rated ads matching their own style more positively.



"Mothers know to adjust their 'motivational messages,' to gain cooperation according to their children's personalities. Now psychological science has drawn a connection between individual personality types and consumer responsiveness.

The best moms also know the one overriding message that will reach and activate all their children at one time. Will psychology research help advertisers do the same with their audiences?

Here's a hint. For wide appeal, find the right music."

• "Negotiation Topic as a Moderator of Gender Differences in Negotiation." -Psychological Science, July, 2012

Julia B. Bear and Linda Babcock looked at negotiation success and gender. They found support for a hypothesis that difference performance in women's negotiation depends on the nature of the topic. In their study, men outperformed women in the "masculine" version of the negotiation but they found no gender differences in the "feminine" version.



COMMENT: Dr. Laurie O'Brien, Associate Professor Department of Psychology, Tulane, research interests include perceptions of prejudice and discrimination:

"It's an interesting and well-conducted study. It raises some important questions about an often cited finding in the field--that women perform more poorly at negotiation tasks than men. This study calls into question whether the previously reported gender difference may be due in part to a bias among researchers in selecting masculine negotiation tasks for their studies. While Bear and Babcock study is very interesting, it will be important to see if other researchers replicate it. Furthermore, it will be interesting to see whether future researchers can identify feminine negotiation tasks at which women might even outperform men."

• "You Give Me The Chills: Embodied Reactions to Inappropriate Amounts of Behavioral Mimicry," -- Psychological Science, May 2012.

In this study, authors N. Pontus Leander and colleagues found that when a person in a social interaction exhibited behavioral mimicry that did not match the implicit standards or expectations of the recipient, then the person observing the inappropriate mimicry could experience physical coldness. Felt coldness was moderated by individual differences.

COMMENT: Dr. Dan Lonowski, Forensic and Clinical Psychologist, and author:

"The next time you meet an individual who presents as too friendly, pay close attention to that chill that shudders through you. Your response to unexpected or inappropriate familiarity may be the warning that keeps you safe."

Dan is about halfway through writing his second thriller with working title *Deadly Eyes*. It is a psychological study of a voyeur who escalates and his compulsion drives him to become a serial killer. Follow his progress and read excerpts from his first book, the psychological thriller, *Chameleon* at http://dandylan.com

LSU Education Professor Psychologist Dr. Rita Culross Speaks In London on Talent Development in Olympic Athletes

Dr. Rita Culross, LSU College of Education professor and licensed psychologist, spoke at the Oxford Roundtable at Harris Manchester College in the University of Oxford in Oxford, England in July 22-26, 2012.



Psychologist and LSU Professor, Dr. Rita Culross, spoke as an invited participant in a London roundtable on the psychology of elite athletes. The event was just prior to the 2012 Olympics.

Pennington Biomedical Research Center Looking for Participants for Health Research

Pennington invites people of all ages and backgrounds to participate in their research studies in nutrition, activity, diabetes prevention, weight loss, women's health, aging and others. Interested individuals can be screened by phone or sometimes online. For more information go to:

http://www.pbrc.edu/clinical-trials/

LSU Combines Six Schools Into College of Human Sciences & Ed

Under the direction of Professor Emerita and Dean Dr. Laura Lindsay, LSU has combined the School of Education, the School of Human Resource Education and Workforce Development, the School of Kinesiology, the School of Library and Information Science, the School of Social Work and the University Laboratory School. As of July the collective group is the College of Human Sciences and Education.

Dean Lindsay noted on the website, "Over the last decade, the University has engaged in conversations about the need to realign academic programs that focus on education and human services. By bringing together programs and capitalizing on their individual strengths, we have created a dynamic new college that addresses the socially significant problems we face as a state and a nation."

"In this new configuration, they are increasing their impact by forging partnerships and sharing resources that enrich and empower their ability to provide our students with an extraordinary education and opportunities to impact the lives of our citizens," wrote Lindsay.

The new College of Human Sciences & Education will offer 7 undergraduate degree programs and 18 graduate programs, enrolling more than 1,600 undergraduate and

Dr. Culross presented her paper, "Talent Development and Talent Enhancement of the Olympic Athlete."

The event was just prior to the 2012 Summer Olympic Games in London.

Dr. Culross discussed talent development of Olympic athletes from the psychological perspective, according to the LSU news service article. She also related her work and understanding of athletes to the work of psychologist Jane Piirto. Piirto conducts research with top athletes.

In the LSU news report by Billy Gomila, Culross said, "A lot of people think, 'Well they just have a talent. They're just super-talented in a particular area,' but it's a lot more than that in terms of what it takes to become an Olympic athlete."

Also according to the article, Dr. Culross discussed the core psychological components for the athletes. Culross is an expert in issues for gifted and talented individuals.

According to LSU news, Oxford Roundtable promotes art, science, education, and is a non-profit educational and charitable organization, according to the report. "The Oxford Roundtable seeks to provide an interdisciplinary forum for the discussion of contemporary issues

that affect the public good in all its various forms and ramifications."

Culross explained that part of her position at LSU Education is to teach a development course about gifted people, including the social and psychological aspects, and she is very interested in the characteristics of athletes.

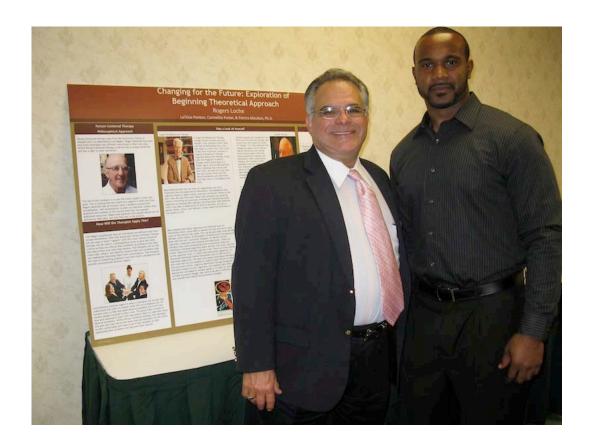
Dr. Rita Culross is the Jo Ellen Levy Yates Endowed Professor of Gifted Education in the Department of Educational Theory, Policy & Practice at LSU. She teaches courses in creative behavior, the gifted, and in women's and gender studies, She is a licensed psychologist and nationally certified school psychologist.

She has served as the chair of the American Educational Research Association Special Interest Group on Giftedness and Talent, as a member of the American Psychological Association Continuing Education Committee, and currently serves on the Louisiana State Board of Examiners of Psychologists.

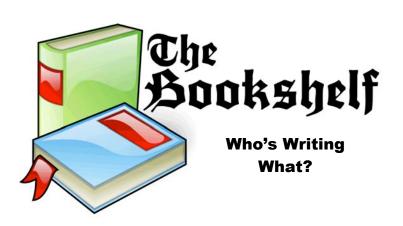
For the LSU article go to http://www.lsu.edu/ur/ocur/lsunews/ MediaCenter/News/2012/06/item48 995.html

NAPPP's Clinical Practitioner Takes Aim At Over-Medication in US

In this month's issue of *The Clinical Practitioner*, the publication for members of the National Alliance of Professional Psychological Providers (NAPPP), author John Caccavale, PhD, notes that as many as 100,000 people die each year as a result of prescribing errors by physicians. He adds that medication disproportionately contributes to harm. Also in the issue, editors rerun Dr. Joseph Mercola's column on natural health products, pointing to Mercola's summary of the dangers of psychotropics. Mercola is a D.O. and his long-running blog/website is a popular health consumer site, often pointing to problems with traditional medicine's approach.



Dr. Joe Tramontana (L) pauses during a discussion with Northwestern psychology student, Mr. Rogers Loche. Loche worked with LaTrice Ponton, Carmelita Foster, and Dr. Patrice Moulton, his advisor to develop his presentation in 2010.



Handbook of Clinical Psychopharmacology for Psychologists

Mark Muse and Bret A. Moore Editors

Wiley, 2012

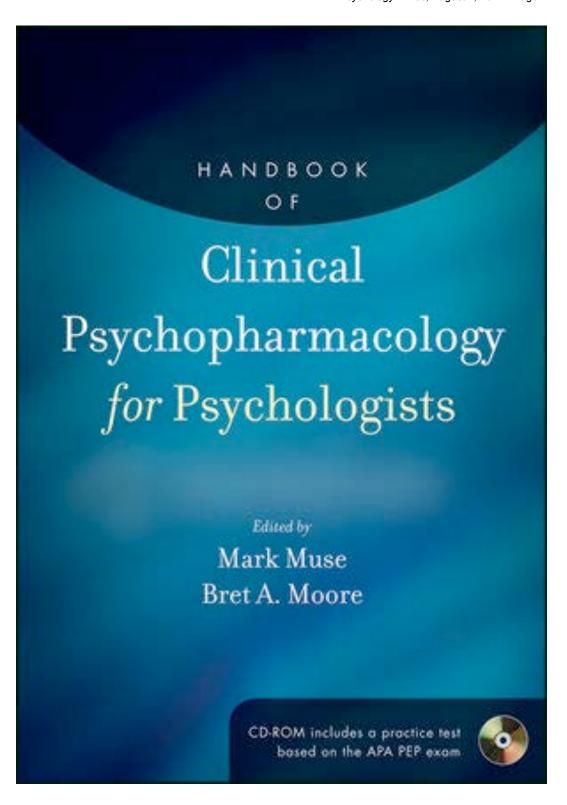
The Handbook of Clinical Psychopharmacology for Psychologists provides the foundations of knowledge that readers will want for comprehensive understanding in clinical psychopharmacology, located in the broader context of biology, psychology, and social environment. For the prescribing psychologist the book will prove a user-friendly, efficient training tool, and for consulting healthcare psychologists, an essential desk reference.

Handbook successfully combines information from neuroanatomy, nervous system structure and functions, biochemistry, and physiology, with current information on pharmacology, research, and practice. The authors place the issues firmly in a meaningful context for those who treat patients into today's mental health and health industry.

Co-editor Dr. Mark Muse, American Board of Professional Psychology (ABPP) diplomat, and licensed Louisiana prescribing medical psychologist, along with co-editor Dr. Bret Moore, ABPP and licensed New Mexico conditional prescribing psychologist, highlight the concept of the integrative view throughout the text.

They use the term *psychobiosocial* to stress the need to combine psychological, biological, and social systems. They point out that research and theory, and especially treatment, must be viewed in this broad and inclusive perspective. They present a view that takes into account the multiple influences and feedback loops on and by a "living, surviving, and adapting person."

"I worked in primary care in Maurepas at a family clinic," Dr. Muse told the *Times*, "and found the experience taxing and eye-opening. I would never have found myself in primary care if it were not for the medical psychology piece. I worked with underprivileged children who had never seen a psychologist, nor had their psychotropics ever been reviewed by a prescribing mental health specialist. The family practitioner was doing the best he could, as there were no psychiatrists in sight. He was progressive and forward-looking and wanted desperately to get a mental health professional on board."



This awareness for a comprehensive model is highlighted throughout the *Handbook*, and most clearly in the beginning chapters, where Muse and Moore set out the philosophical framework, defining psychopharmacology as a subset of medical psychology and medical psychology as including "... health psychology, rehabilitation psychology, pediatric psychology, neuropsychology, and clinical psychopharmacology, as well as subspecialties in pain management, primary care psychology, and hospital-based (or medical school-based) psychology."

As an educational resource the *Handbook* has real muscle. Chapters are logically structured with consistent statements of theme, effective expansion into relevant subtopics, and concise summaries. The writing style is clear, fast and straightforward. An excellent use of tables and charts graphically consolidates information. Sections for "Key Terms" make it easy to scan and process information. Post-tests engage the reader and contribute to interactive learning.

The *Handbook* also includes a CD-ROM with practice questions based on the American Psychological Association's Psychopharmacology Examination for Psychologists (PEP). The reader can prepare for the actual experience of the exam, with 150 questions from ten content areas, presented in a timed, 3-hour format if desired. This ingenious approach no doubt comes from Muse's bent toward education methods, a theme mirrored in his website, MensanaPublications.

"Those preparing for the PEP never seem to get enough rehearsal questions to satisfy their hunger," Mark explained. "There are an additional 250 questions as a Mensana CE quiz with the same title," he said, allowing additional practice.

The *Handbook* easily fulfills its promise of reviewing foundations for psychologists who want to be conversant with psychopharmacology, and should also be especially useful to those who simply want to be able to help their clients ask the right questions about medications.

In a spirited Forward, "Integrating Care: A Forward on Changing Times," Drs. Pat LeLeon and Jack Wiggins, both past APA presidents, applaud the

Bookshelf, cont'd

text and the direction. "... an excellent treatise written by psychologists for psychologists," they write. And, "Lamentably, it has become commonplace in physicians' offices to dispense psychotropic medications without an appropriate diagnosis and to do so by providers with little or not training in alternative psychological interventions for behavioral disorders." LeLeon and Wiggins also point to Louisiana's Drs. Glenn Ally and James Quillin as prominent in the prescriptive authority movement in psychology.

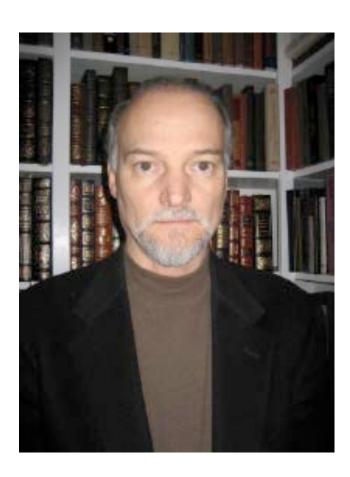
In Chapter 1, "Medical Psychology: Definitions, Controversies, and New Directions," Drs. Muse and Moore explain the philosophical issues and controversies in the field, a theme repeated in many of the chapters: that the living, adapting human requires a *biopsychosocial* paradigm, and not the medical model.

The term Medical Psychology is an umbrella term they say, "... it encompasses the multiple specialties and make up health-care psychology, embracing the biopsychosocial paradigm of mental/physical health and extending that paradigm to clinical practice through research and the application of evidenced-based diagnostic and treatment procedures." They explain the limitations in the Cartesian idea that mind and body are separate, the limitations of the medical model, or the idea that an individual's social environment is irrelevant.

They object to Louisiana's Act 251 because, they say, it "... builds upon the definition issues by the U.S. Drug Enforcement Agency (DEA) which recognizes that the term medical psychologist refers to a *mid-level* provider/practitioner who has prescriptive authority."

In Chapter 2 Muse and Moore outline more of their rationale, "Integrating Clinical Psychopharmacology within the Practice of Medical Psychology." Authors point to interesting research demonstrating the complexity and interactions in this *psychobiosocial* perspective, with examples such as: research on OCD that indicates behavioral therapy is more effective than medication and behavior therapy together; that phobias are better treated with CBT and provides longer-lasting effects; and that 70 percent of the response to antidepressants medications is considered to be placebo. Authors summarize the major large-scale studies such as the STAR*D, TADS, and CATIE studies.

Chapter 3, "Neuroscience," by Drs. Ken Fogel and George Kaplka (*Pediatricians and Pharmacologically Trained Psychologists: A Practitioner's guide to Collaborative Treatment*) write, "Homeostatic balance is the 'holy grail' of living things, ..." They include sections on neurons,



Dr. Mark Muse, co-editor of the *Handbook*. He previously worked in Maurepas, Louisiana, at a family clinic. He is the developer and publisher of Mensana Publications.

neurotransmitters, central nervous system, structure and function of the brain, and peripheral nervous system.

In Chapter 4 "Nervous System Pathology" authors provide a comprehensive list of disorders including "Nuerodegenerative/cognitive disorders," "Mental Retardation," "Neurodevelopmental Disorders," "Vascular Disorders." Readers will appreciate a section on "Behavioral/Psychological disorders with a Neuropathological Basis."

Chapter 5 reviews "Physiology and Pathophysiology," including the functional systems of the body, including endrocrine, hormonal, cardiac, digestive systems, and others.

Dr. Robert Younger, ABPP and Navy psychologist with prescriptive authority authors Chapter 6, "Biopsychosocial and Pharmacological Assessment and Monitoring." He writes that safe and effective use of medications requires psychologists to know "... how to assess the biomedical status of patients, including ongoing assessment of iatrogenic effects of medications in general." He explains history taking, psychological assessment, as well as physical and neurological examinations and laboratory testing. A list of drug-drug interactions, drug overdose, and a section for adverse drug reactions, are included.

Chapter 7, "Differential Diagnosis in Medical Psychology," includes important sections on "Medical Disorders that Present as Psychological Disorders," and "Psychological Disorders that Present as Medical Disorders," along with other topics that are critical for today's psychologists.

In "Pharmacology," Chapter 8, the author addresses how drugs interact with the body to produce effects as well as how they are metabolized and distributed.

Chapter 9, "The Practice of Clinical Psychopharmacology," by Drs. William Burns, Lenore Walker, and Jose Rey, is one of the longer chapters and explains the "integration of psychotherapeutic and pharmacotherapeutic modalities of treatment." An extensive table on "Drug Indications, Dosage Ranges, Side Effects, Routes of Administration, FDA Approval for Children, and Pregnancy Risk" is worth the cost of the book. Also described is drug metabolism and CYP450 (Cytochrome P-450), the enzymes involved in detoxification.

"Research in Clinical Psychopharmacology" Chapter 10, and "Professional, Legal, Ethical, and Interprofessional Issues in Clinical Psychopharmacology" Chapter 11, complete the text.

"My hope," Dr. Muse explained to the *Times*, "... is that it is a true reflection of the breadth of training a medical psychologist undergoes. I would like the detractors to read it before asserting that prescribing psychologists' training is insufficient. It is, in fact, more rigorous than psychiatry or practical nursing's preparations for integrating psychotropics into overall mental health diagnosis and treatment ..."

Handbook of Clinical Psychopharmacology for Psychologists is a valuable addition to any psychologist's library resources, a practical guide for key knowledge bases regarding biological, pharmacological, differential diagnosis, ethical issues, and the important contributions and perspectives that psychologists can bring to the challenges of modern healthcare.

Dr. Mark Muse and Dr. Bret Moore will be presenting aspects of Handbook at the American Psychological Association Convention, on Thursday, August 2, in a presentation titled, "New Resources for Preparing for the Psychopharmacology Exam for Psychologists (PEP)."

The book is widely available from the publisher (Wiley) and distributors. Also, Mensana Publications offers a 20 percent discount on the Handbook and all other books bought through the website link to the publisher.

Dr. Muse completed his doctorate in clinical research and counseling psychology at Northern Arizona U. in 1980 and next was awarded the Licentiate degree in clinical psychology by the Universitat de Barcelone in 1984. He later completed a postdoctorate M.S. in clinical psychopharmacology. He served as full professor at the Universitat de Ramon Llull, Barclona, lecturing in Catalan and Spanish. He returned to the U.S. in 1998. He is the author of six books in the area of psychology as well as numerous articles appearing in psychology and medical professional journals.

Professional Training Resources Summer Symposium

Photos and comment by Dr. Susan Dardard



Luke Elliot presents "ADHD Across the Lifespan" at Summer Symposium.



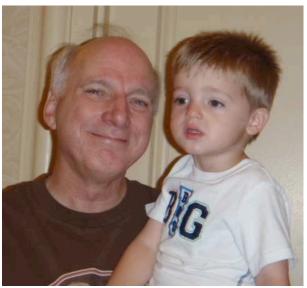
Front (L-R) Jessica Epp, Candice Gaspard,; Back (L-R) Jim Orzech, Adam Hess.



Mkay Bonner, husband Mark Johnson (center), and Rick Adams.



Linda Brannon and John Strain.



John Simoneaux and grandson Dylan.



The family members tune up: (L-R) Byron Simoneaux, Steven Simoneaux, cousin Taylor Verrett, and John Simoneaux.

For ten years John Simoneaux has offered his three days long Professional Training Resources (PTR) Summer Symposium to Louisiana mental health professionals.

We 200 regular attendees come from all corners of the state as much for the 23 hours of continuing education credits as for the merriment the event embodies.

We hear from the top experts in our fields, see colleagues we've known only through email, and meet people from a wide range of other specialties.

Generations of John's kinfolk arrive to help out, his grandchildren inspire us for the future, and behind the scenes Lisa Driscoll (PTR Training Director) keeps everything running smoothly.

After long days of learning, the Simoneaux family and friends musical performances begin, and we gather to sing along, and otherwise carry on, as one big family, working and playing together.

Dr. Susan Dardard

Information on photos:

Top: Luke Elliot, PhD, from Lafayette, presented "ADHD Across the Lifespan" to a packed house at the Summer Symposium.

Adam Hess, PhD, and his team members from Pollack Federal Correctional Complex at Pollack, Louisiana, attended the symposium: Jessica Epp, Treatment Specialist; Candice Gaspard, Drug Treatment Specialist; Jim Orzech, Treatment Specialist; and Adam Hess, Clinical Psychologist.

Dr. Mkay Bonner, and husband Mark Johnson attended all the way from Monroe. Dr. Rick Adams, PhD, came from Pineville. Mkay is an IO psychologist from Monroe. Rick is psychologist and musician member of his Bluegrass band, Tuning South.

Linda Brannon, PhD, Professor at McNeese and author of numerous textbooks, including *Health Psychology*, attended. Here Linda talked with John Strain, LPC, from Mandeville, who presented on "Crisis Intervention" at the symposium.

John Simoneaux, founder of PTR, gets everyone involved, including grandson, sons, and cousins.

Up-Coming Events



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APA Cont'd from Page 1

Act Like a Psychologist," on Saturday, August 4.

The Matarazzo Award is given for distinguished contributions to psychology in academic health centers. It is given to those who work in medical school and health care settings and to those who have enhanced the roles of psychologists in education, research, and clinical care. The award is given by the Association of Psychologists in Academic Health Centers.

Dr. Robinson is professor at Howard U., Medical School and a member of the board in DC. John authored *Diversity in* Human Interactions, The Tapestry of America, Oxford Press.

Dr. Michael Cunningham, Professor in the Psychology Department at Tulane, and Executive Director for the Center for Engaged Learning and Teaching, will participate in the symposium, "Assisting Members of Vulnerable and **Underserved Populations** Affected by Natural Disasters" on Friday. The symposium is sponsored by the Committee for the Advancement of Professional Practice, APA Board for the Advancement of Psychology in the Public Interest, and other committees.

Dr. Glenn Ally, medical psychologist from Baton Rouge, will chair a skillbuilding session on Saturday, "Case Review of Psychopharmacotherapy; Consultations in Diverse

Colleagues Present at APA Annual Convention In Orlando Florida August 2 - 5

Medical Settings." The workshop is sponsored by Divisions 55, 11 and

Dr. Ally will also participate in "Effective Advocacy and Leadership for Early Career Psychologists," a symposium, held on Thursday, August 2, 2012. He will speak on lobbying, grass roots advocacy, building legislative relationships, and fund raising, legal actions, setting up health fairs, training legislators' staffs and other concepts. He will discuss effective campaigns for prescriptive authority around the country.

Tulane graduate student Laura Marques will present her research on "Hurricane Exposure and Teacher-Reported Conduct Problems 3 Years After Hurricane Katrina." Coauthors are Alison Lubin, Dr. Douglas Walker, Laura Danna, and Dr. Stacy Overstreet.

Tulane graduate student Shereen Naser will present "Teacher and Student Reports on a Behavioral and Emotional Screening System." Coauthors are Claire Mendez, and Dr. Stacy Overstreet.

Ms. Naser will also present "Role of the U. N. Convention on the Rights of the Child in School-Based Mental Health. Her coauthors are Berre Burch, Meredith Summerville, and Dr. Bonnie Nastasi. Her work

shows how to provide skills to school based mental health professionals for supporting children by familiarizing them with the rights as described by the UN Convention on the Rights of the Child and The Child Rights Ecology Model.

Dr. Darlyne Nemeth will chair the symposium, "Addressing the Emotional Sequelae of Hazardous Environmental Trauma," and outline the six stages of recovery. Dr. Kelly Ray of Baton Rouge, will discuss the need for psychotherapeutic intervention for the environmentally traumatized. Dr. Judy Kuriansky, a colleague who has been involved in Louisiana issues since Katrina, will describe her "Global Kids Connect." and Ms. Lauren Whittington, also a colleague, will describe the six characteristics that people often adopt at times of environmental crisis or change.

Dr. Mark Muse and Dr. Bret Moore will be presenting aspects of Handbook at the American Psychological Association Convention, on Thursday, August 2, in a skill-building presentation titled, "New Resources for Preparing for the Psychopharmacology Exam for Psychologists (PEP)."



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Dr. Susan Andrews with friend Rose Watkins at book signing in New Orleans.

(Photo courtesy Dr. Andrews.)

LPA On-Line Academy Features Dr. Susan Andrews, "Stress Solutions," August 24

Louisiana Psychological Association is hosting a presentation by Dr. Susan Andrews, "Stress Solutions in Clincial Contexts (for Pregnant Moms and All Busy Adults)."

In this presentation, neuropsychologist and Clinical Assistant Professor of Medicine at LSU Health Sciences Center, Dr. Susan Andrews, author of *Stress Solutions for Pregnant Moms: How Breaking Free from Stress Can Boost Your Baby's Potential*, will outline recent research on the impact of prenatal stress on the well-being of the developing baby and on the child's later development.

Dr. Andrews will point out converging research evidence for psychologists and healthcare professionals to indentify the patterns and behaviors that characterize high and toxic stress levels. She will take participants through her new step-by-step, practical method for helping busy, stressed clients (as well as pregnant moms) identify, quantify, and lower their stress levels on a daily basis, called the A-B-C Formula and Point System.

Dr. Susan Andrews is in full time practice in Metairie where she is Senior Partner at Neuropsychological and Psychological Services for Adults and Children, LLC. She is also Clinical Assistant Professor of Medicine at LSU Health Sciences Center, Department of Medicine and Psychiatry, and consulting neuropsychologist at NorthOaks Comprehensive Medical Rehabilitation Unit. She received her first PhD in Child Psychology from Tulane, and did a full retraining in Clinical Psychology at U. of Southern Mississippi. Before retraining, Dr. Andrews headed a 10-year federally funded research project to develop Parent-Child Development Centers and then managed the replication of the programs as Research Coordinator for the Bank Street College of Education in New York City

LPA continuing education chair, Dr. John Fanning invites all those interested in participating to contact him through the LPA office at www.louisianapsychologist.org/ or call 225.766.0185.

Baseline Scale part 1 1. Taking Time to Relax never some always I feel guilty about resting or taking time for myself. When I decide to relax, it takes 2 time to really feel relaxed. It's rare for me to take a break 2 during the day for relaxation. I hate to be interrupted before 0 1 2 I am finished with a task. I feel I have more to do than 2 I have time to do it. Total 1

Dr. Andrews will present her practical and user-friendly approach for behavioral change in the LPA August Webinar. Above is an example from Dr. Andrews's presentation and part of her baseline measurement process. (Graphic courtesy Dr. Andrews.)

Louisiana Group Psychotherapy Association Offers Credentialing Training Course, August 3-4

The Louisiana Group Psychotherapy Association will present an AGPA (American Group Psychotherapy Association) course to for new professionals in this area of practice. The course is to be held Friday, August 3 and Saturday, August 4, 2012.

According to their website, Karen Travis will teach the therapy training course designed to help professionals move toward group therapy certification.

Principals of Group Psychotherapy is a 12-hour, core course, developed by AGPA. It is designed to provide foundations in theory, principles and applications for group psychotherapy and is provided for those seeking CGP, the Certified Group Psychotherapist credential.

"The workshop will be didactic and experiential in nature," according to information on LGPA website. "Participants will be involved in the group process and teaching will occur from the experiential group. Foundations of group, group process and dynamics, role of the group leader, the change process in group, and some short-term, structured and thematic group approaches will be discussed. This course meets partial requirements for the Certified Group Psychotherapist (CGP)."

For additional information go to http://www.lgpsonline.org/

Professional Training Resources Announces Fall Schedule

Professional Training Resources, owned by Dr. John Simmoneaux announced it Fall events.

Included in the upcoming schedule of training is "Violence Across the Lifespan," to be presented September 14, 2012 in Baton Rouge at the Marriot. This workshop will also be held in Monroe on October 19 and Lafayette on November 2, 2012.

"OCD: Is this Really an Anxiety Disorder?" will be presented September 19, 2012 as a online webinar.

"Unusual Syndromes and Conditions in Children," also presented online will be held October 10, 2012. For additional information go to http://professionaltrainingresourcesinc.com

The Psychology Times

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Psychology Practice looking for professionals interested in joining our practice in **Metairie**. Two fully furnished offices in beautiful atrium building available 3 days per week. Rental includes telephone, fax, wireless internet, basic office supplies and receptionist. Contact Lynn at 504-455-0109.

Professional Shared Office Space for Rent: **Baton Rouge and Kenner** professional office space for rent by the hour, day, week, or month. Group room available upon request. No sublease required for part-time use. Utilities included. Support staff, services, and supplies available upon request and prior arrangements. Affordable rates. Please call 225-769-2533 for details.

The Psychology Times

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None of the content is intended as advice for anyone.